



Prevention Resource & Media Center
1237 West Divide Ave Suite 1D
Bismarck, ND 58501
Phone: 701-328-8919
Toll Free: 800.642.6744
Fax: 701-328-8979
E-mail: ndprmc@nd.gov
www.nd.gov/dhs/prevention

Prevention
Administrator
Pamela Sagness, LAC
701-328-8824
psagness@nd.gov

Prevention Resource &
Media Center [PRMC]
Administrator
Laura Anderson, MPH
701-328-8918
lauranderson@nd.gov

Prevention Media
Specialist
Amber Jensen
701-328-8747
ajensen@nd.gov

Prevention Criminal
Justice Specialist
Chad Eagleson
701-328-8943
cweagleson@nd.gov

Prevention Education
Specialist
Rachelle Loda
701-857-8576
rloda@nd.gov

Community
Prevention Specialist
Thomas Volk
701-220-1264
tmvolk@nd.gov

Community
Prevention Specialist
Crystal Kraft
701-328-8602
crykraft@nd.gov

Contact: Laura Anderson, Prevention Resource & Media Center Administrator, Division of Mental Health and Substance Abuse Services, 701-328-8918; or LuWanna Lawrence, Assistant Public Information Officer, N.D. Department of Human Services, 701-328-1892.

FOR IMMEDIATE RELEASE

March 21, 2011

Inhalant Awareness Week is March 20-26 **Department of Human Services Has Prevention Materials Available**

Bismarck, N.D. – In North Dakota, inhalants are the second most abused drug among middle school students, with alcohol ranking first (Youth Risk Behavior Survey 2009). Inhalant Awareness Week, held March 20-26, is designed to increase understanding about the use and risks of inhalants and to initiate community dialogue.

The Prevention Resource and Media Center (PRMC), which is part of the North Dakota Department of Human Services' Division of Mental Health and Substance Abuse Services, has FREE clearinghouse materials and other items that can be checked out to support local prevention efforts. The PRMC has also developed an Inhalant Abuse Prevention Toolkit that contains information for educators, parents, community members, and youth. Other available resources include brochures and DVDs.

"Inhalant Awareness Week is an opportunity to raise awareness about inhalant abuse," said Pamela Sagness, prevention administrator for the division. "It is also a time for all of us to look around our homes, workplaces, and communities to ensure we are creating a safe environment for our youth."

Materials from the PRMC are FREE to North Dakota communities and can be shipped directly at no cost.

The Division of Mental Health and Substance Abuse Services is a leading resource for substance abuse information and prevention efforts in the state. The division operates the North Dakota Prevention Resource and Media Center, which offers free resources to individuals, schools, and communities.

For more information on services or resources, contact the Prevention Resource and Media Center at 701-328-8918, toll-free 1-800-642-6744, TTY: 701-857-8666, or visit the Web site www.nd.gov/dhs/prevention.

###

