

NEWS from the North Dakota Department of Human Services
600 E Boulevard Ave, Bismarck ND 58505-0250

FOR IMMEDIATE RELEASE
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Contacts: Amy Clark, Chairman of the Governor's Committee on Aging, 701-223-8659; Linda Wright, Aging Services Division Director, N.D. Department of Human Services, 701-328-4601; or Heather Steffl, Public Information Officer, N.D. Dept. of Human Services, 701-328-4933

Governor's Committee on Aging Forum is April 24 in Rugby

BISMARCK, ND - The Governor's Committee on Aging is inviting area residents to attend a public forum Friday, April 24, 2009, 9 a.m. – 3 p.m. at the Hub Restaurant, intersection of Hwy 2 and 3, in Rugby. The forum one of seven scheduled to be held in communities across North Dakota this April featuring national and state experts on health promotion, disease prevention, and other issues related to living and aging well and maintaining independence.

"The North Dakota Governor's Forums on Aging are intended to be learning opportunities for seniors and others interested in issues related to aging," said Committee Chairman Amy Clark. "We are very pleased to welcome nationally recognized expert Dr. James Swan as the keynote speaker at the Rugby forum."

Registration begins at 9 a.m. and the cost is \$6 and includes lunch and all breaks. The Presentation of the Colors and opening comments are at 9:45 a.m., and Dr. Swan, a professor of gerontology at the University of North Texas and prolific researcher on aging issues and public policy, will give the keynote address on promoting health and preventing disease at 10:15 a.m.

Other presenters will share information about North Dakota's grant to help Medicaid clients move from institutions to community settings, and preventing the flu and shingles. The event also features entertainment, lunch, and door prize drawings. Individuals should pre-register by calling Tri-County Senior Meals at 701-776-5998.

Forum sponsors include the committee and the N.D. Department of Human Services - Aging Services Division. Other forums are scheduled in Bismarck, Dickinson, Ellendale, Grand Forks, Lisbon, and New Town. For details see www.nd.gov/dhs/info/pubs/docs/aging/2009-gov-committee-on-aging-forums.pdf

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