

**NEWS** from the North Dakota Department of Human Services  
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**FOR IMMEDIATE RELEASE**

**April 13, 2009**

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**Bismarck to host Governor's Committee on Aging Forum on April 23**

BISMARCK, ND - The Governor's Committee on Aging is inviting residents of the Bismarck-Mandan region to attend a public forum Thursday, April 23, 2009, 12:30 p.m. – 3:30 p.m. at the Bismarck Senior Center, 315 N. 20<sup>th</sup> Street. The forum is one of seven scheduled in communities across North Dakota this month featuring national and state experts on health promotion, disease prevention, and other issues related to living and aging well and maintaining independence.

“The North Dakota Governor's Forums on Aging are intended to be learning opportunities for seniors and others interested in aging issues,” said Committee Chairman Amy Clark. “We are very pleased that Capt. Zachary Taylor, the health administrator of the Office of Public Health and Science, Region VIII, U.S. Department of Health and Human Services, is giving the keynote address. He is an expert in disease prevention and emergency preparedness.”

Taylor's comments on promoting health and preventing disease begin at 12:45 p.m. His comments will be followed by these presentations: “Falling Breaks More than Just Bones,” by Wanda Berg, PhD, and “Food is More than Something to Eat,” by dietician Wanda Agnew, PhD. The forum is free.

A Title III lunch (senior meal) will be served before the forum. Reservations are required; please call the senior center at 701-258-9276 by April 22. A \$3.25 contribution is suggested from those age 60 and older; the meal cost is \$5.75 for others.

Forum sponsors include the committee and the N.D. Department of Human Services - Aging Services Division. Other forums are scheduled in Dickinson, Ellendale, Grand Forks, Lisbon, New Town, and Rugby. For details see [www.nd.gov/dhs/info/pubs/docs/aging/2009-gov-committee-on-aging-forums.pdf](http://www.nd.gov/dhs/info/pubs/docs/aging/2009-gov-committee-on-aging-forums.pdf)

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