

***NEWS from the North Dakota Department of Human Services  
600 East Boulevard Avenue, Bismarck ND 58505***

FOR IMMEDIATE RELEASE  
September 21, 2006

Contacts: Amy Clark, Vice Chairman, Governor's Committee on Aging, 701-223-8659; Linda Wright, Aging Services Division Director, Department of Human Services, 701-328-4607; or Heather Steffl, Public Information Officer, Department of Human Services, 701-328-4933

**Governor's Committee On Aging To Hold Forum in Bismarck**

BISMARCK, N.D. – The Governor's Committee on Aging is hosting a forum on September 28 at the Bismarck Senior Center, 315 N. 26<sup>th</sup> St. Cosponsors include the North Dakota Department of Human Services' Aging Services Division and AARP North Dakota. Seniors and interested individuals are invited to attend. Registration is free.

The forum will begin with introductory comments at 1 p.m., followed by special guest Susan Raymond of the federal Administration on Aging Region VIII. Raymond will discuss trends, funding, and targeting services under Title III services and programs. A wellness presentation for seniors will begin at 2:30 p.m., and will be followed by a short break.

Programming will resume at 4 p.m. Elinor Ginzler, Director for Livable Communities for AARP, will give the keynote: "Caring for Others Without Losing Yourself." Ginzler is an expert on independent living and long-term care issues, including home and community-based services, caregiving, nursing home quality, and housing issues. The forum will conclude at 5:15 p.m.

To register, call Sheila Lindgren at 701-328-8868 or toll free 888-328-2662 in advance. Individuals who want to eat lunch before the forum should call the senior center at 701-258-9276 in advance. For transportation, individuals should call their local transportation provider.

Committee Vice Chairman Amy Clark said the forum is one of five organized by the committee and scheduled between September 25 –28 in the communities of Bismarck, Dickinson, Rugby, Valley City, and Williston.

"The North Dakota Forums on Aging will provide an opportunity for seniors and their families to learn about new and existing trends in aging," Clark said.

###