

***NEWS from the North Dakota Department of Human Services
600 East Boulevard Avenue, Bismarck ND 58505***

FOR IMMEDIATE RELEASE
September 20, 2006

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Governor's Committee On Aging To Hold Forum in Valley City

BISMARCK, N.D. – The Governor's Committee on Aging is hosting a forum on September 27 at the Barnes County Senior Center, 139 Second Ave. S.E., in Valley City. Cosponsors include the North Dakota Department of Human Services' Aging Services Division and AARP North Dakota. Seniors and interested individuals are invited to attend. Registration is free.

The forum will begin with welcoming comments and introductions at 1 p.m., followed by a presentation by Gretchen Everson, Director of the Eastern North Dakota Center for the Alzheimer's Association. Elinor Ginzler, Director for Livable Communities for AARP, will give the keynote presentation at 3:45 p.m. Her topic is "Caring for Others Without Losing Yourself." Ginzler is an expert on independent living and long-term care issues, including home and community-based services, caregiving, nursing home quality, and housing issues. The forum will conclude at 4:45 p.m.

To register, please call 701-845-4300 or 800-260-1310 in advance.

Committee Vice Chairman Amy Clark said the forum is one of five organized by the committee and scheduled between September 25 –28 in the communities of Bismarck, Dickinson, Rugby, Valley City, and Williston.

Clark said, "The North Dakota Forums on Aging will provide an opportunity for seniors and their families to learn about new and existing trends in aging."

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