

***NEWS from the North Dakota Department of Human Services
600 East Boulevard Avenue, Bismarck ND 58505***

FOR IMMEDIATE RELEASE
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Governor's Committee on Aging to Hold Forum in Rugby

BISMARCK, N.D. – The Governor's Committee on Aging is hosting a forum in Rugby, N.D., on September 26 at Bob's Pizza Inn on Highway 2 East. Cosponsors include the North Dakota Department of Human Services' Aging Services Division and AARP North Dakota. Seniors and interested individuals are invited to attend. Registration to attend the forum is FREE.

"The North Dakota Forums on Aging provide an opportunity for seniors and their families to learn about new and existing trends in aging," said Commission Vice Chairman Amy Clark.

"We are fortunate to have excellent speakers who will share their expertise about the care of seniors in their own homes and federal programs for seniors," she said.

The program will begin with welcoming comments and introductions at 9:45 a.m. followed by a panel discussion titled, "Medicare Part D: Where Do We Go From Here," at 10:30 a.m. Following entertainment and lunch, Elinor Ginzler, Director for Livable Communities at the national AARP office, will give the keynote presentation: "Caring for Others Without Losing Yourself." Ginzler is an expert on independent living and long-term care issues, including home and community-based services, caregiving, nursing home quality, and long-term care housing issues. Her presentation will be followed by entertainment and closing comments at 2:30 p.m.

To register for the forum and to register for lunch, please contact Myrna Muffenbier at Tri-County Senior Meals at 701-776-5998 in advance.

Clark said the forum is one of five organized by the commission and scheduled between September 25 –28 in the communities of Bismarck, Dickinson, Rugby, Valley City, and Williston.

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