

# My Career Exploration Results & Employment Plan

Name:

School:

VR Counselor:

## Self-Exploration Activities

<u>ACTIVITY</u>	<u>RESULTS/WHAT I LEARNED</u>
Barsch Learning Style Inventory	
Strengths Chain Activity	
WOWi Abilities (CTP's)	
Values Game	
WOWi Values (JSI's)	
California Career Zone (Holland Type)	
Kingdomality Personality Exercise	
Skills: Job-Specific	
Skills: Self-Management	
Skills: Transferable	
Story Circle Skills	
Disability Disclosure	
Accommodations	

# O ccupational Exploration Activities

<u>ACTIVITY</u>	<u>SUGGESTED JOBS/OCCUPATIONS I WANT TO EXPLORE FURTHER...</u>
WOWi Occupational Areas	
WOWi Career Interest Activities	
WOWi Career Recommendations	
Labor Market Information	
O*NET	
Occupational Outlook Handbook	
Career One-Stop Centers	
Informational Interview	
Job-Shadow	
Volunteer/Paid Work	

# **D**ecide and Develop an Employment Plan

## **MY TENTATIVE EMPLOYMENT PLAN**

Tentative Employment Goal:

Plan Date:

<b>Services &amp; Vendors</b>	<b>Funding Source</b>	<b>Begin Date</b>	<b>End Date</b>	<b>Estimated Cost</b>
Counseling & Guidance				
Support Services				
Education/Training: School				
Employment Assistance				

Total Estimated Cost of this Plan: \_\_\_\_\_

Progress Measures: \_\_\_\_\_

My Responsibilities: \_\_\_\_\_

Necessary Accommodations: \_\_\_\_\_

# **A**ction Steps

## **Pre-Employment**

**Pursue My Employment Plan**

**If Pursuing Education/Training:**

**File School Application**

**Request Financial Aid**

**Secure Admission**

**Complete Education/Training**

## **Employment Readiness**

**Build/Use Job Network**

**Develop Job Search Strategies**

**Develop Resume**

**Develop Cover Letter**

**Request Job Recommendations/References**

**Interview**

**ACCEPT NEW JOB OFFER!**