

## Cross the Line

Place a mark or colored sticker into the corresponding answer.

Question	Yes (Green)	Sometimes (Yellow)	No (Red)
1. Can you easily talk to other people about what you are good at doing (your strengths)?			
2. Do you know how you learn best? For example, do you know if you learn better by reading, hearing, or doing something?			
3. Do you let your teacher/employer know how you learn best?			
4. Do you ask for help when you need it?			
5. Do you set long-term and short-term goals for yourself?			
6. Do you know how to organize yourself to achieve your goals?			
7. Do you attend you own IEP meeting?			
8. Do you participate in your own IEP meeting? Do you talk about what you want for the future?			
9. Do you disclose (talk about) your disability to others?			
10. Are there times you choose not to tell someone about your disability?			
11. Do you know what "reasonable accommodation" means?			
12. Do you know the accommodations or (modifications) you may need in school to be successful?			
13. Do you know the accommodations or (modifications) you may need on the job to be successful?			