The goal of this Medicaid waiver is to help families care for a child diagnosed with autism spectrum disorder at home instead of having to place the child in a facility to receive needed care.

This waiver is “parent-driven,” meaning parents or the primary caregiver determine what their family can or cannot do, and the parents identify what it will take for the family to be able to keep their child at home.

Parents with the help of their team (family, professionals and others important to them), will determine which waiver services will assist the family the most in keeping their child home.

For more information and assistance in dealing with the issues surrounding a child with an autism spectrum disorder can be found at:

www.nd.gov/dhs/autism/index.html

Phone: 701.328.4630
Toll-Free: 1.800.755.2604
Fax: 701.328.1544
711 (TTY)
Email: dhsautism@nd.gov
Anyone who meets all of the following criteria may apply for waiver services:

- Child is between birth through 15 (qualifies until 16th birthday),
- Child is eligible to receive care in an intermediate care facility,
- Child has a diagnosis of autism spectrum disorder, and
- Child is living in their parents’ or other legally-responsible caregiver’s home.

After a child is approved for waiver services, the family will need to apply for Medicaid for the approved child.

Families will assist in the development of the Participant Service Plan containing current goals and services for their children.

A family can request a copy of this plan from their service manager at any time.

The services listed below are in addition to what the North Dakota Medicaid State Plan covers.

**SERVICE MANAGEMENT**

- A service to assist a family in gaining access to waiver and other Medicaid state plan services as well as medical, social, educational and other services regardless of the funding source for those services.

**RESPITE CARE**

- Provides parents with temporary relief from the stress of caring for a child with special needs.
- An extra set of hands to help caregiving while the parent caregiver rests, cleans, leaves the home to run errands, goes to another child’s activities, socializes or takes a short break.

**ASSISTIVE TECHNOLOGY**

- Can be used to provide the child with devices or equipment that can help the child navigate daily challenges.
- Can include a wide range of items, from swings to communication devices and noise-cancelling headphones.

Important:

- All children on the waiver must have a completed Participant Service Plan every six months at a minimum.
- Two home visits must occur every year by the service manager.
- Service managers can help families make purchases and determine if respite will meet family’s needs.
- Assistive technology purchases REQUIRE a qualified professional recommendation.
- Respite services cannot be used while the parent is at work or attending school.
- All service being requested must be part of the Participant Service Plan.

Medicaid Autism Spectrum Disorder Waiver: Birth through 15th year waiver services