

NORTH
Dakota
Be Legendary.™

Behavioral Health
HUMAN SERVICES




Behavioral Health

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What is Behavioral Health?

A state of mental/emotional being and/or choices and actions that affect **WELLNESS**.



Preventing and treating depression and anxiety

Preventing and treating substance use disorder or other addictions

Supporting recovery

Creating healthy communities

Promoting overall well-being

BEHAVIORAL HEALTH IS HEALTH





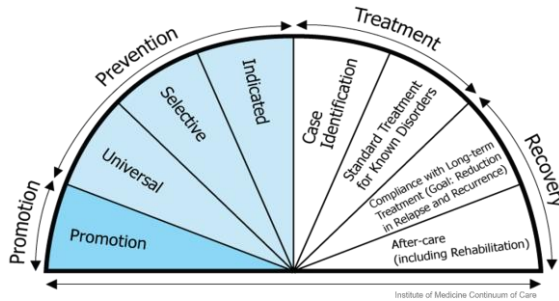
BEHAVIORAL HEALTH IN NORTH DAKOTA

DATA BOOK 2021

BEHAVIORAL HEALTH DATA BOOKLET

All data resources are available at
www.behavioralhealth.nd.gov/data.

Keys to Reforming North Dakota's Behavioral Health System



Support the full Continuum of Care



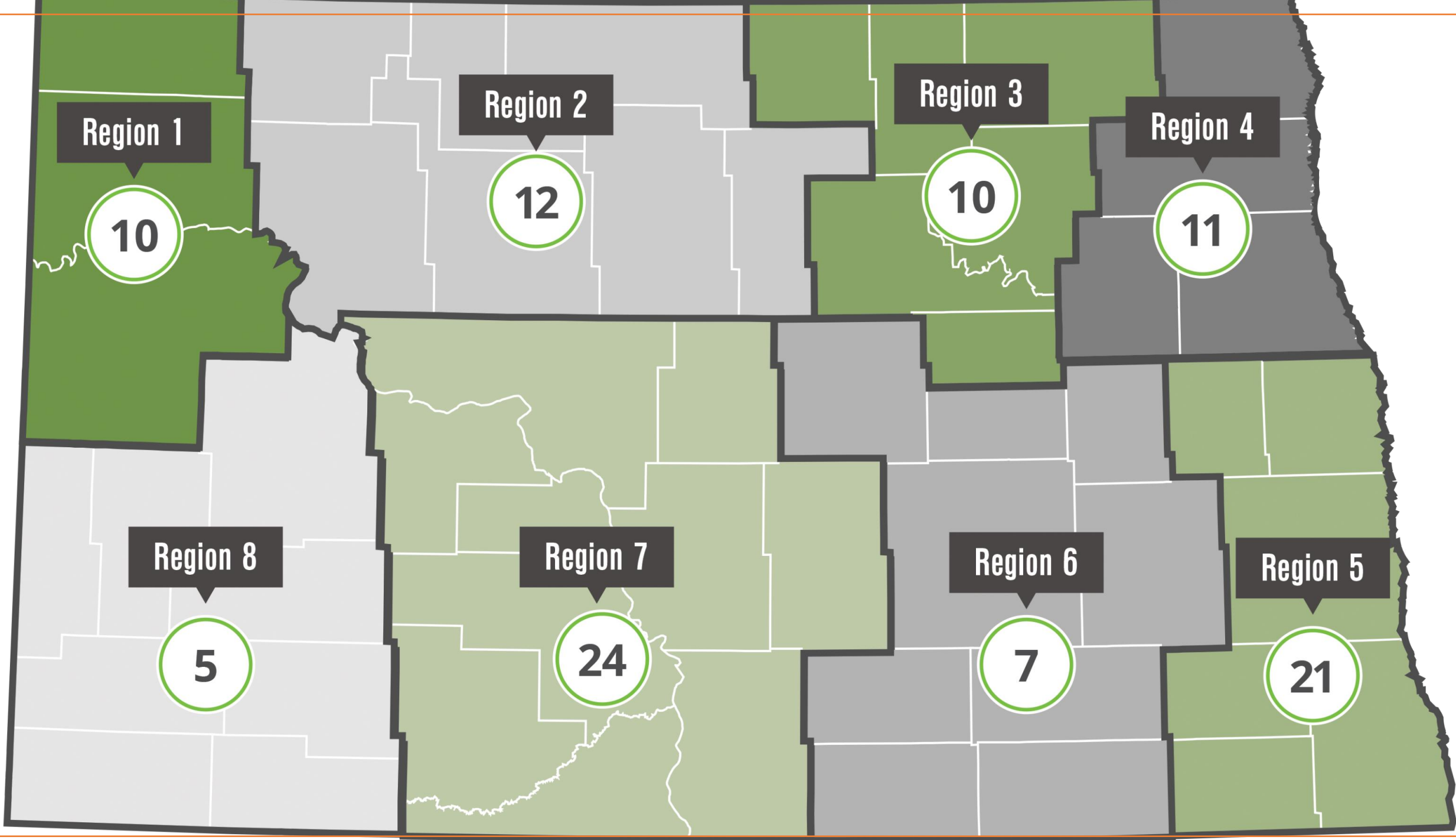
Increase Community-Based Services



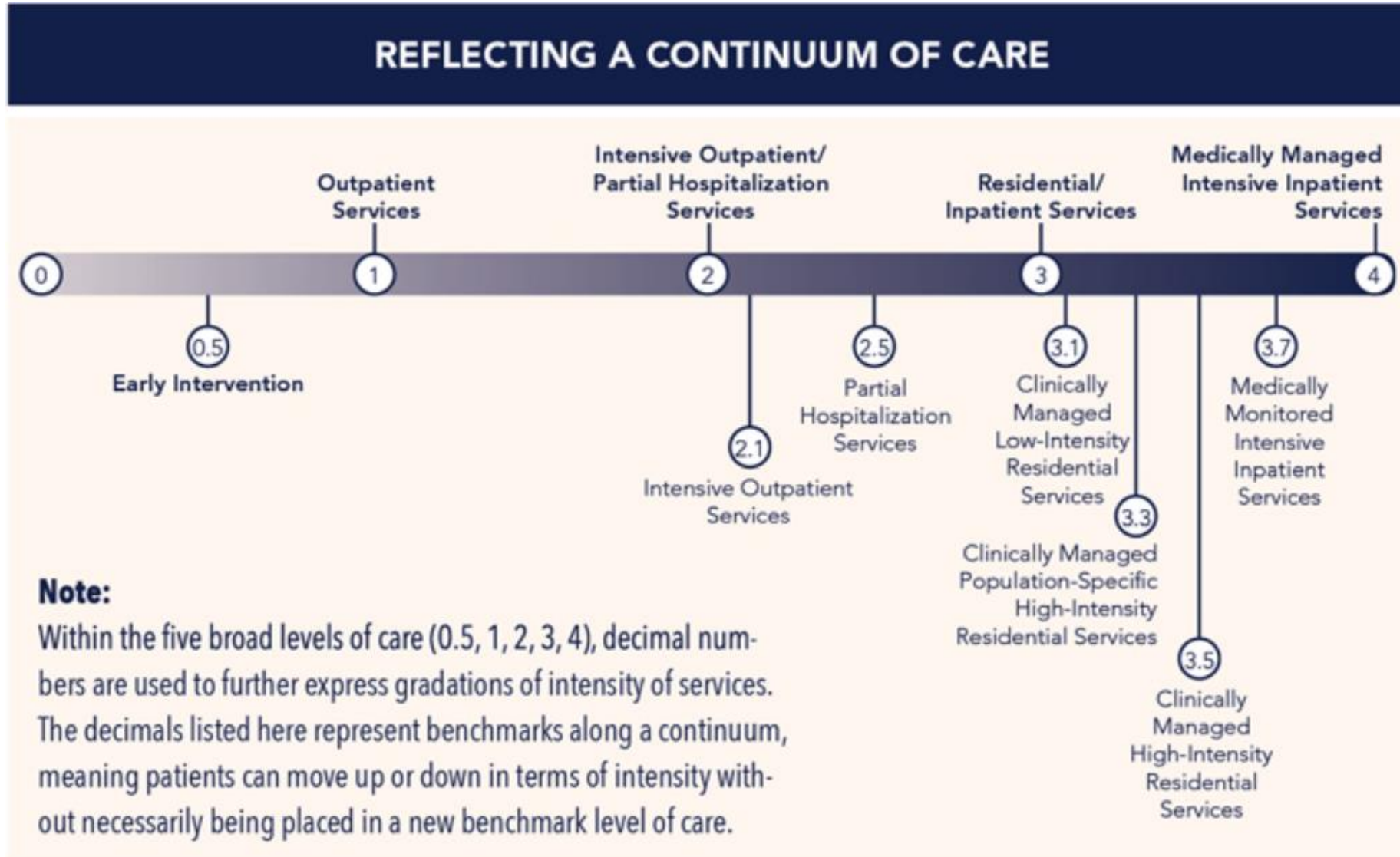
Prevent Criminal Justice Involvement for Individuals with a Behavioral Health Condition

Licensed Substance Abuse Treatment Program in North Dakota

July 2021



American Society of Addiction Medicine (ASAM)



Region 1 (Williston)

- Summit Silver Creek- Watford City
 - Evaluation for the purpose of a DUI
 - Level 0.5 – DUI Seminar
 - Level 1 – Adult - Outpatient Services
 - Level 2.1 – Adult - Intensive Outpatient Treatment
 - Level 2.5 – Adult - Partial Hospitalization/Day Treatment
 - Level 3.1 – Adult - Clinically Managed Low-Intensity Residential Care
 - Level 3.2D – Social Detoxification
 - Level 3.5 – Adult - Clinically Managed High-Intensity Residential Care
- Weishoff Alcohol & Drug- Williston
 - Evaluations for the purpose of a DUI
 - Level 0.5 – DUI Seminar
 - Level 1 – Adult - Outpatient Services
- Native American Resource Center- Trenton
 - Evaluations for the purpose of a DUI
 - Level 1 – Adolescent- Outpatient Services
 - Level 1 – Adult - Outpatient Services
- ADAPT, Inc - Williston Williston
 - Evaluations for the purpose of a DUI
 - Level 0.5 – DUI Seminar
 - Level 1 – Adult - Outpatient Services
- Choice Recovery Counseling Williston
 - Evaluations for the purpose of a DUI
 - Level 0.5 – DUI Seminar
 - Level 1 – Adult - Outpatient Services
 - Level 1 – Adolescent - Outpatient Services



SB 2161: Mental Health Program Registry

A new section to chapter 50-06 of the North Dakota Century Code is created and enacted as follows:

Mental health program registry.

The department shall establish and maintain a registry of mental health programs in the state. A mental health program shall provide the information and documentation necessary to the department at least annually in the form and manner prescribed by the department. The department shall make the registry available to the public on the department's website.

HB 1012
Department
of Human
Services
Budget





Section 27. Behavioral Health Bed Management

A new section to chapter 50-06 of the North Dakota Century Code is created and enacted as follows:

Behavioral health bed management system.

The department shall establish and maintain a behavioral health bed management system to improve utilization of behavioral health bed capacity. Public and private providers of residential or inpatient behavioral health services shall participate in and report daily to the department the information and documentation necessary to maintain the behavioral health bed management system in the form and manner prescribed by the department.

SUD Voucher

Goal: improve access to quality substance use disorder treatment services and allow for individual choice, by providing reimbursement where other third-party reimbursement is not available.

- Initiated during 2015 legislative session (NDCC 50-06-42)
- Began serving individuals in 2016
- More than 4200 individuals served

447 Active individuals receiving
services through the SUD
Voucher

(153 new since July 1, 2021)

Twenty-three providers are
providing voucher services
(4 new since July 1, 2021)

Appropriation and Expenditures

	2015-2017	2017-2019	2019-2021	2021-2023
Total Budget	\$575,000	\$4,917,087	\$7,997,294	\$15,358,911 <i>(individual services)</i> 2,000,000 <i>(grants)</i>
Amount Expended	\$252,293.85	\$8,288,293.05	\$10,302,007.64	-

Timeline of Changes/Expansion

65th Legislative Session (2017)

Methadone maintenance was added as a covered service, effective July 1, 2017 (**HB 1012**)

66th Legislative Session (2019)

Providers who access the SUD Voucher were **expanded to public agencies** (i.e., public health and tribal agencies) who hold a substance abuse treatment program license - not including Human Service Centers. (**HB 1105**)

Eligibility age was changed from 18 to 14 years old, effective July 1, 2020. (**SB 2175**)

67th Legislative Session (2021)

DHS will develop rules to guide **out of state providers** to participate in the SUD Voucher (**SB 1402**)

Grant awards to **expand residential** substance use disorder treatment programs in an underserved area

Funding allocation: 45% of funds to be allowable to programs with more than 16 beds and 55% of funds for outpatient and programs with 16 beds or less

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Community Supports

Peer Support Certification

The administrative rule outlining the guidance and process for certification was developed and implemented July 1, 2020.

There are 63 Certified Peer Support Specialists I and 17 Certified Peer Support Specialist II.



Peer Support Specialist Training

The Behavioral Health division contracts with Appalachian Consulting group to host 40-hour trainings. Appalachian Consulting is nationally recognized in leading peer support trainings. These trainings cover vital core competencies needed to formalize peer service work.

Since 2018 more than 600 individuals across North Dakota have completed peer support training.

The Behavioral Health division now offers “Supervising Peer Support Specialists” training to provide basic skills in peer support supervision.

BHD offers monthly webinars/trainings on topics related to peer support work as an opportunity for continuing education units.



Peer Support Employment

- Free Through Recovery
- Community Connect
- Human Service Centers
- DOCR Prison Facilities
- Private Providers
- Hospitals
- SUD Voucher Providers
- 1915i Providers
- Telephone Support-Recovery Talk, Call Kay





Free Through Recovery

Community Connect

- The Division was authorized to expand the implementation of the Free Through Recovery program outside of criminal justice
 - Community Connect launched on February 1, 2021
- These programs provide community-based behavioral health supports through the provision of care coordination and peer support

Community Connect

Serving 708 participants across North Dakota

Individual Eligibility

- 18 years of age or older
- Have a MH or SUD impacting functionality in domains, including housing, employment, parenting, physical health, and/or community connections
- Priority for parent/caregiver, homeless or at risk of homelessness, CPS involvement, utilization of ER or detox

Free Through Recovery

Serving 1100 participants across North Dakota

Individual Eligibility

- 18 years of age or older
- Involved in criminal justice system
- At risk for future criminal justice
- Identified behavioral health condition(s)



CommunityConnect

Building Connections for Recovery

FREE THROUGH

Recovery

A hand is shown holding a glowing, golden orb. The background is a soft, warm gradient of yellow and orange. The hand is positioned in the lower left, with the orb held in the palm. The overall mood is one of care and support.

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