



## **Lightning/Thunderstorms - When thunder roars, go indoors.**

- If you can hear thunder, you are within striking distance. Seek safe shelter immediately.
- Minimize the risk of being struck. If you are boating or swimming, get out of boats and away from the water, get to land and find shelter immediately.
- Where organized outdoor sports activities take place, coaches, camp counselors, and other adults must stop activities at the first roar of thunder to ensure everyone time to get a large building or enclosed vehicle.
- Leaders of outdoors events should have a written plan that all staff are aware of and enforce.
- Stay off corded phones, computers, and other electrical equipment that put you in direct contact with electricity.
- Stay away from pools, indoor or outdoor, tubs, showers, and other plumbing.
- When inside, wait 30 minutes after the last strike, before going out again.
- If a person is struck by lightning, call 911 and get medical care immediately.