#111 | COMMUNITY BEHAVIORAL HEALTH
Services to address behavioral healthcare needs exacerbated by the pandemic

4 in 10 adults

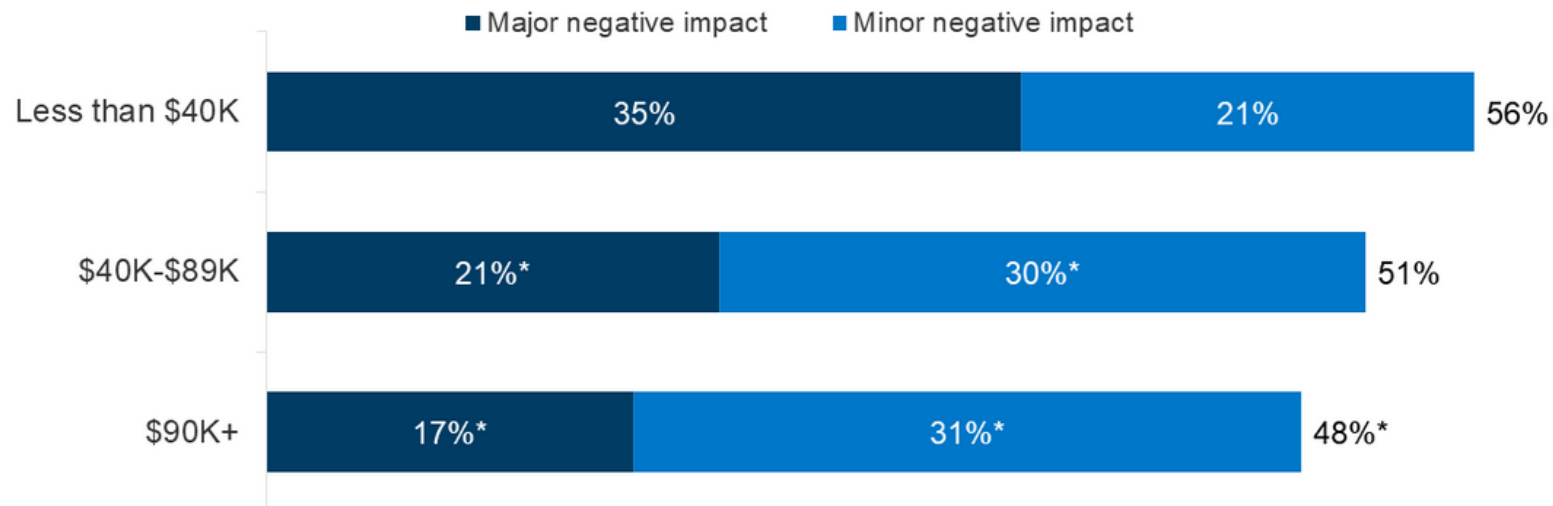have reported symptoms of anxiety or depressive disorder, up from 1 in 10 prior to the pandemic

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Figure 5: Percent of Adults Who Say Worry or Stress Related to the Coronavirus Has Had a Negative Impact on Their Mental Health, by Household Income

History has shown that the mental health impact of disaster outlasts the physical impact.

Today's elevated mental health need will continue well beyond the coronavirus outbreak itself.

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For example, an analysis of the psychological toll on health care providers during outbreaks found that psychological distress can last up to three years after an outbreak.

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By providing community-based behavioral health services to individuals in their homes and community the state can reduce the need for individuals to enter congregate settings such as residential treatment facilities, inpatient hospitalization, and avoiding the need for emergency department interventions.

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1068 individuals served since November 2020

Eligible individuals in need of care coordination, peer support, and/or substance use disorder treatment receive community-based behavioral health services.

The current Community-Based Behavioral Health Program funding will expire December 31, 2021.

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$4,000,000

Impact: More than 2000 North Dakotans may receive needed community-based behavioral health services and supports.