

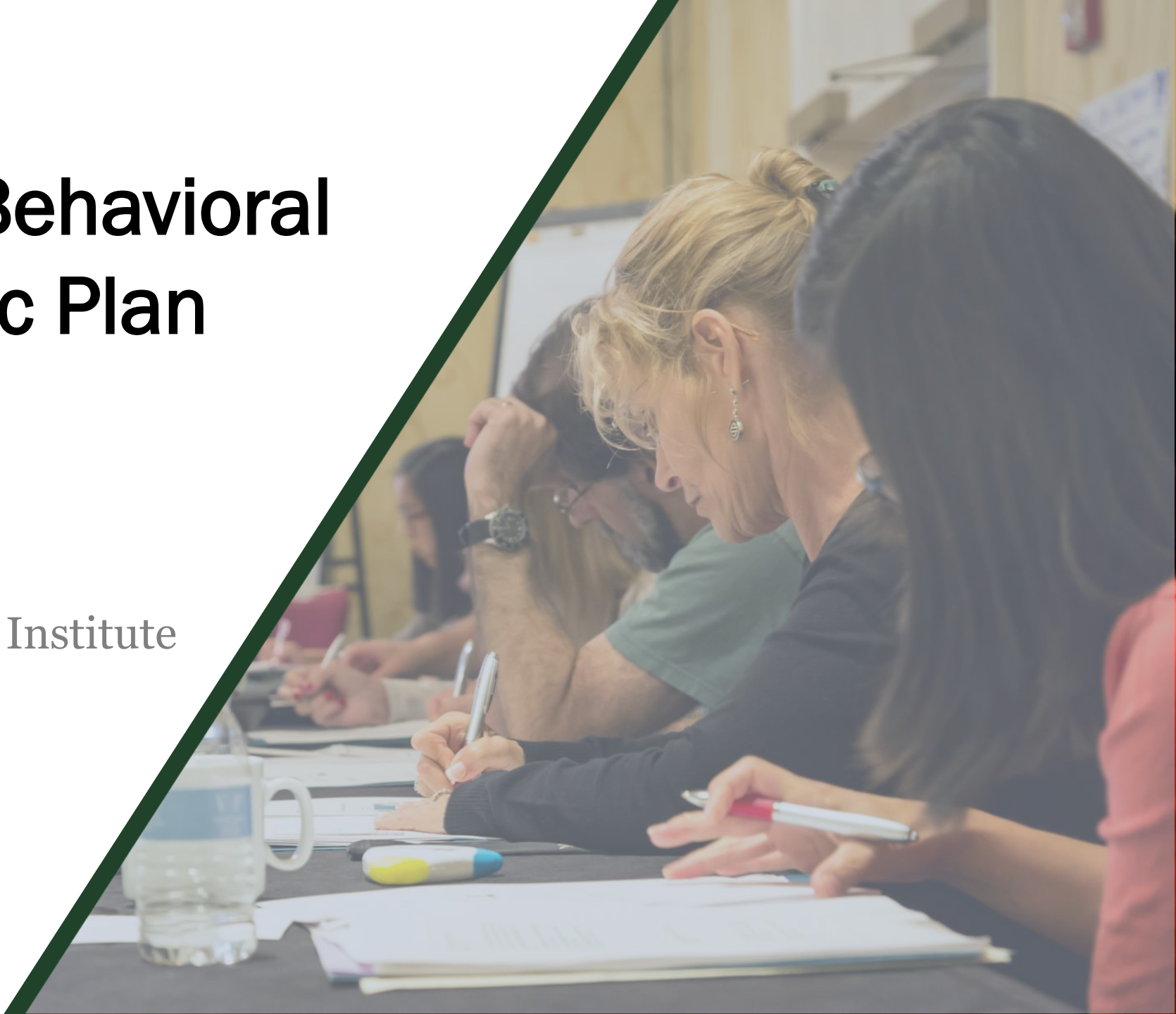
North Dakota Behavioral Health Strategic Plan

Fall 2021 Update

September 28, 2021

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Our approach

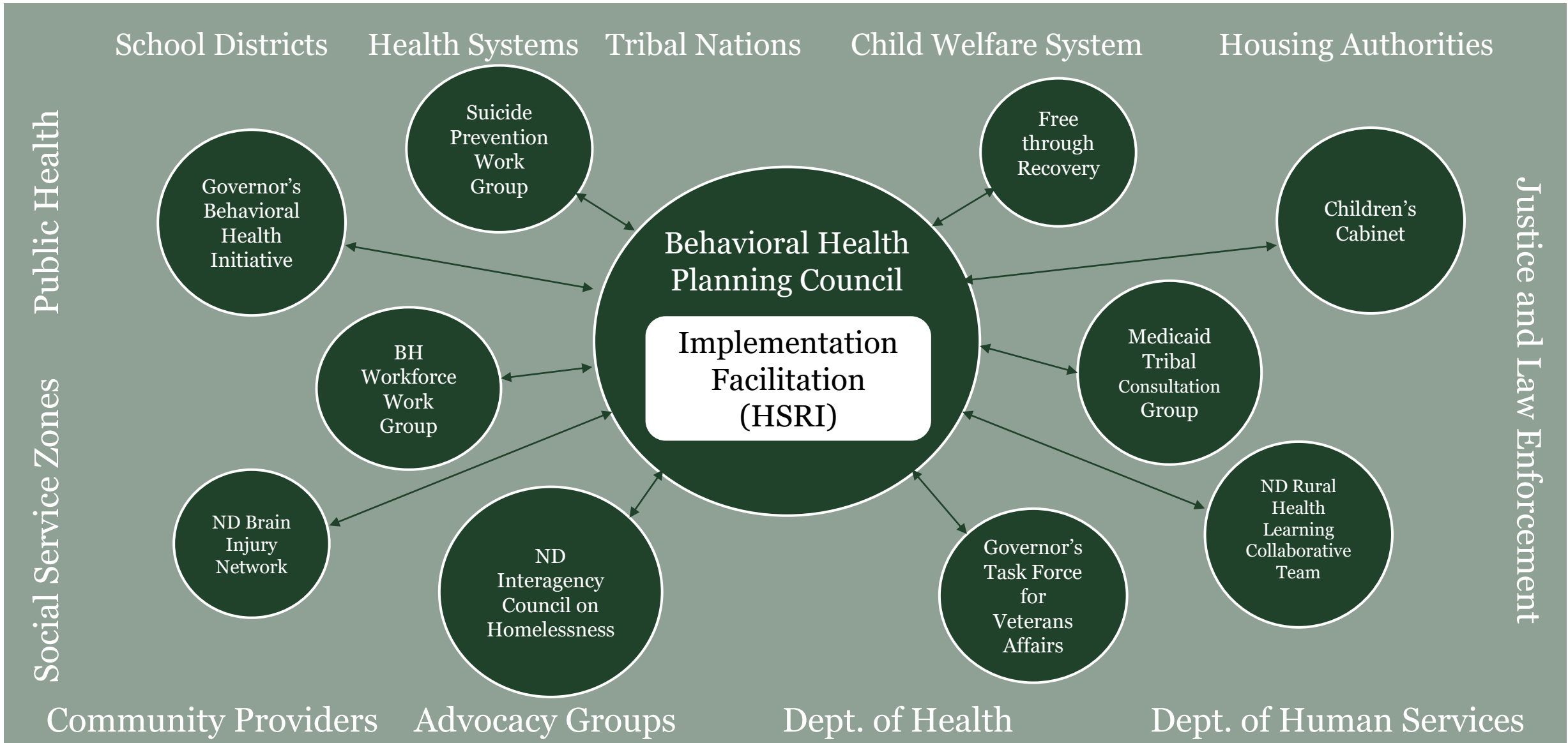
Support **coordinated, data-driven system improvement activities** through the implementation of the recommendations from the *Behavioral Health System Study*

Support the community to engage in **ongoing system monitoring, planning, and improvements** in the long-term

A public process: <https://www.hsri.org/nd-plan>



Strategic Planning Roles and Functions



Four Phases of Work





The Behavioral Health Planning Council's Vision Statement

With full regard for the value of each person, appropriate behavioral health services, encompassing the full continuum of care, are readily available at the right time, in the right place and manner, and by the right people, offering every North Dakotan their best opportunity to live a full, productive, healthy and happy life—free of stigma or shame, within caring and supportive communities.

Roles and Activities

Consensus Council

- Facilitates the work of the Behavioral Health Planning Council

HSRI

- Maintains Strategic Plan, dashboards, website
- Gathers information on progress toward goals and objectives
- Works with BHPC to amend and adjust the strategic plan

DHS Behavioral Health Division

- Ensures DHS leadership are aware and supportive of all activities
- Oversees HSRI's work

Lead staff

- Coordinate and engage in the activities described in each objective
- Report progress toward goals and objectives to HSRI

Additional Stakeholders, e.g. BIAC & NDBIN

- Engage with lead staff to support activities and align efforts

BHPC Role

The central entity that drives system improvement activities

- Advises all project activities, including processes, plan development, and communications with the public
- Approves the content in the strategic plan
- Meets quarterly with HSRI to review progress and determine next steps
- Executive Committee meets monthly with HSRI
- BHPC members serve as aim-specific liaisons

Process for developing the strategic plan



Goal generation

Using the 2018 recommendations and aims as a starting point, HSRI drafted 138 potential strategic goals for each aim and interviewed stakeholders throughout the state to ensure relevance



Public survey

Respondents asked to weigh in on the priority of each possible strategic goals
570 people took the survey with broad representation across the state
Top five highest priority goals were automatically included in the strategic plan



Goal selection and plan finalization

Each Behavioral Health Planning Council member nominated one goal based on whether it is: Actionable, Integral, Timely, and Values-driven
HSRI identified additional goals based on our understanding of systems transformation and to ensure all 13 aims are represented in the strategic plan
BHPC vetted and finalized 28 strategic goals



Strategic Plan Components

- Aim – Broad, primary outcome
- Goal – One of 28 goals selected through the facilitation process
- Objective – Big measurable step to advance progress toward a goal
- Action Step – Specific action to advance progress toward an objective
- Lead Staff – Entity tasked with coordinating and reporting completion of an action step
- Completion Date – Target date for completion of an action step
- Indicator – Specific, measurable outcome that demonstrates completion of the action step

The 13 Aims are based on the recommendations of the 2018 HSRI *Behavioral Health System Study*, principles of good and modern behavioral health systems, and the community's vision for system change.

1. Develop & implement a **comprehensive strategic plan**
2. Invest in **prevention and early intervention**
3. Ensure **timely access** to behavioral health services
4. Expand **outpatient and community-based services**
5. Enhance & streamline **system of care for children**
6. Continue **criminal justice** strategy
7. Recruit and retain a **qualified & competent workforce**
8. Expand **telebehavioral health**
9. Ensure values of **person-centeredness, cultural competence, and trauma-responsiveness**
10. Encourage and support **community involvement**
11. Partner with tribal nations to increase **health equity**
12. Diversify and enhance **funding**
13. Conduct ongoing, system-wide, **data-driven monitoring** of needs and access

Progress To Date

Aim	Description	Progress
1	Develop and implement a comprehensive strategic plan	60%
2	Invest in prevention and early intervention	35%
3	Ensure all North Dakotans have timely access to behavioral health services	45%
4	Expand outpatient and community-based service array	68%
5	Enhance and streamline system of care for children and youth	11%
6	Continue to implement and refine the current criminal justice strategy	42%
7	Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce	22%
8	Continue to expand the use of telebehavioral health interventions	38%
9	Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches	79%
10	Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services	100%
11	Partner with tribal nations to increase health equity for American Indian populations	0%
12	Diversify and enhance funding for behavioral health	75%
13	Conduct ongoing, system-wide, data-driven monitoring of need and access	60%



Highlights

- ✓ Peer support certification
- ✓ School-based services
- ✓ Telebehavioral health
- ✓ Trauma training and screening
- ✓ Person-centered practices
- ✓ Streamlining behavioral health funding
- ✓ Multi-stakeholder data work group



Next Steps

- Revisit and review strategic plan with BHPC
- Reconfigure goals to accommodate changing systems landscape
- Expand upon areas where there has been progress
- Incorporate new focus areas identified by BHPC
- Publish 2022 Behavioral Health Strategic Plan

Thank You.



www.hsri.org/NDvision-2020

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