



## Where to go for Help

Fargo-Moorhead Coalition for Homeless Person

PO Box 5653  
701-200-0855

502 1<sup>st</sup> Ave N, Suite 203  
[directorfmchp@gmail.com](mailto:directorfmchp@gmail.com)

Fargo ND 58105-5653  
[www.fmhomeless.org](http://www.fmhomeless.org)



In collaboration with [www.myfirstlink.org](http://www.myfirstlink.org) PO Box 447 Fargo, ND 58107-0447, [www.myfirstlink.org](http://www.myfirstlink.org)

### Food Baskets/Meals

#### Churches United for the Homeless

218-236-0372  
1901 1<sup>st</sup> Ave N, Moorhead, MN  
[www.churches-united.org](http://www.churches-united.org)

Baskets: Tuesday, 1pm-3:30pm

Meals Served:

- Monday-Friday, 8am
- Monday-Friday, 12pm (Noon)
- Monday-Sunday, 6pm
- Saturday and Sunday, 10am (Brunch)

#### Dorothy Day House of Hospitality Food Pantry

218-284-8895  
1308 Main Ave, Moorhead, MN  
Monday-Thursday, 6:30pm-7:45pm  
[www.fmddh.org](http://www.fmddh.org)

#### Dorothy Day House of Hospitality West Food Pantry

(701) 793-8286  
2111 Main Ave E #16, West Fargo, ND  
[www.fmddh.org](http://www.fmddh.org)  
Call ahead for times.

#### Emergency Food Pantry

701-237-9337  
1438 10<sup>th</sup> St N, Fargo, ND  
Must have a referral.

#### YWCA Cass-Clay Shelter

701-232-3449  
3000 S University Dr, Fargo, ND  
Must call in advance for request.  
[www.ywcacassclay.org](http://www.ywcacassclay.org)

#### New Life Center

701-235-4453  
1902 3<sup>rd</sup> Ave N, Fargo, ND  
Meals Served: Monday-Friday, 7 am  
Monday-Friday, 12pm (Noon)  
Monday-Friday, 5pm  
Saturday and Sunday, 10am  
Saturday and Sunday, 4:30am

#### Salvation Army

701-232-5565  
304 Roberts St N, Fargo, ND  
[www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)  
Meals Served: Monday-Friday, 8am  
Monday-Saturday, 11:30  
Sunday, 5pm

### Emergency Shelter

#### Churches United for the Homeless

218-236-0372  
1901 1<sup>st</sup> Ave N, Moorhead, MN  
For men, women, and families  
[www.churches-united.org](http://www.churches-united.org)

#### Dorothy Day House of Hospitality

218-233-5763  
714 8<sup>th</sup> St S, Moorhead, MN  
For men only  
[www.fmddh.org](http://www.fmddh.org)

#### Fraser, Ltd. Transitional Living/Emergency Shelter

701-356-8585  
2902 S University Drive, Fargo, ND  
[www.fraserltd.org](http://www.fraserltd.org)

#### Gladys Ray Shelter

701-364-0116  
1519 1<sup>st</sup> Ave S, Fargo, ND  
For people 18 years of age and older  
[www.cityoffargo.com](http://www.cityoffargo.com)



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### **New Life Center**

701-235-4453  
1902 3<sup>rd</sup> Ave N, Fargo, ND  
For men only  
[www.fargonlc.org](http://www.fargonlc.org)

### **YWCA**

701-232-3449  
3000 S University Drive, Fargo, ND  
For women and children only  
[www.ywcacassclay.org](http://www.ywcacassclay.org)

## Housing

### **MN: Clay County Housing and Redevelopment**

218-233-8883 or 877-460-5280  
PO Box 99, 116 Center Ave E, Dilworth MN

### **MN: Lakes and Prairies Community Action Partnership Family and Community Services**

218-299-7314 or 800-452-3646  
715 11<sup>th</sup> St N Suite 402, Moorhead, MN  
[www.lakesandprairies.net](http://www.lakesandprairies.net)

### **MN: Moorhead Public Housing Authority**

218-299-5458  
800 2<sup>nd</sup> Ave N, Moorhead, MN

### **MN: Rural Life Outreach**

218-233-1943  
[www.wcif.org/programs/special/ruralhelp.shtml](http://www.wcif.org/programs/special/ruralhelp.shtml)

### **ND: Cass County Housing Authority**

701-282-3443  
230 8<sup>th</sup> Ave W, West Fargo, ND

### **ND: Fargo Housing and Redevelopment (HRA)**

701-293-6262  
325 Broadway, Fargo, ND  
[www.fargohousing.org](http://www.fargohousing.org)

### **ND: Southeastern North Dakota Community Action Agency (SENDCAA)**

701-232-2452

3233 S University Dr, Fargo, ND  
[www.sendcaa.org](http://www.sendcaa.org)

### **Presentation Partners in Housing**

701-235-6861  
1101 32<sup>nd</sup> Ave S, Fargo, ND  
[www.presentationpartnersfargo.com](http://www.presentationpartnersfargo.com)

### **MN&ND: VA Housing for Homeless Veterans**

701-239-3700, Ext.9-3472  
2101 N Elm St, Fargo, ND  
[www.va.gov](http://www.va.gov)

### **MN&ND: YWCA Supportive and Transitional Housing**

701-232-3449  
3000 S University Dr, Fargo, ND  
[www.ywcacassclay.org](http://www.ywcacassclay.org)

## Medical Services

### **Homeless Health Service**

701-298-9245  
St. Mark's Church (Northeast door)  
670 4<sup>th</sup> Ave N, Fargo, ND  
Monday-Friday, 8am-12:30pm

### **Family HealthCare Center**

Medical (2<sup>nd</sup> floor): 701-271-3344  
Dental (basement): 701-271-3332  
306 4<sup>th</sup> St N, Fargo, ND  
[www.famhealthcare.org](http://www.famhealthcare.org)

### **Migrant Health Services, Inc.**

218-236-6502 or 800-842-8693  
810 4<sup>th</sup> Ave S, Suite 101, Moorhead, MN  
[www.migranthealthservice.org](http://www.migranthealthservice.org)

### **VA Medical Center/Health Care for Homeless Veterans**

701-239-3700, Ext. 3472  
2101 N Elm St, Fargo, ND  
[www.va.gov](http://www.va.gov)



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## Mental Health

### CCRI

218-236-6730  
725 Center Ave Suite 7, Moorhead, MN  
[www.creativecare.org](http://www.creativecare.org)

### Fargo VA Medical Center

Mental Health: 701-239-3700, Ext.9-3150  
2101 Elm St N, Fargo, ND  
[www.va.gov](http://www.va.gov)

### Lakeland Mental Health Center

218-233-7524 or 800-223-4512  
1010 32<sup>nd</sup> Ave S, Moorhead, MN  
[www.lmhc.org](http://www.lmhc.org)

### Mental Health America of ND

701-237-5871  
124 8<sup>th</sup> St N, Fargo, ND  
[www.mhand.org](http://www.mhand.org)

### Solutions

218-287-4338  
891 Belsly Blvd, Moorhead, MN

### Southeast Human Service Center

701-298-4500  
2624 9<sup>th</sup> Ave SW, Fargo, ND  
[www.nd.gov/dhs/locations/regionalhsc/southeast](http://www.nd.gov/dhs/locations/regionalhsc/southeast)

## Suicide Prevention

### National Suicide Prevention Lifeline

800-273-TALK (8255)  
24-hour national network of centers, including FirstLink

### Veteran's Suicide Prevention Coordinator

office: 701-232-3241, Ext.9-4505 cell:701-200-4387  
Clayton Nelson (Fargo VA Center)  
2101 N Elm St Fargo, ND

## Substance Abuse

### Centre DETOX

701-237-3341  
1519 1<sup>st</sup> Ave S, Fargo, ND

### Clay County Chemical Dependency Services

218-299-5200  
715 11<sup>th</sup> St N Suite 502, Moorhead, MN

### Clay County DETOX

218-299-5171  
715 11<sup>th</sup> St N (2nd Floor), Moorhead, MN  
[www.co.clay.mn.us](http://www.co.clay.mn.us)

### Lost and Found Ministry/ Recovery Worship

218-287-2089  
111 7<sup>th</sup> St S, Moorhead, MN

### ShareHouse

701-282-6561 or 877-294-6561  
4227 9<sup>th</sup> Ave SW, Fargo, ND  
[www.sharehouse.org](http://www.sharehouse.org)

### Fargo VA Medical Center

Substance Abuse: 701-239-3700, Ext.9-3436

## Case Management

### Cass County Social Services

**Family Services**  
701-241-5765  
1010 2<sup>nd</sup> Ave S, Fargo, ND  
[www.casscountynd.gov](http://www.casscountynd.gov)

### Clay County Social Services

218-299-5200 or 800-757-3800  
715 11<sup>th</sup> St N, Moorhead, MN  
[www.co.clay.mn.us](http://www.co.clay.mn.us)

### Southeast Human Service Center

701-298-4500 or 888-342-4500  
1425 1<sup>st</sup> Ave S, Fargo, ND  
[www.nd.gov/dhs/](http://www.nd.gov/dhs/)



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## Employment Support

**Job Service ND (JOBS ND)**  
701-239-7300 or 800-247-0985  
1350 32<sup>nd</sup> St S, Fargo, ND  
[www.jobsnd.org](http://www.jobsnd.org)

**Minnesota Workforce Center/ Rural MN CEP**  
218-287-5060 or 888-438-5627  
715 11<sup>th</sup> St N, Suite 302, Moorhead MN  
[www.positivelyminnesota.com](http://www.positivelyminnesota.com)  
[www.rmcep.com](http://www.rmcep.com)

**Supported Employment for Veterans**  
701-239-3700, Ext.9-4325  
Jared Ferguson (Fargo VA Center)  
2101 Elm St N, Fargo, ND  
[www.va.gov](http://www.va.gov)

## Legal Advice, Referral & Representation

**Freedom Resource Center for Independent Living**  
701-478-0459 or 1-800-450-0459  
2701 9<sup>th</sup> Ave S, Fargo, ND  
Advocacy, Information, and Referral for people with disabilities  
[www.freedomrc.org](http://www.freedomrc.org)

**Legal Services of North Dakota**  
701-232-4495  
118 Broadway, Suite 421, Fargo ND  
[www.legalassist.org](http://www.legalassist.org)

**Legal Services of Northwest Minnesota**  
218-233-8585 or 800-450-8585  
1015 7<sup>th</sup> Ave N, Moorhead, MN  
[www.lsmnlaw.org](http://www.lsmnlaw.org)

**Migrant Legal Services**  
applies to all who've done agricultural work  
701-232-8872

118 Broadway N, Suite 616, Fargo, ND  
[www.smrls.org](http://www.smrls.org)

**Veterans Justice Outreach**  
701-200-2723  
Fargo VA Medical Center  
2101 Elm St, Fargo, ND

**Social Security Administration**  
877-335-4114  
657 2<sup>nd</sup> Ave N Room 320, Fargo, ND

## Additional Resources

### *Daytime Resource Centers*

**YOUTH: Stepping Stones Resource Center**  
701-356-8585  
2902 S University Drive, Fargo, ND  
[www.fraserltd.org](http://www.fraserltd.org)

**Native American Center**  
701-365-0832 or 888-365-0832  
303 Roberts St (lower level) Fargo, ND

**YOUTH: Youthworks**  
701-232-8558  
317 S University Dr, Fargo, ND

**Myrt Armstrong Center**  
701-293-7716  
1419 1st Ave S, Fargo, ND  
[www.mhand.org](http://www.mhand.org)

**Salvation Army**  
701-232-5565  
304 Roberts St, Fargo, ND  
[www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)

**Social Connexion**  
218-298-6069  
1132 28<sup>th</sup> Ave S, Suite 101, Moorhead, MN



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### **Education**

#### **Clay-Wilkin Head Start**

218-299-7021  
715 11<sup>th</sup> St N, Suite 402, Moorhead, MN  
[www.lakesandprairies.net](http://www.lakesandprairies.net)

#### **Fargo Public Schools Homeless Liaison (YWCA)**

Brian Kemp, 701-232-3449

#### **Moorhead Public Schools Homeless Liaison**

Linda Sheet, 218-284-2213  
[www.moorhead.k12.mn.us](http://www.moorhead.k12.mn.us)

#### **Motivation, Education, & Training (M.E.T.)**

701-241-8442  
1326 25<sup>th</sup> St SW #D, Fargo, ND  
218-299-7262  
715 11<sup>th</sup> St N, Suite. 110, Moorhead, MN  
[www.metinc.org](http://www.metinc.org)

### **Sexuality**

#### **Planned Parenthood**

free birth control and info  
218-236-7145 or 800-230-PLAN  
803 Belsly Blvd, Moorhead, MN  
[www.ppmns.org](http://www.ppmns.org)

#### **Rape and Abuse Crisis Center**

701-293-7273 or 800-344-7273  
317 8<sup>th</sup> St N, Fargo, ND  
[www.raccfm.com](http://www.raccfm.com)

#### **Birthright of Fargo-Moorhead**

pregnancy support, diapers, etc.  
218-291-5799 or 800-550-4900 (24/7)  
715 11thSt. N. Suite 103C, Moorhead, MN

#### **Minnkota Health Project**

HIV/AIDs support  
810 4<sup>th</sup> Ave S, Suite 202, Moorhead MN  
218-287-4636

#### **FM Pride Collective & Community Center**

LGBTQ support groups  
810 4<sup>th</sup> Ave S Suite 220, Moorhead MN 56560  
218-287-8034

### **Other Kinds of Help**

#### **FirstLink 2-1-1 HotLine**

2-1-1 or 701-235-SEEK(7335)  
24-hour listening and support, information and referral  
[www.myfirstlink.org](http://www.myfirstlink.org)

#### **FM Community Bicycle Workshop**

701-478-4021  
209 NP Ave, Fargo, ND  
Tuesday, Thursday, 6-9pm; Sunday, 2-5pm  
[www.fmbikeworkshop.org](http://www.fmbikeworkshop.org)

#### **Fargo Public Library**

Main: 209 3<sup>rd</sup> St N  
Carlson: 2801 32 Ave S  
Northport: 2714 Broadway  
701-241-1472  
[www.cityoffargo.com](http://www.cityoffargo.com)

#### **Moorhead Public Library**

118 5<sup>th</sup> St S  
218-233-7594  
<http://larl.org>

#### **Society of St. Vincent DePaul**

Clothing, social services  
701-235-5944  
1425 1<sup>st</sup> Ave S, Fargo, ND  
[www.svdpusa.org](http://www.svdpusa.org)

This is not a comprehensive listing of available services. FirstLink maintains a database of community resources for North Dakota and Clay County, MN. Please call 2-1-1 or 701-235-SEEK (7335) for a complete listing of resources or access their on-line database.