



**NORTH DAKOTA
RETIREMENT AND
INVESTMENT OFFICE**

*Teachers' Fund for Retirement
State Investment Board*

Member Services Directory

RETIREMENT EDUCATION WORKSHOPS

To get on the right track to a successful retirement, plan to attend a TFFR retirement education workshop. These one-day workshops are held each summer in July. Look for 2017 dates and locations in an upcoming newsletter. If your school would like to host a workshop, please contact TFFR for additional information.

Retirement education workshops are held from 8:00 a.m. to 4:30 p.m. with an hour for lunch. Topics include: TFFR retirement benefits, financial planning, estate planning, Social Security benefits, health insurance, and adjusting to retirement.

All sites are open to all teachers with no charge to TFFR members. Pre-registration is required. Confirmation of the location will be sent to you before the scheduled workshop.

GROUP BENEFITS COUNSELING PROGRAM

Group Benefits Counseling Sessions are available to all TFFR members. However, the content is geared towards members within five years of retirement. During the 60-90 minute group session you will receive personalized TFFR information. The TFFR presenter will explain the different benefit options and detail the process and paperwork required to begin TFFR benefits. There will also be time for questions. The 4 pm session is for host school teachers only, and will also include health insurance options available at retirement from the host school district.

To register, call the Administrative Office at 1-800-952-2970 or 701-328-9886.

Confirmation of the location will be sent to you before the scheduled session.

You will be asked for your current salary, so please have that available before you call. Your spouse is also encouraged to attend this session. Space is limited, so call early to reserve your spot.

Individual counseling sessions are available upon request.

Watford City • September 15, 2016
4:00 – 5:30 (McKenzie County School teachers only)
6:00 – 7:00 (open for any TFFR member)

West Fargo • September 19, 2016
4:00 – 5:30 (West Fargo teachers only)
6:00 – 7:00 (open for any TFFR member)

Devils Lake • September 20, 2016
4:00 – 5:30 (Devils Lake teachers only)
6:00 – 7:00 (open for any TFFR member)

Valley City • September 27, 2016
4:00 – 5:30 (Valley City teachers only)
6:00 – 7:00 (open for any TFFR member)

Grand Forks • September 28, 2016
4:00 – 5:30 (Grand Forks teachers only)
6:00 – 7:00 (open for any TFFR member)

REGISTER TODAY!

Minot • October 3, 2016
4:00 – 5:30 (Minot teachers only)
6:00 – 7:00 (open for any TFFR member)

Jamestown • October 11, 2016
4:00 – 5:30 (Jamestown teachers only)
6:00 – 7:00 (open for any TFFR member)

Dickinson • October 13, 2016
4:00 – 5:30 (Dickinson teachers only)
6:00 – 7:00 (open for any TFFR member)

Bismarck • December 6, 2016
4:00 – 5:30 (Bismarck teachers only)
6:00 – 7:00 (open for any TFFR member)

RETIREMENT 101 PROGRAM

This program is geared to new North Dakota teachers. Retirement 101 is a 90-minute presentation covering TFFR basics and provides teachers the opportunity to ask questions about the retirement program.

If your employer would like to host a Retirement 101 program as part of a teacher mentoring program or during an in-service, please contact TFFR for additional information.

TEACHERS IN TRANSITION PROGRAM

This specialized counseling program and group presentation is available to TFFR members whose school is facing closing or consolidation. It is designed to provide information about the retirement options available to members leaving TFFR covered employment.

CONFERENCE and GROUP PRESENTATION

TFFR staff members are available to provide retirement information at education conferences throughout the year.

TFFR staff can also present general retirement information at your school. Contact the administrative office to schedule a group presentation.



NORTH DAKOTA RETIREMENT AND INVESTMENT OFFICE

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In compliance with the Americans with Disabilities Act, this document can be provided in alternate formats. Contact the administrative office to request an alternate format.

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2016-2017

Get on the **RIGHT TRACK**
to a successful retirement,
attend TFFR education outreach
programs before your retirement.

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