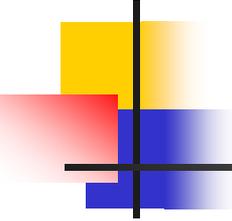


Tobacco Cessation Program Sponsored by NDPERS

2007 NDPERS Wellness Forum
Rebecca Fricke



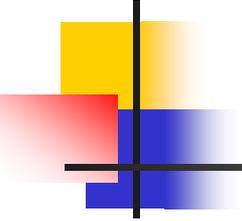


BACKGROUND

The NDPERS Tobacco Cessation Program is funded by a grant made available through the ND Department of Health.

The grant provides an appropriation of \$150,000 or as much as necessary for the purpose of funding employee tobacco education and cessation programs for state employees for the biennium beginning July 1, 2007 and ending July 30, 2009.

PERS has contracted with BCBS to provide services.

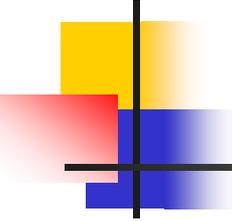


ELIGIBLE EMPLOYEES

The grant applies to:

- state employees, including
 - university system employees
 - district health unit employees
 - Garrison Diversion employees
- dependents of the above who are age 18 & over

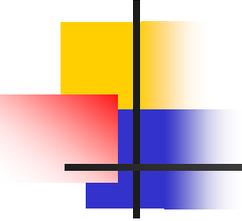
Employees and/or dependents must be on the NDPERS health insurance plan.



PROMOTION MATERIALS

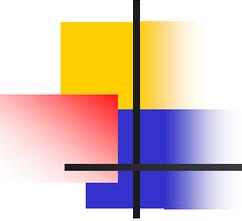
All promotional materials are developed by BCBSND & approved by ND Health Department

- Email flyers
- Posters
- Postcards
- PERSpectives Newsletter



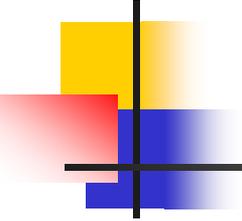
BENEFIT PERIODS

- Employees may enroll throughout the biennium
- Program ends June 30, 2009, which means the last date to enroll is April 30, 2009



SERVICES & REIMBURSEMENT

- Per Member Per Benefit Period:
 - \$200 for counseling services
 - \$500 for office visit, prescription drugs and over-the-counter drugs prescribed for tobacco cessation
 - Total expenses cannot exceed \$700



ENROLLMENT

- Information available through BCBSND service unit number on the backside of the member's health insurance ID card
- PERS web site at www.nd.gov/ndpers under Tobacco cessation icon on home page

QUESTIONS?

