



## NEW ONLINE WELLNESS PORTAL to launch in 2016

Sanford Health Plan is pleased to announce that we are working on a new and improved online wellness portal. This new portal will be ready for you on April 1, 2016.

### It will be worth the wait...

Want a personal trainer you can take with you anywhere? Check — it will have it.

Have a fitness device? Check — it will connect to it.

Want to compete with your co-workers for online worksite challenges? Check — got that too.

What does this mean now? We are turning OFF the current online wellness program.

Can you still earn your \$250 wellness benefit? YES!

**At work:** You can still participate in worksite education and wellness activities. The wellness coordinators will continue to have vouchers to record this activity.

**At the gym:** You can still receive up to \$20/month if you go to the gym 12 times per month through the Fitness Center Reimbursement Program.

**Online:** This will be disabled from Jan. 1, 2016 to March 31, 2016.

### You will be taking your health assessment on or after April 1

Haven't taken your health assessment yet? No worries — we are temporarily waiving that requirement. You do NOT need to take your health assessment in January to receive your monthly gym reimbursement. However, once the new portal is available in April, you will need to take the health assessment to continue to receive your wellness benefits and redeem points for the remainder of 2016.

Keep watching your email and  
mailbox for more information!



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