

## Annual Flu Vaccination Clinic 2007

The **UND Center for Family Medicine** will be offering a Flu Vaccination Clinic again this fall to N.D. State employees, retirees, and their eligible family members participating in the NDPERS health insurance plan. The cost for each immunization is **\$15.00** and is payable by cash or personal check (please make payable to UND Center for Family Medicine) at the door.

**No insurance claim(s) will be filed.** However, participants of the NDPERS FlexComp may use the Flu Shot Receipt to file a claim towards their NDPERS FlexComp medical spending account. This receipt can not be used to file for insurance benefits from your group health plan.

There are [two types of influenza vaccine](#) available this year: Live, attenuated influenza vaccine (FluMist®) and Inactivated influenza vaccine (Flu Shot). **Please advise nursing representatives if you wish to have members of your family receive the nasal-spray versus an injection.** Cost is the same for either of the two types of influenza vaccine.

Immunizations will be given at the **UND Center for Family Medicine**, 515 East Broadway Avenue, Bismarck, ND from **4:00 PM to 6:00 PM** according to the schedule below. For your convenience, please have each individual receiving the flu shot complete the [UND Center for Family Medicine release form](#). Free parking will be available in the Parkade ramp. Members will be required to show their NDPERS/BCBS insurance identification card. If possible, we are requesting your cooperation in assisting us to comply with the outlined scheduled.

The Centers for Disease Control & Prevention/Advisory Committee on Immunization Practices (CDC/ACIP) have indicated that “Administration of LAIV [FluMist®] is encouraged as soon as it is available and throughout the season”.

<i>Tuesday</i>	<i>October 16<sup>th</sup></i>	<i>Persons age &gt; 50 yrs + ANY individuals considered @ High-Risk</i>
<i>Wednesday</i>	<i>October 17<sup>th</sup></i>	<i>Families - <u>Last</u> Names beginning with (A – K)</i>
<i>Wednesday</i>	<i>October 24<sup>rd</sup></i>	<i>Families - <u>Last</u> Names beginning with (L – Z)</i>
<i>Thursday</i>	<i>October 25<sup>th</sup></i>	<i>OPEN to those members that remain to be immunized</i>

***The number of immunizations allocated to our group is limited based on availability.***

Key Facts about Influenza (Flu) Vaccine issued by the Department of Health & Human Services, Centers for Disease Control & Prevention can be located on their web-site:

<http://www.cdc.gov/flu/protect/keyfacts.htm>

Priority groups for vaccination (as per the ACIP) Advisory Committee on Immunization Practices

**1.) People at high risk for complications from the flu, including:**

- Children aged 6 months until their 5<sup>th</sup> birthday,

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- Pregnant women,
- People 50 years of age and older, and
- People of any age with certain chronic medical conditions;
- People who live in nursing homes and other long term care facilities.

**2.) People who live with or care for those at high risk for complications from flu, including:**

- Household contacts of persons at high risk for complications from the flu (see above),
- Household contacts and out of home caregivers of children less than 6 months of age (as these children are too young to be vaccinated), and
- Healthcare workers.

**The single best way to prevent the flu is to get a flu vaccine each fall!**

### **There are two types of influenza vaccine:**

- **Live, attenuated** influenza vaccine (LAIV) was licensed in 2003. LAIV contains live but attenuated (weakened) influenza virus. It is **sprayed into the nostrils** rather than injected into the muscle. **FluMist<sup>®</sup>** is indicated for active immunization for the prevention of disease caused by influenza A and B viruses in healthy children and adolescents, 5 to 17 years of age, and healthy adults, 18 to 49 years of age, who are not pregnant.
- **Inactivated** influenza vaccine, sometimes called the “**Flu Shot**”, has been used for many years and is **given by injection**. It is approved for use among persons aged  $\geq 6$  months, including those who are healthy and those with medical conditions.

### **How many doses are recommended per season?**

- Children 5 - 8 years old need two doses at least 6 weeks apart in their first year of vaccination with FluMist<sup>®</sup>.
- Individuals 9 - 49 years old need only one dose.

### **Are there certain people who should not receive FluMist<sup>®</sup>?**

As with any medication, individuals should check with their health care provider before receiving any flu vaccines. According to the approved package insert, the following people should not get the intranasal influenza vaccine:

- **Adults 50 years of age or older, or children younger than 5 should not receive FluMist.**
- FluMist should not be given for any reason to people with immune suppression. This includes people with primary immune deficiency diseases, as well as people with immune deficiencies related to HIV infection, cancer, or other conditions, and people who are being treated with drugs that cause immunosuppression.
- The safety of FluMist in people with asthma or other reactive airway diseases has not been established, and therefore, is not recommended for use in patients with a history of reactive airway problems.
- Additionally, FluMist should not be given to people with chronic underlying medical conditions that may predispose them to severe flu infections. For these people, the injected vaccine is indicated.
- Individuals with egg allergies should not receive this or any other flu vaccine without first consulting their physicians.
- People who have health problems associated with heart disease, kidney disease, lung disease, or metabolic diseases such as diabetes, anemia and other blood disorders should not receive FluMist.
- Because Reye syndrome in children has been associated with administration of aspirin during influenza virus infections, FluMist is not recommended in children and adolescents 5-17 years of age if they are receiving aspirin or aspirin-containing therapy.
- Pregnant women should not receive FluMist.
- Anyone with a history of Guillain-Barré Syndrome (GBS) should not receive FluMist.
- FluMist recipients should avoid close contact (e.g., within the same household) with anyone with a weakened immune system for at least 21 days after receiving the vaccine.

FluMist®

Flu Shot

515 East Broadway Avenue  
Bismarck, ND 58501

\_\_\_\_\_  
Name (Please Print) Birth Date Age

\_\_\_\_\_  
Address: City State Zip

Have you received any services from UND Center for Family Medicine previously? \_\_\_\_\_

X \_\_\_\_\_  
Signature (Person Receiving Vaccine or Parent/Guardian)

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**(For Clinic Use)**

Name of Clinic: Injection Given By: \_\_\_\_\_

**UND Center for Family Medicine** Notes/Other Diagnoses \_\_\_\_\_

Date of Vaccination: \_\_\_\_\_

Manufacturer & Lot #: \_\_\_\_\_

Site of Injection \_\_\_\_\_

Chronic Disease: \_\_\_\_\_

Yes  No

I have explained rational of flu vaccine as well as risks and limitations.

I have explained potential side effects.

I have reviewed healthy lifestyle issues with this patient including recommendations for screening tests.

Patient had opportunity to ask questions.

Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Encounter By: \_\_\_\_\_ Date: \_\_\_\_\_