

What: World Laughter Day

Where: Capital Grounds

When: Sunday May 3rd 2009 from 1:30pm – 4:30pm

Presented by: Lenette Momerak (Mrs. Giggles) a Certified Laughter Instructor and a number of sponsors and volunteers. This is a free event open to the public. Come enjoy and celebrate the fun through laughter and other fun events scheduled throughout the afternoon. There will be events for all ages.

LAUGH YOUR HEAD OFF! SEND VIBRATIONAL ENERGY! “With busy schedules, pressures, demands, and hectic lives, laughter often takes a back seat,” Lenette says. “This is a day when everyone can set aside their troubles and make laughing their top priority.”

As all of our voices join in good-hearted laughing, we especially want to send a message that the world must learn to lighten up, be more forgiving, more compassionate, more considerate, less angry, less violent, less fearful, less competitive, more loving and more laughter filled. Imagine the acoustic vibrations of all this laughing on this special day joining together and circulating around the world. Surely, we will be sprinkling a little more happiness, and little more peace everywhere.

If inclement weather, this event will be rescheduled at a later date. Local radio stations will announce if the event is postponed.

P.S. If you want to wear something fun and entertaining do so, or just come as you are.

If you want more information contact: Lenette Momerak (701)226-7928 or email at mrs.giggles@hotmail.com