

MEETING MINUTES

North Dakota Mental Health and Substance Abuse Planning Council Quarterly Meeting June 22, 2016

Members Present: Patricia Arnold (Safe & Healthy Schools), , Jennifer Henderson (Housing & Finance Agency), Carlotta McCleary (Federation of Families & Mental Health America), Pamela Sagness (DHS- Behavioral Health Division) , Siobhan Deppa (Consumer Family Network), Cheryl Hess (Vocational Rehabilitation), Theresa Larsen (Protection & Advocacy), Deb Jendro (Adult mental health consumer), Debra Johnson (Family member), Michelle Gayette (Aging Services), Kurt Snyder (Heartview Foundation), Jodi Stitsworth (Parent), Lisa Peterson (Dept. of Corrections & Rehabilitation)

Staff Members Present: Lauren Sauer, Stacie Dailey, Julie Huwe

Meeting was called to order at 8am and adjourned until a quorum was present at 8:20

Approval of the Minutes:

Motion made by Michelle Gayette to approve the minutes. Debra Johnson Seconded. Motion carried

Additions to the Agenda:

- Membership and titles

Spring Conference Update: Lauren Sauer

- Held May 17th through May 19th in Minot at the Grand
- 172 were registered
- Next conference is September 6th through the 8th in Fargo

CFN Update: Siobhan Deppa

- Conference was held in May in Bismarck at the Ramada Inn
 - Approximately 80 were in attendance
 - New people were elected to fill in the vacancies that are across the state
 - 2 awards were given out
 - There was a legislative panel. Senator Mathern told the council to email him regarding support for peer support before the legislative session
 - They voted to have 3 platforms
 - Peer Support
 - Recovery Centers
 - Education for law enforcement regarding people with mental illness
 - There was advance directive training and Olmstead training
- June meeting for the council was held on June 21st

- All members are going to email their legislators regarding the 3 platforms
- Finalization of bylaws and policies
- Looking into having the Wellness Recovery Action Planning Training
- The next CFN conference will be in April or May of 2017 in Bismarck

New Members:

Kurt Schneider – Heartview Foundation
 Jeff Herman - Prairie St John
 Tom Regan - Mental Health America

Membership: Pam Sagness

The Governor’s office has a question on medical provider position

- They want us to have additional conversation on what we’re looking for.
- They are ready to approve as soon as we have a decision on the medical provider.
- We specifically send invites to people from the medical community when we want information on certain topics
- Someone who is more global would be helpful
- We have bylaws that specifically state that participation is vital
- Consider changing medical to health

Motion made by Carlotta McCleary to make the medical provider position a broader definition of healthcare representative. Deb Johnson seconded. Motion carried
 Pam will speak with the Governor’s office regarding the change.

The process of new members has been that Lauren received the letter, request, email or application to be a new member. He brings them to the council where they are voted on by the members. The approved name then goes to the Governor’s office for his approval.

Key Point Recommendations from the sub-committee:

- Siobhan has drafted a letter to the Governor. We are waiting on the new letterhead.
- They have been separated into key points for the Governor and key points for the Department of Human Services
- The attachments listed on the document are still being drafted
- #2 changes to Medicaid 1915i to say funded and included and implemented in the 2017-2019 biennium budget.
- The Behavioral health division has been meeting with the 1915i stakeholders to discuss what is needed
- Subcommittee will work on the wording
- Add another item to include funding for continuation of Medicaid expansion after it sunsets
- Connect 3, 5, 8, and 9 to 1915i
- #3 work on the language to include more inclusive language not just those with SMI Case management

Motion made by Theresa Larsen to accept the key points as amended. Michelle Gayette seconded. Motion carried

10 Key Points to Department of Human Services:

- Add eligibility/quality assurance
- Add grievance process

Motion made by Lisa Peterson to add create an independent appeal process to the 10 key points for both the Governor and DHS. Carlotta McCleary seconded.

Discussion - Ask to see the appeal process before adding this and develop recommendations. Look into what other states are doing.

Motion has been rescinded by Lisa and Carlotta. The discussion was tabled until we get more information from Dr. Etherington.

New Business

Role of the Division vs. Role of field – Pam Sagness

- DHS Behavioral Health System Handout
- This is from the testimony that Pam Presented in August of 2015 - http://www.legis.nd.gov/files/committees/64-2014%20appendices/17_5024_03000appendix.pdf
- The Medical Director (Dr. Andrew McLean) consults with both the Policy division and the Service Delivery System
- Pam is the Director of the Policy Division, which looks at the system globally
 - We license and un-license Private and state facilities across the state.
 - Pam is not in the chain of command of the Human Service Centers
- Dr. Etherington oversees the State Hospital and the 8 Human Service Centers as one service delivery system
- Roles of the Behavioral Health System
 - Provide regulation
 - Write administrative code
 - Provide updates to ND Century code
 - Provide testimony that is global to the system
 - Collect data across the entire system whenever possible and make recommendations based on that data
 - Partner within the department and outside of the department to:
 - Improve access to services
 - Address behavioral health workforce needs
 - Develop policy
 - Assure that quality services are available for those with behavioral health service needs
 - Currently working on an updated version of the assessments and stakeholders groups that will be presented to the Human Services Interim Committee , July 25th & 26th

- 50% of funding is federal
- Work closely with SAMSHA on a regular basis
- Administer the state programs that are legislatively funded
- Regulation – Licensing Human Service Centers, PRTF's, all substance abuse programs, both private and public.
- Need to be data driven
- Role of the Behavioral Health Delivery System
 - Provide directly or through contracts the full continuum of integrated behavioral health (in treatment for a specific population)
 - Recommending that the language in ND Century Code be changed
- 8 core values
 - It is currently being rolled out to all staff that work in service delivery of the Behavioral Health Division.
 - Looking to increasing the values to other divisions and other areas of the department
- Dr. Etherington provided testimony to the Human Services Interim Committee on best practices and core services in May
- Dr. Etherington - CEO of the whole system. Supervises Clinic Directors and Jeff Stenseth
- Jeff Stenseth – COO – Supervises the Human Service Center Directors
 - Fiscal
 - Operations
 - Contracts
 - HR

Money Follows the Person: Jake Reuter

- CMCS Informational Bulletin Handout
- Housing Related Services Glossary Handout
- Medicaid Innovation Accelerator Program Handout
- Housing is identified as a primary barrier
- There are long waiting lists for vouchers across the state
- North Dakota State Hospital Transition Assistance Program
 - \$2500 to assist in leaving the institution and returning to the community
 - Can be accessed through the Human Service Centers SMI case management or addiction counseling staff
- Housing Crosswalk Document looks at
 - Pre-tenancy issues
 - Finding and accessing housing
 - How to support the individual once they are in the community
- Medicaid Innovation Accelerator Program (IHP)
 - 3 webinars based on understanding what services Medicaid can pay for to support housing

- Goal is to create a crosswalk document
- Looked at services the state currently provides
- Showed other state examples
- Permanent Supportive Housing
 - Looks at combining affordable rental with voluntary flexible support services
 - Teaching the individual what the role of a responsible tenant is
 - Plan for the type of supports they will need
 - Will help determine gaps

Housing: Jennifer Henderson

- Affordable Housing PowerPoint
- Affordable Housing Facts handout
- The Economics of Affordable Rent Handout
- <https://www.ndhfa.org/>
- Affordable housing is defined as 30% of your income
- HUD sets fair market price
- Currently North Dakota only has federal vouchers for housing
- Burleigh County housing has a wait list of 500 families and they are planning on closing it
- Families could wait 6 months to a year to get a voucher
- Finding available housing
 - Money Follows the Person database
<http://www.ndcpd.org/projects/mfp/listings/>
 - ND Housing Finance Agency - <https://www.ndhfa.org/Finance/DevProp.aspx>
 - ND Apartment Association - <http://ndaa.rentlinx.com/Search.aspx>
- The housing Initiative fund is part of the Governor's budget recommendation

Employment: Cheryl Hess

- SEP Training & Stabilization handout
- SEP Plans Served & Employed handout
- Statewide Served & Employed handout
- Job Development & Placement Services handout
- VR Flyer
- Tips and guidance document for counselors to use in relation to substance use – (Not a policy) <http://www.nd.gov/dhs/dvr/docs/ad-best-practices.pdf>
- Policies come out of the federal regulations
- Cheryl will bring the councils concerns regarding treatment and length of sobriety back to VR

Extended Services – Lauren Sauer

- Extended Services PowerPoint
- An extension of Supported Employment
- Will look at developing a better description for VR Other Extended Services

Next meeting is August 24, 2016 8:00 AM – 4:00 PM
North Dakota State Capital - Brynhild Haugland Room

Agenda for next meeting

- Review Application for membership to council
- Review eligibility requirements – Dr. Etherington
- Appeal process – Dr. Etherington
- Update on high fidelity and quality assurance – Dr. Etherington
- 1915i examples from other states – Jake Reuter
- Letterhead