

**ND DEPT OF HUMAN SERVICES
MEDICAL SERVICES DIVISION**

North Dakota Department of Human Services Recommended Mental Health Screening Tools

Ages 0 through 60 months

1. **Ages and Stages Questionnaires: Social - Emotional**
2. **Brigance Screens II** <http://www.brigance.com/>
3. **Brief Infant and Toddler Social Emotional Assessment (BITSEA)** www.pearsonassessments.com

Ages 5 through 21

1. **Pediatric Symptom Checklist (PSC)** <http://www.brightfutures.org/mentalhealth/pdf>
2. **Pediatric Symptom Checklist – Youth Report (Y-PSC)**
3. **Strength and Difficulties Questionnaire (SDQ)** www.sdqinfo.org

Other Tools

1. **M-CHAT - Autism screening** www.m-chat.org
2. **CRAFFT – Substance Abuse and Alcohol Abuse screening** www.teenscreen.org
3. **Patient Health Questionnaire Modified for Teens (PHQ-9) – Depression screening**
www.teenscreen.org
4. **Kutcher Adolescent Depression Scale** <http://www.cprf.ca/education/Openmind2006/6KADS.pdf>

If using the Denver II or Ages and Stages 3 an evidenced based mental health screening tool must also be used.