INJECTIONS – TENDON, LIGAMENT, GANGLION CYST, TUNNEL SYNDROMES AND MORTON’S NEUROMA

CPT CODES:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>20526</td>
<td>Injection, therapeutic(local anesthetic, corticosteroid), carpal tunnel</td>
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<tr>
<td>20550</td>
<td>Injection; tendon sheath, ligament, ganglion cyst</td>
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<tr>
<td>20551</td>
<td>Injection; tendon origin/insertion</td>
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<tr>
<td>28899</td>
<td>Unlisted procedure (Morton’s neuroma, tarsal tunnel syndrome)</td>
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</tbody>
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COVERED DIAGNOSIS

354.0  Carpal tunnel syndrome
355.5  Tarsal tunnel syndrome
355.6  Lesion of plantar nerve
720.0-720.9  Inflammatory spondylopathies
723.7  Ossification of posterior longitudinal ligament in cervical region
724.71-724.79  Disorders of coccyx
726.0-726.91  Peripheral enthesophathies and allied syndromes
727.00-727.9  Synovitis and tenosynovitis
728.4-728.79  Ligament and fascia disorders
729.0  Rheumatism, unspecified and fibrositis
729.1  Myalgia and myosities, unspecified
729.4  Fasciitis, unspecified
733.6  Costochondritis (Tietze’s disease)
840.0-848.9  Sprains and strains

Billing requirement:  The procedure description must be included when using 28899.

Documentation requirements:

- The clinical record should note events leading to the diagnosis and the treatment options tried before the decision to use injections was made.
- If the number of injections exceeds three, the record must justify these added injections.