

**Section 1915(b) Waiver  
Proposal For  
MCO, PIHP, PAHP, PCCM Programs  
And  
FFS Selective Contracting Programs**

MMA amendment version  
June 30, 2011

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Instructions – see Attachment 1

# Proposal for a Section 1915(b) Waiver MCO, PIHP, PAHP, and/or PCCM Program

## Facesheet

*Please fill in and submit this Facesheet with each waiver proposal, renewal, or amendment request.*

The **State** of North Dakota requests a waiver/amendment under the authority of section 1915(b) of the Act. The Medicaid agency will directly operate the waiver.

The **name of the waiver program** is Medicaid Health Management Program.  
(Please list each program name if the waiver authorizes more than one program.)

### **Type of request.** This is an:

initial request for new waiver. All sections are filled.

amendment request for existing waiver, which modifies Section/Part \_\_\_\_\_

Replacement pages are attached for specific Section/Part being amended (note: the State may, at its discretion, submit two versions of the replacement pages: one with changes to the old language highlighted (to assist CMS review), and one version with changes made, i.e. not highlighted, to actually go into the permanent copy of the waiver).

Document is replaced in full, with changes highlighted

renewal request

This is the first time the State is using this waiver format to renew an existing waiver.

The full preprint (i.e. Sections A through D) is filled out.

The State has used this waiver format for its previous waiver period. Sections C and D are filled out.

Section A is  replaced in full

carried over from previous waiver period. The State:

assures there are no changes in the Program

Description from the previous waiver period.

assures the same Program Description from the previous waiver period will be used, with the exception of changes noted in attached replacement pages. The following pages are attached: 3 – 6, 13 – 18, 25 – 33, 36 – 42, 44 – 47

Section B is  replaced in full

carried over from previous waiver period. The State:

assures there are no changes in the Monitoring Plan from the previous waiver period.

assures the same Monitoring Plan from the previous waiver period will be used, with exceptions noted in attached replacement pages: 52 – 62.

**Effective Dates:** This waiver/renewal/amendment is requested for a period of 2 years; effective \_October 1, 2011\_\_\_\_\_and ending \_September 30, 2013\_\_\_\_\_. (For beginning date for an initial or renewal request, please choose first day of a calendar quarter, if possible, or if not, the first day of a month. For an amendment, please identify the implementation date as the beginning date, and end of the waiver period as the end date)

**State Contact:** The State contact person for this waiver is \_Tania Hellman\_\_\_\_\_ and can be reached by telephone at (\_701\_\_)\_328-3598\_\_, or fax at (701\_)\_328-1544\_\_\_\_\_, or e-mail at \_thellman@nd.gov\_\_\_\_\_. (Please list for each program)

## **Section A: Program Description**

### **Part I: Program Overview**

#### **Tribal consultation**

*For initial and renewal waiver requests, please describe the efforts the State has made to ensure Federally recognized tribes in the State are aware of and have had the opportunity to comment on this waiver proposal.*

Initial waiver request: During the week of July 17 -21, 2006, the Department sent a letter to representatives from each tribe in the State describing the Medicaid Health Management Program and its anticipated impact on Merician Indian beneficiaries. The letter also stated that the waiver application was posted on the State's website for review and comment on the waiver content. The Department received no comments from the tribal representatives during the comment period.

The Department sent an update letter upon the first renewal of this waiver, explaining the program and providing a comment period. No comments were received.

2011: Renewal waiver request: The Department is sending an updated letter (July 1, 2011) to representatives from each tribe in the State, notifying them on the status of the Health Management Program and renewal waiver efforts. The letter states the renewal waiver will be posted on the State's website for review and comment. Tribal representatives will be given 30 days to review and comment on the renewal waiver.

#### **Program History**

*For renewal waivers, please provide a brief history of the program(s) authorized under the waiver. Include implementation date and major milestones (phase-in timeframe; new populations added; major new features of existing program; new programs added).*

The North Dakota Medicaid Health Management Program, called Experience HealthND, is a voluntary disease management program for Medicaid beneficiaries with asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF) and diabetes. Services provided through the program include case management, care planning, health education, monitoring, care coordination and operation of a telephone health information line for consultation related to the enrollee's chronic condition. The services are provided by nurses licensed in the State of North Dakota. Nurse care managers provide both telephonic and face-to-face intervention with enrollees depending upon the enrollee's level of risk as identified through a stratification process. The purpose of the program is to assure continuity and coordination of the care the enrollees receive related to their chronic conditions and to improve enrollee's self-management of their condition(s). The program is currently administered through a vendor, US Care Management (previously known as Specialty Disease Management).

The initial waiver for the health management program was approved December 29<sup>th</sup>, 2006 for dates beginning January 1, 2007 to December 31, 2008. Due to contractual arrangements, the programs actual start date was October 1, 2007. The State at that point submitted an amendment

to the original waiver requesting the waiver dates be changed to 10-1-07 to 9-30-09 and adds the States Title XXI Expansion to the waiver. This Amendment was approved on February 25<sup>th</sup>, 2009.

On July 6<sup>th</sup> 2009, North Dakota Medicaid submitted a renewal waiver to request continuation of the Health Management program from October 1, 2009 to September 30, 2011. A letter dated September 16<sup>th</sup>, 2010 from CMS approving the program for dates: October 2009 through September 2011.

The administration of the program remained the same however, the State and the health management vendor, US Care Management entered into a reconciliation process due to the vendor's inaccuracy of identifying enrollees whom should have been excluded from the program. The reconciliation covered the dates: October 2007 through January, 2010. The State also made changes to the outgoing files/data which it sends the vendor, removing excluded individuals from the files. Please see the attached letter regarding the reconciliation which was sent to the vendor and a copy was sent to CMS. The State worked with CMS to properly reflect the adjustments resulting from the reconciliation on the CMS 64 for quarter ending December 31, 2010. The adjustments were made to appropriate forms, and assigned to the proper FMAPs.

## A. Statutory Authority

1. **Waiver Authority**. The State's waiver program is authorized under section 1915(b) of the Act, which permits the Secretary to waive provisions of section 1902 for certain purposes. Specifically, the State is relying upon authority provided in the following subsection(s) of the section 1915(b) of the Act (if more than one program authorized by this waiver, please list applicable programs below each relevant authority):

- a. \_\_\_ **1915(b)(1)** – The State requires enrollees to obtain medical care through a primary care case management (PCCM) system or specialty physician services arrangements. This includes mandatory capitated programs.
- b. \_\_\_ **1915(b)(2)** - A locality will act as a central broker (agent, facilitator, negotiator) in assisting eligible individuals in choosing among PCCMs or competing MCOs/PIHPs/PAHPs in order to provide enrollees with more information about the range of health care options open to them.
- c. \_\_\_ **1915(b)(3)** - The State will share cost savings resulting from the use of more cost-effective medical care with enrollees by providing them with additional services. The savings must be expended for the benefit of the Medicaid beneficiary enrolled in the waiver. Note: this can only be requested in conjunction with section 1915(b)(1) or (b)(4) authority.
- d. X **1915(b)(4)** - The State requires enrollees to obtain services only from specified providers who undertake to provide such services and meet reimbursement, quality, and utilization standards which are consistent with access, quality, and efficient and economic provision of covered care and services. The State assures it will comply with 42 CFR 431.55(f).

The 1915(b)(4) waiver applies to the following programs

- \_\_\_ MCO
- \_\_\_ PIHP
- X PAHP
- \_\_\_ PCCM (Note: please check this item if this waiver is for a PCCM program that limits who is eligible to be a primary care case manager. That is, a program that requires PCCMs to meet certain quality/utilization criteria beyond the minimum requirements required to be a fee-for-service Medicaid contracting provider.)
- \_\_\_ FFS Selective Contracting program (please describe)

2. **Sections Waived.** Relying upon the authority of the above section(s), the State requests a waiver of the following sections of 1902 of the Act (if this waiver authorizes multiple programs, please list program(s) separately under each applicable statute):

- a. \_\_\_ **Section 1902(a)(1)** - Statewideness--This section of the Act requires a Medicaid State plan to be in effect in all political subdivisions of the State. This waiver program is not available throughout the State.
- b. X **Section 1902(a)(10)(B)** - Comparability of Services--This section of the Act requires all services for categorically needy individuals to be equal in amount, duration, and scope. This waiver program includes additional benefits such as case management and health education that will not be available to other Medicaid beneficiaries not enrolled in the waiver program.
- c. \_\_\_ **Section 1902(a)(23)** - Freedom of Choice--This Section of the Act requires Medicaid State plans to permit all individuals eligible for Medicaid to obtain medical assistance from any qualified provider in the State. Under this program, free choice of providers is restricted. That is, beneficiaries enrolled in this program must receive certain services through an MCO, PIHP, PAHP, or PCCM.
- d. \_\_\_ **Section 1902(a)(4)** - To permit the State to mandate beneficiaries into a single PIHP or PAHP, and restrict disenrollment from them. (If state seeks waivers of additional managed care provisions, please list here).
- e. \_\_\_ **Other Statutes and Relevant Regulations Waived** - Please list any additional section(s) of the Act the State requests to waive, and include an explanation of the request.

## B. Delivery Systems

1. **Delivery Systems**. The State will be using the following systems to deliver services:

a. \_\_\_ **MCO:** Risk-comprehensive contracts are fully-capitated and require that the contractor be an MCO or HIO. Comprehensive means that the contractor is at risk for inpatient hospital services and any other mandatory State plan service in section 1905(a), or any three or more mandatory services in that section. References in this preprint to MCOs generally apply to these risk-comprehensive entities.

b. \_\_\_ **PIHP:** Prepaid Inpatient Health Plan means an entity that:  
(1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments or other payment arrangements that do not use State Plan payment rates; (2) provides, arranges for, or otherwise has responsibility for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. Note: this includes MCOs paid on a non-risk basis.

\_\_\_ The PIHP is paid on a risk basis.

\_\_\_ The PIHP is paid on a non-risk basis.

c. X **PAHP:** Prepaid Ambulatory Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments, or other payment arrangements that do not use State Plan payment rates; (2) does not provide or arrange for, and is not otherwise responsible for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. This includes capitated PCCMs.

X The PAHP is paid on a risk basis.

\_\_\_ The PAHP is paid on a non-risk basis.

d. \_\_\_ **PCCM:** A system under which a primary care case manager contracts with the State to furnish case management services. Reimbursement is on a fee-for-service basis. Note: a capitated PCCM is a PAHP.

e. \_\_\_ **Fee-for-service (FFS) selective contracting:** A system under which the State contracts with specified providers who are willing to meet certain reimbursement, quality, and utilization standards. Reimbursement is:

\_\_\_ the same as stipulated in the state plan

\_\_\_ is different than stipulated in the state plan (please describe)

f. \_\_\_ **Other:** (Please provide a brief narrative description of the model.)

2. **Procurement.** The State selected the contractor in the following manner. Please complete for each type of managed care entity utilized (e.g. procurement for MCO; procurement for PIHP, etc):

- Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
- Open** cooperative procurement process (in which any qualifying contractor may participate)
- Sole source** procurement
- Other** (please describe)

## C. Choice of MCOs, PIHPs, PAHPs, and PCCMs

### 1. Assurances.

\_\_\_ The State assures CMS that it complies with section 1932(a)(3) of the Act and 42 CFR 438.52, which require that a State that mandates Medicaid beneficiaries to enroll in an MCO, PIHP, PAHP, or PCCM must give those beneficiaries a choice of at least two entities.

\_\_\_ The State seeks a waiver of section 1902(a)(4) of the Act, which requires States to offer a choice of more than one PIHP or PAHP per 42 CFR 438.52. Please describe how the State will ensure this lack of choice of PIHP or PAHP is not detrimental to beneficiaries' ability to access services.

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):

- \_\_\_ Two or more MCOs
- \_\_\_ Two or more primary care providers within one PCCM system.
- \_\_\_ A PCCM or one or more MCOs
- \_\_\_ Two or more PIHPs.
- \_\_\_ Two or more PAHPs.
- \_\_\_ Other: (please describe)

### 3. Rural Exception.

\_\_\_ The State seeks an exception for rural area residents under section 1932(a)(3)(B) of the Act and 42 CFR 438.52(b), and assures CMS that it will meet the requirements in that regulation, including choice of physicians or case managers, and ability to go out of network in specified circumstances. The State will use the rural exception in the **following areas** ( "rural area" must be defined as any area other than an "urban area" as defined in 42 CFR 412.62(f)(1)(ii)):

### 4. 1915(b)(4) Selective Contracting

- Beneficiaries will be limited to a single provider in their service area (please define service area). Program is Statewide.
- \_\_\_ Beneficiaries will be given a choice of providers in their service area.

**D. Geographic Areas Served by the Waiver**

1. **General.** Please indicate the area of the State where the waiver program will be implemented. (If the waiver authorizes more than one program, please list applicable programs below item(s) the State checks.

**Statewide** -- all counties, zip codes, or regions of the State

**Less than Statewide**

2. **Details.** Regardless of whether item 1 or 2 is checked above, please list in the chart below the areas (i.e., cities, counties, and/or regions) and the name and type of entity or program (MCO, PIHP, PAHP, HIO, PCCM or other entity) with which the State will contract.

City/County/Region	Type of Program (PCCM, MCO, PIHP, or PAHP)	Name of Entity (for MCO, PIHP, PAHP)
Statewide	PAHP	US CareManagement

## E. Populations Included in Waiver

Please note that the eligibility categories of Included Populations and Excluded Populations below may be modified as needed to fit the State's specific circumstances.

1. **Included Populations**. The following populations are included in the Waiver Program:

**Section 1931 Children and Related Populations** are children including those eligible under Section 1931, poverty-level related groups and optional groups of older children.

Mandatory enrollment  
 Voluntary enrollment

**Section 1931 Adults and Related Populations** are adults including those eligible under Section 1931, poverty-level pregnant women and optional group of caretaker relatives.

Mandatory enrollment  
 Voluntary enrollment

**Blind/Disabled Adults and Related Populations** are beneficiaries, age 18 or older, who are eligible for Medicaid due to blindness or disability. Report Blind/Disabled Adults who are age 65 or older in this category, not in Aged.

Mandatory enrollment  
 Voluntary enrollment

**Blind/Disabled Children and Related Populations** are beneficiaries, generally under age 18, who are eligible for Medicaid due to blindness or disability.

Mandatory enrollment  
 Voluntary enrollment

**Aged and Related Populations** are those Medicaid beneficiaries who are age 65 or older and not members of the Blind/Disabled population or members of the Section 1931 Adult population.

Mandatory enrollment  
 Voluntary enrollment

**Foster Care Children** are Medicaid beneficiaries who are receiving foster care or adoption assistance (Title IV-E), are in foster-care, or are otherwise in an out-of-home placement.

Mandatory enrollment

Voluntary enrollment

**TITLE XXI SCHIP** is an optional group of targeted low-income children who are eligible to participate in Medicaid if the State decides to administer the State Children’s Health Insurance Program (SCHIP) through the Medicaid program.

Mandatory enrollment

Voluntary enrollment

2. **Excluded Populations.** Within the groups identified above, there may be certain groups of individuals who are excluded from the Waiver Program. For example, the “Aged” population may be required to enroll into the program, but “Dual Eligibles” within that population may not be allowed to participate. In addition, “Section 1931 Children” may be able to enroll voluntarily in a managed care program, but “Foster Care Children” within that population may be excluded from that program. Please indicate if any of the following populations are excluded from participating in the Waiver Program:

**Medicare Dual Eligible**--Individuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E))

**Poverty Level Pregnant Women** -- Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.

**Other Insurance**--Medicaid beneficiaries who have other health insurance.

**Reside in Nursing Facility or ICF/MR**--Medicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Mentally Retarded (ICF/MR).

**Enrolled in Another Managed Care Program**--Medicaid beneficiaries who are enrolled in another Medicaid managed care program – this pertains to those enrolled in an MCO or Program of All-Inclusive Care of the Elderly (PACE).

**Eligibility Less Than 3 Months**--Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.

**Participate in HCBS Waiver**--Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).

**American Indian/Alaskan Native**--Medicaid beneficiaries who are American Indians or Alaskan Natives and members of federally recognized tribes.

**Special Needs Children (State Defined)**--Medicaid beneficiaries who are special needs children as defined by the State. Please provide this definition.

**SCHIP Title XXI Children** – Medicaid beneficiaries who receive services through the SCHIP program.

**Retroactive Eligibility** – Medicaid beneficiaries for the period of retroactive eligibility.

**Other** (Please define):  Medicaid beneficiaries currently receiving services related to transplants at the time they are eligible for health management services, HIV/AIDS, current and active treatment for certain cancers, end-stage renal disease (ESRD) and hospice, and those with a monthly beneficiary liability/spend down.

## F. Services

List all services to be offered under the Waiver in Appendices D2.S. and D2.A of Section D, Cost-Effectiveness.

### 1. Assurances.

X The State assures CMS that services under the Waiver Program will comply with the following federal requirements:

- Services will be available in the same amount, duration, and scope as they are under the State Plan per 42 CFR 438.210(a)(2).
- Access to emergency services will be assured per section 1932(b)(2) of the Act and 42 CFR 438.114.
- Access to family planning services will be assured per section 1905(a)(4) of the Act and 42 CFR 431.51(b)

\_\_\_ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any. (See note below for limitations on requirements that may be waived).

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of 42 CFR 438.210(a)(2), 438.114, and 431.51 (Coverage of Services, Emergency Services, and Family Planning) as applicable. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

\_\_\_ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply. The State assures CMS that services will be available in the same amount, duration, and scope as they are under the State Plan.

\_\_\_ The state assures CMS that it complies with Title I of the Medicare Modernization Act of 2003, in so far as these requirements are applicable to this waiver.

Note: Section 1915(b) of the Act authorizes the Secretary to waive most requirements of section 1902 of the Act for the purposes listed in sections 1915(b)(1)-(4) of the Act. However, within section 1915(b) there are prohibitions on waiving the following subsections of section 1902 of the Act for any type of waiver program:

- Section 1902(s) -- adjustments in payment for inpatient hospital services furnished to infants under age 1, and to children under age 6 who receive inpatient hospital services at a Disproportionate Share Hospital (DSH) facility.
- Sections 1902(a)(15) and 1902(bb) – prospective payment system for FQHC/RHC

- Section 1902(a)(10)(A) as it applies to 1905(a)(2)(C) – comparability of FQHC benefits among Medicaid beneficiaries
- Section 1902(a)(4)(C) -- freedom of choice of family planning providers
- Sections 1915(b)(1) and (4) also stipulate that section 1915(b) waivers may not waive freedom of choice of emergency services providers.

2. **Emergency Services.** In accordance with sections 1915(b) and 1932(b) of the Act, and 42 CFR 431.55 and 438.114, enrollees in an MCO, PIHP, PAHP, or PCCM must have access to emergency services without prior authorization, even if the emergency services provider does not have a contract with the entity.

The PAHP, PAHP, or FFS Selective Contracting program does not cover emergency services.

3. **Family Planning Services.** In accordance with sections 1905(a)(4) and 1915(b) of the Act, and 42 CFR 431.51(b), prior authorization of, or requiring the use of network providers for family planning services is prohibited under the waiver program. Out-of-network family planning services are reimbursed in the following manner:

- The MCO/PIHP/PAHP will be required to reimburse out-of-network family planning services
- The MCO/PIHP/PAHP will be required to pay for family planning services from network providers, and the State will pay for family planning services from out-of-network providers
- The State will pay for all family planning services, whether provided by network or out-of-network providers.
- Other (please explain):

Family planning services are not included under the waiver.

4. **FQHC Services.** In accordance with section 2088.6 of the State Medicaid Manual, access to Federally Qualified Health Center (FQHC) services will be assured in the following manner:

- The program is **voluntary**, and the enrollee can disenroll at any time if he or she desires access to FQHC services. The MCO/PIHP/PAHP/PCCM is not required to provide FQHC services to the enrollee during the enrollment period.
- The program is **mandatory** and the enrollee is guaranteed a choice of at least one MCO/PIHP/PAHP/PCCM which has at least one FQHC as a participating provider. If the enrollee elects not to select a MCO/PIHP/PAHP/PCCM that gives him or her access to FQHC services, no FQHC services will be required to be furnished to the enrollee while the enrollee is enrolled with the MCO/PIHP/PAHP/PCCM he or she selected. Since reasonable access to FQHC services will be available under the waiver program, FQHC services outside the program will not be available. Please explain how the State will guarantee all enrollees will have a choice of at least one MCO/PIHP/PAHP/PCCM with a participating FQHC:

\_\_\_The program is **mandatory** and the enrollee has the right to obtain FQHC services **outside** this waiver program through the regular Medicaid Program.

5. **EPSDT Requirements.**

\_\_\_The managed care programs(s) will comply with the relevant requirements of sections 1905(a)(4)(b) (services), 1902(a)(43) (administrative requirements including informing, reporting, etc.), and 1905(r) (definition) of the Act related to Early, Periodic Screening, Diagnosis, and Treatment (EPSDT) program.

6. **1915(b)(3) Services.**

\_\_\_This waiver includes 1915(b)(3) expenditures. The services must be for medical or health-related care, or other services as described in 42 CFR Part 440, and are subject to CMS approval. Please describe below what these expenditures are for each waiver program that offers them. Include a description of the populations eligible, provider type, geographic availability, and reimbursement method.

7. **Self-referrals.**

X\_\_\_The State requires MCOs/PIHPs/PAHPs/PCCMs to allow enrollees to self-refer (i.e. access without prior authorization) under the following circumstances or to the following subset of services in the MCO/PIHP/PAHP/PCCM contract:

The program allows "real time referrals" which is defined as a referral from a medical professional to the program. This waives the programmatic criteria of the program of meeting the chronic disease diagnosis and/or professional medical visits as defined by the program criteria through the claims data extract. The "real time referrals" accounted for approximately three to five enrollees per month.

## Section A: Program Description

### Part II: Access

Each State must ensure that all services covered under the State plan are available and accessible to enrollees of the 1915(b) Waiver Program. Section 1915(b) of the Act prohibits restrictions on beneficiaries' access to emergency services and family planning services.

#### A. Timely Access Standards

##### 1. Assurances for MCO, PIHP, or PAHP programs.

The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

*If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II.B. Capacity Standards.*

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the activities the State uses to assure timely access to services.

a.  **Availability Standards.** The State's PCCM Program includes established maximum distance and/or travel time requirements, given beneficiary's normal means of transportation, for waiver enrollees' access to the following providers. For each provider type checked, please describe the standard.

1.  PCPs (please describe):

2.  Specialists (please describe):

3.  Ancillary providers (please describe):

4. \_\_\_ Dental (please describe):
5. \_\_\_ Hospitals (please describe):
6. \_\_\_ Mental Health (please describe):
7. \_\_\_ Pharmacies (please describe):
8. \_\_\_ Substance Abuse Treatment Providers (please describe):
9. \_\_\_ Other providers (please describe):

b. \_\_\_ **Appointment Scheduling** means the time before an enrollee can acquire an appointment with his or her provider for both urgent and routine visits. The State's PCCM Program includes established standards for appointment scheduling for waiver enrollee's access to the following providers.

1. \_\_\_ PCPs (please describe):
2. \_\_\_ Specialists (please describe):
3. \_\_\_ Ancillary providers (please describe):
4. \_\_\_ Dental (please describe):
5. \_\_\_ Mental Health (please describe):
6. \_\_\_ Substance Abuse Treatment Providers (please describe):
7. \_\_\_ Urgent care (please describe):
8. \_\_\_ Other providers (please describe):

c. \_\_\_ **In-Office Waiting Times:** The State's PCCM Program includes established standards for in-office waiting times. For each provider type checked, please describe the standard.

1. \_\_\_ PCPs (please describe):
2. \_\_\_ Specialists (please describe):
3. \_\_\_ Ancillary providers (please describe):
4. \_\_\_ Dental (please describe):

5. \_\_\_ Mental Health (please describe):

6. \_\_\_ Substance Abuse Treatment Providers (please describe):

7. \_\_\_ Other providers (please describe):

d. \_\_\_ **Other Access Standards** (please describe)

3. **Details for 1915(b)(4) FFS selective contracting programs:** Please describe how the State assures timely access to the services covered under the selective contracting program.

## B. Capacity Standards

### 1. Assurances for MCO, PIHP, or PAHP programs.

X The State assures CMS that it complies with section 1932(b)(5) of the Act and 42 CFR 438.207 Assurances of adequate capacity and services, in so far as these requirements are applicable.

\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

X The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(b)(5) and 42 CFR 438.207 Assurances of adequate capacity and services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

*If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II, C. Coordination and Continuity of Care Standards.*

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.

- a. \_\_\_ The State has set **enrollment limits** for each PCCM primary care provider. Please describe the enrollment limits and how each is determined.
- b. \_\_\_ The State ensures that there are adequate number of PCCM PCPs with **open panels**. Please describe the State's standard.
- c. \_\_\_ The State ensures that there is an **adequate number** of PCCM PCPs under the waiver assure access to all services covered under the Waiver. Please describe the State's standard for adequate PCP capacity.
- d. \_\_\_ The State **compares numbers of providers** before and during the Waiver. Please modify the chart below to reflect your State's PCCM program and complete the following.

<b>Providers</b>	<b># Before Waiver</b>	<b># In Current Waiver</b>	<b># Expected in Renewal</b>
Pediatricians			
Family Practitioners			
Internists			
General Practitioners			
OB/GYN and GYN			
FQHCs			
RHCs			
Nurse Practitioners			
Nurse Midwives			
Indian Health Service Clinics			
Additional Types of Provider to be in PCCM			
1.			
2.			
3.			
4.			

\*Please note any limitations to the data in the chart above here:

e. \_\_\_ The State ensures adequate **geographic distribution** of PCCMs. Please describe the State's standard.

f. \_\_\_ **PCP:Enrollee Ratio.** The State establishes standards for PCP to enrollee ratios. Please calculate and list below the expected average PCP/Enrollee ratio for each area or county of the program, and then provide a statewide average. Please note any changes that will occur due to the use of physician extenders.

<i>Area(City/County/Region)</i>	<i>PCCM-to-Enrollee Ratio</i>

<i>Statewide Average: (e.g. 1:500 and 1:1,000)</i>	

g. \_\_\_\_ **Other capacity standards** (please describe):

3. **Details for 1915(b)(4) FFS selective contracting programs:** Please describe how the State assures provider capacity has not been negatively impacted by the selective contracting program. Also, please provide a detailed capacity analysis of the number of beds (by type, per facility) – for facility programs, or vehicles (by type, per contractor) – for non-emergency transportation programs, needed per location to assure sufficient capacity under the waiver program. This analysis should consider increased enrollment and/or utilization expected under the waiver.

## C. Coordination and Continuity of Care Standards

### 1. Assurances For MCO, PIHP, or PAHP programs.

The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.208 Coordination and Continuity of Care, in so far as these regulations are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.208 Coordination and Continuity of Care. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

A contract amendment will be submitted to the vendor to continue the program through the end of the waiver (September 30, 2011). The time period to be reflected in the amendment will be July1, 2011 through September 30, 2011. This amendment, once approved by the Department of Human Services, Legal Department will be sent to CMS. There are no other changes to the program in the amendment.

### 2. Details on MCO/PIHP/PAHP enrollees with special health care needs.

The following items are required.

a.  The plan is a PIHP/PAHP, and the State has determined that based on the plan's scope of services, and how the State has organized the delivery system, that the **PIHP/PAHP need not meet the requirements** for additional services for enrollees with special health care needs in 42 CFR 438.208. Please provide justification for this determination.

b.  **Identification.** The State has a mechanism to identify persons with special health care needs to MCOs, PIHPs, and PAHPs, as those persons are defined by the State. Please describe.

The Health Management Program is for beneficiaries with asthma, COPD, CHF and diabetes. The Department provides claims data files to the PAHP for identification of beneficiaries with these conditions. Beneficiaries are identified utilizing program criteria specific to the disease. For example, the claims criteria for congestive heart failure (CHF) is two or more separate service claims in any diagnosis column within a 24 month period exhibiting any combination of ICD-9 diagnosis codes for congestive heart failure (less those identified meeting any of

the listed exclusions) will be eligible to participate in the program. Please see Attachment A for the program criteria.

The initial data transmission to the PAHP included two years of historical claims (for the most recent State fiscal years 2005 and 2006 representing the time frame July 1, 2004-June 30, 2006).

Subsequent data transmissions occur on a monthly basis.

The State will be including beneficiaries with high emergency department utilization. This group will also be identified through the utilization of specific claims criteria. Excluded populations will be removed prior to claims data transfer to vendor.

- c.  **Assessment.** Each MCO/PIHP/PAHP will implement mechanisms, using appropriate health care professionals, to assess each enrollee identified by the State to identify any ongoing special conditions that require a course of treatment or regular care monitoring. Please describe.

The contracted vendor will stratify potential enrollees based on claims data. Potential enrollees will be assigned to a care-manager who may then perform a secondary stratification which includes the completion of health assessments questionnaire, enrollee knowledge surveys and potential other tools the vendor may utilize in order to stratify and identify the health risk of the enrollee and develop a care plan. This assessment process should be repeated every six months and upon hospital discharges.

- d.  **Treatment Plans.** For enrollees with special health care needs who need a course of treatment or regular care monitoring, the State requires the MCO/PIHP/PAHP to produce a treatment plan. If so, the treatment plan meets the following requirements:

1.  Developed by enrollees' primary care provider with enrollee participation, and in consultation with any specialists' care for the enrollee  
The plan of care is developed jointly between the PAHP, the primary care provider, the enrollee, the enrollee's family or caregiver(s) (if applicable), and any specialists or ancillary providers (i.e., nutritionist, pharmacist, etc.) involved in the enrollee's care.

2.  Approved by the MCO/PIHP/PAHP in a timely manner (if approval required by plan)

3.  In accord with any applicable State quality assurance and utilization review standards.

The plan of care should be based on evidence-based clinical practice guidelines specific to each condition.

- e.  **Direct access to specialists.** If treatment plan or regular care monitoring is in place, the MCO/PIHP/PAHP has a mechanism in place to allow enrollees to

directly access specialists as appropriate for enrollee's condition and identified needs.

3. **Details for PCCM program.** The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the strategies the State uses assure coordination and continuity of care for PCCM enrollees.

- a. \_\_\_ Each enrollee selects or is assigned to a **primary care provider** appropriate to the enrollee's needs.
- b. \_\_\_ Each enrollee selects or is assigned to a **designated health care practitioner** who is primarily responsible for coordinating the enrollee's overall health care.
- c. \_\_\_ Each enrollee is receives **health education/promotion** information. Please explain.
- d. \_\_\_ Each provider maintains, for Medicaid enrollees, **health records** that meet the requirements established by the State, taking into account professional standards.
- e. \_\_\_ There is appropriate and confidential **exchange of information** among providers.
- f. \_\_\_ Enrollees receive information about specific health conditions that require **follow-up** and, if appropriate, are given training in self-care.
- g. \_\_\_ Primary care case managers **address barriers** that hinder enrollee compliance with prescribed treatments or regimens, including the use of traditional and/or complementary medicine.
- h. \_\_\_ **Additional case management** is provided (please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case manager's files).
- i. \_\_\_ **Referrals:** Please explain in detail the process for a patient referral. In the description, please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers' files.

4. **Details for 1915(b)(4) only programs:** If applicable, please describe how the State assures that continuity and coordination of care are not negatively impacted by the selective contracting program.

The PAHP provides enrollees with case management, care planning, health education, monitoring, care coordination and continuous access to a telephone health information line for consultation related to their chronic condition. These services are provided by licensed nurses within the state and in coordination with the enrollee's primary care physician. If an enrollee does not have a primary care provider, the care managers will assist in the location of a primary care provider which will meet the needs of the enrollee. The PAHP contract exists to assure

continuity and coordination of care enrollees receive related to their chronic conditions and to improve enrollees' self-management of their condition(s). Enrollees are free to disenroll at any time if they are dissatisfied or do not want the services offered through the PAHP.

# Section A: Program Description

## Part III: Quality

### 1. Assurances for MCO or PIHP programs.

\_\_\_ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242 in so far as these regulations are applicable.

\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

\_\_\_ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

\_\_\_ Section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202 requires that each State Medicaid agency that contracts with MCOs and PIHPs submit to CMS a written strategy for assessing and improving the quality of managed care services offered by all MCOs and PIHPs. The State assures CMS that this **quality strategy** was initially submitted to the CMS Regional Office on \_\_\_\_\_.

\_\_\_ The State assures CMS that it complies with section 1932(c)(2) of the Act and 42 CFR 438 Subpart E, to arrange for an annual, independent, **external quality review** of the outcomes and timeliness of, and access to the services delivered under each MCO/ PIHP contract. Note: EQR for PIHPs is required beginning March 2004. Please provide the information below (modify chart as necessary):

Program	Name of Organization	Activities Conducted		
		EQR study	Mandatory Activities	Optional Activities
MCO				
PIHP				

2. **Assurances For PAHP program.**

The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, in so far as these regulations are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

The CMS Regional Office has reviewed and approved the PAHP contracts for compliance with the provisions of section 1932(c) (1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

3. **Details for PCCM program.** The State must assure that Waiver Program enrollees have access to medically necessary services of adequate quality. Please note below the strategies the State uses to assure quality of care in the PCCM program.

a.  The State has developed a set of overall quality **improvement guidelines** for its PCCM program. Please attach.

b.  **State Intervention:** If a problem is identified regarding the quality of services received, the State will intervene as indicated below. Please check which methods the State will use to address any suspected or identified problems.

1.  Provide education and informal mailings to beneficiaries and PCCMs;

2.  Initiate telephone and/or mail inquiries and follow-up;

3.  Request PCCM's response to identified problems;

4.  Refer to program staff for further investigation;

5.  Send warning letters to PCCMs;

6.  Refer to State's medical staff for investigation;

7.  Institute corrective action plans and follow-up;

8.  Change an enrollee's PCCM;

- 9. \_\_\_ Institute a restriction on the types of enrollees;
- 10. \_\_\_ Further limit the number of assignments;
- 11. \_\_\_ Ban new assignments;
- 12. \_\_\_ Transfer some or all assignments to different PCCMs;
- 13. \_\_\_ Suspend or terminate PCCM agreement;
- 14. \_\_\_ Suspend or terminate as Medicaid providers; and
- 15. \_\_\_ Other (explain):

c. \_\_\_ **Selection and Retention of Providers:** This section provides the State the opportunity to describe any requirements, policies or procedures it has in place to allow for the review and documentation of qualifications and other relevant information pertaining to a provider who seeks a contract with the State or PCCM administrator as a PCCM. This section is required if the State has applied for a 1915(b)(4) waiver that will be applicable to the PCCM program.

Please check any processes or procedures listed below that the State uses in the process of selecting and retaining PCCMs. The State (please check all that apply):

- 1. \_\_\_ Has a documented process for selection and retention of PCCMs (please submit a copy of that documentation).
- 2. \_\_\_ Has an initial credentialing process for PCCMs that is based on a written application and site visits as appropriate, as well as primary source verification of licensure, disciplinary status, and eligibility for payment under Medicaid.
- 3. \_\_\_ Has a recredentialing process for PCCMs that is accomplished within the time frame set by the State and through a process that updates information obtained through the following (check all that apply):
  - A. \_\_\_ Initial credentialing
  - B. \_\_\_ Performance measures, including those obtained through the following (check all that apply):
    - \_\_\_ The utilization management system.
    - \_\_\_ The complaint and appeals system.
    - \_\_\_ Enrollee surveys.
    - \_\_\_ Other (Please describe).

4. \_\_\_ Uses formal selection and retention criteria that do not discriminate against particular providers such as those who serve high risk populations or specialize in conditions that require costly treatment.
5. \_\_\_ Has an initial and recredentialing process for PCCMs other than individual practitioners (e.g., rural health clinics, federally qualified health centers) to ensure that they are and remain in compliance with any Federal or State requirements (e.g., licensure).
6. \_\_\_ Notifies licensing and/or disciplinary bodies or other appropriate authorities when suspensions or terminations of PCCMs take place because of quality deficiencies.
7. \_\_\_ Other (please describe).

d. \_\_\_ **Other quality standards** (please describe):

4. **Details for 1915(b)(4) only programs:** Please describe how the State assures quality in the services that are covered by the selective contracting program. Please describe the provider selection process, including the criteria used to select the providers under the waiver. These include quality and performance standards that the providers must meet. Please also describe how each criteria is weighted:

The PAHP was and will be selected through a competitive procurement process. Potential contractors are/were required to submit proposals that were responsive to criteria specified in the Department's Request for Proposal (RFP). A team of Department staff used a point system to evaluate proposals and the proposal receiving the high score was selected. Below are the criteria and point system used for the procurement.

- (1) Understanding of the Project (5 Points) – Provide information specific to the deliverables, timelines and terms and conditions of the contract and identified issues and solutions to meeting these requirements.
- (2) Program Scope (50 Points) – Define the approach to development, implementation and maintenance of the Health Management Program including marketing, enrollment/disenrollment, computer information systems, etc.
- (3) Program Administration (25 Points) – Provide information specific to the staff assigned to carry out all administrative and direct services.
- (4) Experience and Qualifications (15 Points) – Provide information related to the experience and qualifications of the organization and staff.
- (5) Contract Cost (5 Points) – Provide the estimated cost for two years of the program.

The contracted vendor must appoint a quality assurance officer whom has experience in medical compliance and quality assurance programs. This person will be responsible for reporting on a monthly basis to the State any quality assurance problems or concerns, any improvement activities, and changes to policies.

The Department will review the monthly, quarterly and annual reports submitted by the vendor for inaccuracies, deviations, and potential problems. The Department will also review the results

of recipient and provider surveys, claims and utilization data and comparisons; review and require qualified staff are providing care management services, and training program for staff members.

## Section A: Program Description

### Part IV: Program Operations

#### A. Marketing

**Marketing** includes indirect MCO/PIHP/PAHP or PCCM administrator marketing (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general) and direct MCO/PIHP/PAHP or PCCM marketing (e.g., direct mail to Medicaid beneficiaries).

##### 1. Assurances

The State assures CMS that it complies with section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities; in so far as these regulations are applicable.

\_\_\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

\_\_\_\_\_ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

##### 2. Details

###### a. **Scope of Marketing**

1. \_\_\_\_\_ The State does not permit direct or indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers .

2. \_\_\_\_\_ The State permits indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general). Please list types of indirect marketing permitted.

3.  The State permits direct marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., direct mail to Medicaid beneficiaries). Please list types of direct marketing permitted. The Department permits direct mail to potential enrollees providing them information regarding the program.

**b. Description.** Please describe the State's procedures regarding direct and indirect marketing by answering the following questions, if applicable.

1. \_\_\_ The State prohibits or limits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers from offering gifts or other incentives to potential enrollees. Please explain any limitation or prohibition and how the State monitors this.
2. \_\_\_ The State permits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers to pay their marketing representatives based on the number of new Medicaid enrollees he/she recruited into the plan. Please explain how the State monitors marketing to ensure it is not coercive or fraudulent:
3. \_\_\_ The State requires MCO/PIHP/PAHP/PCCM/selective contracting FFS providers to translate marketing materials into the languages listed below (If the State does not translate or require the translation of marketing materials, please explain):

The State has chosen these languages because (check any that apply):

- i. \_\_\_ The languages comprise all prevalent languages in the service area. Please describe the methodology for determining prevalent languages.
- ii. \_\_\_ The languages comprise all languages in the service area spoken by approximately \_\_\_ percent or more of the population.
- iii. \_\_\_ Other (please explain):

## B. Information to Potential Enrollees and Enrollees

### 1. Assurances.

The State assures CMS that it complies with Federal Regulations found at section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements; in so far as these regulations are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

### 2. Details.

#### a. **Non-English Languages**

Potential enrollee and enrollee materials will be translated into the **prevalent non-English languages** listed below (If the State does not require written materials to be translated, please explain):

The State defines prevalent non-English languages as: (check any that apply):

1.  The languages spoken by significant number of potential enrollees and enrollees. Please explain how the State defines "significant."

2.  The languages spoken by approximately  percent or more of the potential enrollee/ enrollee population.

3.  Other (please explain)

The contracted vendor shall ensure that communication and language needs are addressed. This applies to all non-English speaking Eligibles, Enrollees and Participants and is not limited to prevalent languages. The contractor will also maintain a TDD/TTY toll-free number for the hearing impaired as well as language interpretation services. The vendor may work with the

local County Social Service offices to coordinate efforts as well as Lutheran Social Services and other State funded agencies.

Please describe how **oral translation** services are available to all potential enrollees and enrollees, regardless of language spoken  
The current vendor has a contract with a medical language line for interpretation services in 150 languages. For face-to-face visits with members, the PAHP Nurses will coordinate for Interpreter services using local resources available through the Regional Human Service Centers, Lutheran Social Services or other agencies with translation services available.  
The State will ensure in the Request for Proposal the new vendor will also provide resources and communication/interpreter services as indicated above.

The State will have a **mechanism** in place to help enrollees and potential enrollees understand the managed care program. Please describe.  
The process for providing enrollees with information about the PAHP is described in the Section A, Part IV. C. Enrollment and Disenrollment;  
(2) Details; Outreach and (c) Enrollment and Disenrollment (pages 38 and 39).  
For non-English speaking enrollees, the mechanism described in the prior paragraph for oral translation will be used.

**b. Potential Enrollee Information**

Information is distributed to potential enrollees by:

State

contractor (please specify):

The contracted vendor will send information regarding the program both on behalf of the State and the Vendor explaining the program.

There are no potential enrollees in this program. (Check this if State automatically enrolls beneficiaries into a single PIHP or PAHP)

**c. Enrollee Information**

The State has designated the following as responsible for providing required information to enrollees:

(i)  the State

(ii)  State contractor (please specify): \_\_\_\_\_

(ii)  the MCO/PIHP/PAHP/PCCM/FFS selective contracting provider

## C. Enrollment and Disenrollment

### 1. Assurances.

The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any. (Please check this item if the State has requested a waiver of the choice of plan requirements in section A.I.C)

The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

2. Details. Please describe the State's enrollment process for MCOs/PIHPs/PAHP/PCCMs and FFS selective contracting provider by checking the applicable items below.

a.  **Outreach.** The State conducts outreach to inform potential enrollees, providers, and other interested parties of the managed care program. Please describe the outreach process, and specify any special efforts made to reach and provide information to special populations included in the waiver program:

The PAHP contracted vendor will be responsible for developing a process for outreach and education of potential enrollees who are appropriate candidates for the program.

This process will also include providers, local State agencies, county social services, and other interested and/or associated parties of the Health Management program.

Once the potential enrollees are identified through both a mechanism by the State data transfer and the vendor; the potential enrollees will be sent a letter of introduction to the program. This letter will be from the Department; however the vendor will be responsible for sending this letter. The vendor will then send a follow up letter(s) and information regarding the program which will include enrollment information, program information and the benefits of the program. Once information is sent, care-managers will attempt follow up through telephone calls, and/or face to face meetings.

The vendor will also be responsible for provider outreach and any other outreach in which interrelates with enrollees of this program. Outreach may be in the form of letters, programmatic information mailings, face to face contact, webinars, website and others.

**b. Administration of Enrollment Process.**

- State staff conducts the enrollment process.
- The State contracts with an independent contractor(s) (i.e., enrollment broker) to conduct the enrollment process and related activities.
  - The State assures CMS the enrollment broker contract meets the independence and freedom from conflict of interest requirements in section 1903(b) of the Act and 42 CFR 438.810.

Broker name: \_\_\_\_\_

Please list the functions that the contractor will perform:

- choice counseling
- enrollment
- other (please describe):

- State allows MCO/PIHP/PAHP or PCCM to enroll beneficiaries. Please describe the process.

The PAHP will send the potential enrollee information regarding the program and the benefits of enrolling. The PAHP will attempt to make contact with enrollee via direct mail and telephone within an initial 60 day "enrollment" period. If the enrollee does not actively enroll, the potential enrollee will be removed from the list for the program. However, if the enrollee chooses to enroll at a later date and the enrollee still meets the criteria of the program the potential enrollee may enroll.

**c. Enrollment.** The State has indicated which populations are mandatorily enrolled and which may enroll on a voluntary basis in Section A.I.E.

- This is a **new** program. Please describe the **implementation schedule** (e.g. implemented statewide all at once; phased in by area; phased in by population, etc.):
- This is an existing program that will be **expanded** during the renewal period. Please describe the **implementation schedule** (e.g. new population implemented statewide all at once; phased in by area; phased in by population, etc.):

The program will include high emergency department (ED) utilizers. This will be along with the current population served of those with asthma, diabetes, CHF, or COPD. The emergency department utilizers will be analyzed and served with the new contracted vendor upon completion of the procurement process and approval of renewal waiver (10-1-2011).

\_\_\_ If a potential enrollee **does not select** an MCO/PIHP/PAHP or PCCM within the given time frame, the potential enrollee will be **auto-assigned** or default assigned to a plan.

- i. \_\_\_ Potential enrollees will have \_\_\_ days/month(s) to choose a plan.
- ii. \_\_\_ Please describe the auto-assignment process and/or algorithm. In the description please indicate the factors considered and whether or not the auto-assignment process assigns persons with special health care needs to an MCO/PIHP/PAHP/PCCM who is their current provider or who is capable of serving their particular needs.

X The State **automatically enrolls** beneficiaries  
\_\_\_ on a mandatory basis into a single MCO, PIHP, or PAHP in a rural area (please also check item A.I.C.3)

\_\_\_ on a mandatory basis into a single PIHP or PAHP for which it has requested a waiver of the requirement of choice of plans (please also check item A.I.C.1)

X on a voluntary basis into a single MCO, PIHP, or PAHP. The State must first offer the beneficiary a choice. If the beneficiary does not choose, the State may enroll the beneficiary as long as the beneficiary can opt out at any time without cause. Please specify geographic areas where this occurs: Statewide

\_\_\_ The State provides **guaranteed eligibility** of \_\_\_ months (maximum of 6 months permitted) for MCO/PCCM enrollees under the State plan.

\_\_\_ The State allows otherwise mandated beneficiaries to request **exemption** from enrollment in an MCO/PIHP/PAHP/PCCM. Please describe the circumstances under which a beneficiary would be eligible for exemption from enrollment. In addition, please describe the exemption process:

X The State **automatically re-enrolls** a beneficiary with the same PCCM or MCO/PIHP/PAHP if there is a loss of Medicaid eligibility of 2 months or less.

**d. Disenrollment:**

X The State allows enrollees to **disenroll** from/transfer between MCOs/PIHPs/PAHPs and PCCMs. Regardless of whether plan or State makes the determination, determination must be made no later than the first day of the second month following the month in which the enrollee or plan files the request. If determination is not made within this time frame, the request is deemed approved.

i. \_\_\_ Enrollee submits request to State.

ii. X Enrollee submits request to MCO/PIHP/PAHP/PCCM. The entity may approve the request, or refer it to the State. The entity may not disapprove the request.

iii. \_\_\_ Enrollee must seek redress through MCO/PIHP/PAHP/PCCM grievance procedure before determination will be made on disenrollment request.

\_\_\_ The State **does not permit disenrollment** from a single PIHP/PAHP (authority under 1902 (a)(4) authority must be requested), or from an MCO, PIHP, or PAHP in a rural area.

\_\_\_ The State has a **lock-in** period (i.e. requires continuous enrollment with MCO/PIHP/PAHP/PCCM) of \_\_\_ months (up to 12 months permitted). If so, the State assures it meets the requirements of 42 CFR 438.56(c). Please describe the good cause reasons for which an enrollee may request disenrollment during the lock-in period (in addition to required good cause reasons of poor quality of care, lack of access to covered services, and lack of access to providers experienced in dealing with enrollee's health care needs):

X The State **does not have a lock-in**, and enrollees in MCOs/PIHPs/PAHPs and PCCMs are allowed to terminate or change their enrollment without cause at any time. The disenrollment/transfer is effective no later than the first day of the second month following the request. There is no lock-in with PAHP's Health Management Program.

X The State permits **MCOs/PIHPs/PAHPs and PCCMs to request disenrollment** of enrollees. Please check items below that apply:

i. X MCO/PIHP/PAHP and PCCM can request reassignment of an enrollee for the following reasons: The PAHP may request disenrollment when an enroll displays unacceptable behavior or physical/verbal abuse toward the PAHP staff. The PAHP will take steps to intervene and will disenroll the enrollee only if the interventions failed.

ii. X The State reviews and approves all MCO/PIHP/PAHP/PCCM-initiated requests for enrollee transfers or disenrollments.

iii. \_\_\_ If the reassignment is approved, the State notifies the enrollee in a direct and timely manner of the desire of the MCO/PIHP/PAHP/PCCM to remove the enrollee from its membership or from the PCCM's caseload.

iv. \_\_\_ The enrollee remains an enrollee of the MCO/PIHP/PAHP/PCCM until another MCO/PIHP/PAHP/PCCM is chosen or assigned.

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## **D. Enrollee rights.**

### **1. Assurances.**

X The State assures CMS that it complies with section 1932(a)(5)(B)(ii) of the Act and 42 CFR 438 Subpart C Enrollee Rights and Protections.

\_\_\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5)(B)(ii) of the Act and 42 CFR Subpart C Enrollee Rights and Protections. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

\_\_\_\_\_ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

X The State assures CMS it will satisfy all HIPAA Privacy standards as contained in the HIPAA rules found at 45 CFR Parts 160 and 164.

## E. Grievance System

1. **Assurances for All Programs.** States, MCOs, PIHPs, PAHPs, and States in PCCM and FFS selective contracting programs are required to provide Medicaid enrollees with access to the State fair hearing process as required under 42 CFR 431 Subpart E, including:

- a. informing Medicaid enrollees about their fair hearing rights in a manner that assures notice at the time of an action,
- b. ensuring that enrollees may request continuation of benefits during a course of treatment during an appeal or reinstatement of services if State takes action without the advance notice and as required in accordance with State Policy consistent with fair hearings. The State must also inform enrollees of the procedures by which benefits can be continued for reinstated, and
- c. other requirements for fair hearings found in 42 CFR 431, Subpart E.

X The State assures CMS that it complies with Federal Regulations found at 42 CFR 431 Subpart E.

2. **Assurances For MCO or PIHP programs.** MCOs/PIHPs are required to have an internal grievance system that allows an enrollee or a provider on behalf of an enrollee to challenge the denial of coverage of, or payment for services as required by section 1932(b)(4) of the Act and 42 CFR 438 Subpart H.

\_\_\_ The State assures CMS that it complies with section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System, in so far as these regulations are applicable.

\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

\_\_\_ The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

3. **Details for MCO or PIHP programs.**

a. **Direct access to fair hearing.**

\_\_\_ The State **requires** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

\_\_\_ The State **does not require** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

**b. Timeframes**

\_\_\_ The State's timeframe within which an enrollee, or provider on behalf of an enrollee, must file an **appeal** is \_\_\_ days (between 20 and 90).

\_\_\_ The State's timeframe within which an enrollee must file a **grievance** is \_\_\_ days.

**c. Special Needs**

\_\_\_ The State has special processes in place for persons with special needs. Please describe.

4. **Optional grievance systems for PCCM and PAHP programs**. States, at their option, may operate a PCCM and/or PAHP grievance procedure (distinct from the fair hearing process) administered by the State agency or the PCCM and/or PAHP that provides for prompt resolution of issues. These grievance procedures are strictly voluntary and may not interfere with a PCCM, or PAHP enrollee's freedom to make a request for a fair hearing or a PCCM or PAHP enrollee's direct access to a fair hearing in instances involving terminations, reductions, and suspensions of already authorized Medicaid covered services.

X The State has a grievance procedure for its \_\_\_ PCCM and/or X PAHP program characterized by the following (please check any of the following optional procedures that apply to the optional PCCM/PAHP grievance procedure):

- X The grievance procedure is operated by:
  - \_\_\_ the State
  - \_\_\_ the State's contractor. Please identify: \_\_\_\_\_
  - \_\_\_ the PCCM
  - X the PAHP.

X Please describe the types of requests for review that can be made in the PCCM and/or PAHP grievance system (e.g. grievance, appeals)  
The PAHP will provide a grievance system which addresses complaints and/or grievances from both enrollees and providers. The PAHP will have a Complaint/Grievance policy which will be reviewed and approved by the Department. The policy will include a step by step process of filing a verbal or written complaint, acknowledgement of the complaint/grievance, and follow up and response. The policy will also delineate a time frame from which the complaint/grievance is received to the provided response. This time frame must be acceptable to the Department. The complaints/grievances will be tracked via a Quality Assurance Committee and reported to the State on a monthly basis. Complaints and Grievances should be used for Quality Improvement studies within the Quality Assurance Committee. Enrollees who are dissatisfied with the outcome of a complaint may file a grievance with the PAHP and has a right to appeal to the State Medicaid Agency, including an appeal for a fair hearing, upon completion of receiving notice from the PAHP.

Information sent to the potential enrollee will include information on how to access/file a complaint or grievance. Potential enrollees and enrollees will also have the ability to file a grievance directly with the State. The PAHP will be responsible to send both Enrollees and providers the grievance policy on an annual basis.

X Has a committee or staff who review and resolve requests for review. Please describe if the State has any specific committee or staff composition or if this is a fiscal agent, enrollment broker, or PCCM administrator function. Complaints/Grievances will be tracked by the PAHP's Quality Assurance Administrator/Committee. The information will be forwarded to the Department via a monthly report which will include the basis of the complaint, resolution, time-frame, and any programmatic changes (with Department approval) based on the complaint/grievance. In addition, any patterns and or trends will be reviewed for possible Quality Assurance studies and program revisions.

\_\_\_ Specifies a time frame from the date of action for the enrollee to file a request for review, which is: \_\_\_ (please specify for each type of request for review)

X Has time frames for resolving requests for review. Specify the time period set: \_\_\_30 days\_\_\_ (please specify for each type of request for review)

X Establishes and maintains an expedited review process for the following reasons:\_\_\_\_\_. Specify the time frame set by the State for this process\_\_\_\_\_. An expedited grievance review process/policy must be submitted by the contracted vendor and approved by the Department. Situations which may fall under an expedited review would be those that would cause delayed medical care to the enrollee. For example, an enrollee contacts the Nurse Telephone Health Information Line and is asked to "leave a message", thus delaying care should the need be to seek medical attention at an emergent or urgent level. These grievances must be responded to within 48 hours by the contracted vendor and the State must be notified within the following business day. An expedited grievance procedure will be included in the complain/grievance policy sent to enrollees and providers.

X Permits enrollees to appear before State PCCM/ PAHP personnel responsible for resolving the request for review.

X Notifies the enrollee in writing of the decision and any further opportunities for additional review, as well as the procedures available to challenge the decision.

\_\_\_ Other (please explain):

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## F. Program Integrity

### 1. Assurances.

X The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.610 Prohibited Affiliations with Individuals Barred by Federal Agencies. The State assures that it prohibits an MCO, PCCM, PIHP, or PAHP from knowingly having a relationship listed below with:

- (1) An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in nonprocurement activities under regulations issued under Executive Order No. 12549 or under guidelines implementing Executive Order No. 12549, or
- (2) An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described above.

The prohibited relationships are:

- (1) A director, officer, or partner of the MCO, PCCM, PIHP, or PAHP;
- (2) A person with beneficial ownership of five percent or more of the MCO's, PCCM's, PIHP's, or PAHP's equity;
- (3) A person with an employment, consulting or other arrangement with the MCO, PCCM, PIHP, or PAHP for the provision of items and services that are significant and material to the MCO's, PCCM's, PIHP's, or PAHP's obligations under its contract with the State.

X The State assures that it complies with section 1902(p)(2) and 42 CFR 431.55, which require section 1915(b) waiver programs to exclude entities that:

- 1) Could be excluded under section 1128(b)(8) of the Act as being controlled by a sanctioned individual;
- 2) Has a substantial contractual relationship (direct or indirect) with an individual convicted of certain crimes described in section 1128(b)(8)(B) of the Act;
- 3) Employs or contracts directly or indirectly with an individual or entity that is
  - a. precluded from furnishing health care, utilization review, medical social services, or administrative services pursuant to section 1128 or 1128A of the Act, or
  - b. could be excluded under 1128(b)(8) as being controlled by a sanctioned individual.

### 2. Assurances For MCO or PIHP programs

\_\_\_ The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.608 Program Integrity Requirements, in so far as these regulations are applicable.

\_\_\_ State payments to an MCO or PIHP are based on data submitted by the MCO or PIHP. If so, the State assures CMS that it is in compliance with 42 CFR 438.604 Data that must be Certified, and 42 CFR 438.606 Source, Content, Timing of Certification.

\_\_\_\_\_ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any.

\_\_\_\_\_ The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(d)(1) of the Act and 42 CFR 438.604 Data that must be Certified; 438.606 Source, Content , Timing of Certification; and 438.608 Program Integrity Requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

## Section B: Monitoring Plan

Per section 1915(b) of the Act and 42 CFR 431.55, states must assure that 1915(b) waiver programs do not substantially impair access to services of adequate quality where medically necessary. To assure this, states must actively monitor the major components of their waiver program described in Part I of the waiver preprint:

Program Impact	(Choice, Marketing, Enrollment/Disenrollment, Program Integrity, Information to Beneficiaries, Grievance Systems)
Access	(Timely Access, PCP/Specialist Capacity, Coordination and Continuity of Care)
Quality	(Coverage and Authorization, Provider Selection, Quality of Care)

For each of the programs authorized under this waiver, this Part identifies how the state will monitor the major areas within Program Impact, Access, and Quality. It acknowledges that a given monitoring activity may yield information about more than one component of the program. For instance, consumer surveys may provide data about timely access to services as well as measure ease of understanding of required enrollee information. As a result, this Part of the waiver preprint is arranged in two sections. The first is a chart that summarizes the activities used to monitor the major areas of the waiver. The second is a detailed description of each activity.

MCO and PIHP programs. The Medicaid Managed Care Regulations in 42 CFR Part 438 put forth clear expectations on how access and quality must be assured in capitated programs. Subpart D of the regulation lays out requirements for MCOs and PIHPs, and stipulates they be included in the contract between the state and plan. However, the regulations also make clear that the State itself must actively oversee and ensure plans comply with contract and regulatory requirements (see 42 CFR 438.66, 438.202, and 438.726). The state must have a quality strategy in which certain monitoring activities are required: network adequacy assurances, performance measures, review of MCO/PIHP QAPI programs, and annual external quality review. States may also identify additional monitoring activities they deem most appropriate for their programs.

For MCO and PIHP programs, a state must check the applicable monitoring activities in Section II below, but may attach and reference sections of their quality strategy to provide details. If the quality strategy does not provide the level of detail required below, (e.g. frequency of monitoring or responsible personnel), the state may still attach the quality strategy, but must supplement it to be sure all the required detail is provided.

PAHP programs. The Medicaid Managed Care regulations in 42 CFR 438 require the state to establish certain access and quality standards for PAHP programs, including plan assurances on network adequacy. States are not required to have a written quality strategy for PAHP programs. However, states must still actively oversee and monitor PAHP programs (see 42 CFR 438.66 and 438.202(c)).

PCCM programs. The Medicaid Managed Care regulations in 42 CFR Part 438 establishes certain beneficiary protections for PCCM programs that correspond to the waiver areas under “Program Impact.” However, generally the regulations do not stipulate access or quality standards for PCCM programs. State must assure access and quality in PCCM waiver programs, but have the flexibility to determine how to do so and which monitoring activities to use.

1915(b)(4) FFS Selective Contracting Programs: The Medicaid Managed Care Regulations do not govern fee-for-service contracts with providers. States are still required to ensure that selective contracting programs do not substantially impair access to services of adequate quality where medically necessary.

## **I. Summary Chart of Monitoring Activities**

Please use the chart on the next page to summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a “big picture” of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- **MCO, PIHP, and PAHP** programs -- there must be at least one checkmark in each column.
- **PCCM and FFS selective contracting** programs – there must be at least one checkmark in each sub-column under “Evaluation of Program Impact.” There must be at least one check mark in one of the three sub-columns under “Evaluation of Access.” There must be at least one check mark in one of the three sub-columns under “Evaluation of Quality.”
- **If this waiver authorizes multiple programs**, the state may use a single chart for all programs or replicate the chart and fill out a separate one for each program. If using one chart for multiple programs, the state should enter the program acronyms (MCO, PIHP, etc.) in the relevant box.

Monitoring Activity	Evaluation of Program Impact						Evaluation of Access			Evaluation of Quality		
	Choice	Marketing	Enroll/Disenroll	Program Integrity	Information to Beneficiaries	Grievance	Timely Access	PCP/Specialist Capacity	Coordination/Continuity	Coverage/Authorization	Provider Selection	Quality of Care
Accreditation for Non-duplication				X								
Accreditation for Participation				X								
Consumer Self-Report data				X								
Data Analysis (non-claims)	X		X			X						X
Enrollee Hotlines							X		X			X
Focused Studies												
Geographic mapping												
Independent Assessment	X	X	X	X	X	X	X	X	X	X	X	X
Measure any Disparities by Racial or Ethnic Groups			X	X								
Network Adequacy Assurance by Plan			X			X						
Ombudsman												

Monitoring Activity	Evaluation of Program Impact					Evaluation of Access			Evaluation of Quality			
	Choice	Marketing	Enroll/Disenroll	Program Integrity	Information to Beneficiaries	Grievance	Timely Access	PCP/Specialist Capacity	Coordination/Continuity	Coverage/Authorization	Provider Selection	Quality of Care
On-Site Review				X								
Performance Improvement Projects												X
Performance Measures				X								
Periodic Comparison of # of Providers												
Profile Utilization by Provider Caseload												
Provider Self-Report Data				X								
Test 24/7 PCP Availability												
Utilization Review												
Other: (describe)												
Prior approval of materials by the State		X		X		X						

Monitoring Activity	Evaluation of Program Impact					Evaluation of Access			Evaluation of Quality			
	Choice	Marketing	Enroll Disenroll	Program Integrity	Information to Beneficiaries	Grievance	Timely Access	PCP/Specialist Capacity	Coordination/Continuity	Coverage/Authorization	Provider Selection	Quality of Care

## II. Details of Monitoring Activities

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

- Applicable programs (if this waiver authorizes more than one type of managed care program)
- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity
- Frequency of use
- How it yields information about the area(s) being monitored

- a.   X   Accreditation for Non-duplication (i.e. if the contractor is accredited by an organization to meet certain access, structure/operation, and/or quality improvement standards, and the state determines that the organization's standards are at least as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)

   NCQA

   JCAHO

   AAAHC

  X   Other (please describe)

The State will recommend the contractor be certified by one or more of the above or URAC.

- b.        Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)

   NCQA

   JCAHO

   AAAHC

   Other (please describe)

- c.   X   Consumer Self-Report data

   CAHPS (please identify which one(s))

  X   State-developed survey and/or PAHP developed survey

   Disenrollment survey

   Consumer/beneficiary focus groups

Enrollee survey is to be completed by the PAHP at a minimum, semi-annually and upon disenrollment of a member (if sooner).

Also, at other intervals as determined by the Department. The consumer self-report provides the Department with information about enrollee satisfaction with the PAHP that are specific to the areas being monitored (program integrity, timely access,

coordination/continuity and quality of care). This survey should also focus on a self improvement/health status indicating prior health status (based on enrollees perception) and after- to show if any improvement has occurred via education, lower ER usage, compliance with medications, etc..)

- d.  X  Data Analysis (non-claims)
- Denials of referral requests
  - X  Disenrollment requests by enrollee
    - X  From plan
    - From PCP within plan
  - X  Grievances and appeals data
  - PCP termination rates and reasons
  - X  Other (please describe)

The PAHP submits data in a (Department approved) format to the Department on a monthly, quarterly, and/or semi-annual basis. This reporting activity allows the Department to review and collect PAHP information related to various areas. See Attachment 1 for a comprehensive overview of the Department's requirements for PAHP reporting.
- e.  X  Enrollee Hotlines operated by State
- The PAHP will be responsible for operating a telephone health information line (THIL). Active enrollees will have access to the THIL which will be staffed by licensed nurses. They will be available to respond to questions and provide guidance specific to the chronic conditions and plan of care, as well as for those that are High ER utilizers managed their illness and direct them to their primary care provider if appropriate. Information provided by the THIL nurses will be based on evidence based clinical practice guidelines. The PAHP will report on the use of the THIL as it relates to timely access, coordination/continuity and quality of care.
- f.   Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained improvement in significant aspects of clinical care and non-clinical service).
- g.   Geographic mapping of provider network
- h.  X  Independent Assessment of program impact, access, quality, and cost-effectiveness (**Required** for first two waiver periods)
- i.  X  Measurement of any disparities by racial or ethnic groups

The PAHP will report on the PAHP's American Indian enrollment/disenrollment by region/county. These activities will monitor American Indian trends within the program in order to provide the PAHP services and meet the needs of the enrollees and providers within the noted areas. Reports (if applicable) will include a section dedicated to the American Indian population within the State.

- j.   X   Network adequacy assurance submitted by plan [**Required** for MCO/PIHP/PAHP]  
The contracted vendor must provide a plan for Statewide services. This will be reviewed during the procurement process and review of proposals. The current vendor has provided information specific to the network of licensed nurses who will provide PAHP services throughout the State.
- k.        Ombudsman
- l.   X   On-site review  
State Medicaid Staff will make an on-site visit to one of the PAHP service sites annually and as needed. The will allow Medicaid staff to assure program integrity by verifying information submitted by the PAHP through reporting requirements.
- m.        Performance Improvement projects [**Required** for MCO/PIHP]  
       Clinical  
       Non-clinical
- n.   X   Performance measures [**Required** for MCO/PIHP]  
Process  
Health status/outcomes  
Access/availability of care  
Use of services/utilization  
Health plan stability/financial/cost of care  
Health plan/provider characteristics  
Beneficiary characteristics  
The State will utilize HEDIS Disease Management performance measures. See Attachment 1 for the HEDIS Disease Management Performance Measures. Along with Enrollee and Provider Surveys, SF-12 Health Survey (or similar Department approved survey).
- o.        Periodic comparison of number and types of Medicaid providers before and after waiver
- p.        Profile utilization by provider caseload (looking for outliers)

- q.  Provider Self-report data  
 Survey of providers  
 Focus groups
- r.  Test 24 hours/7 days a week PCP availability
- s.  Utilization review (e.g. ER, non-authorized specialist requests)  
The PAHP will be required to submit utilization information regarding ER visits, hospital admissions, inpatient days per admission and any other utilization data required by the Department. The Department monitors the reports and uses the information to calculate potential cost savings and overall utilization of services to monitor the overall effects/benefits of the PAHP.
- t.  Other: (please describe)  
All materials sent to enrollees, providers and others in relation to the Health Management program must have Department approval.

## Section C: Monitoring Results

Section 1915(b) of the Act and 42 CFR 431.55 require that the State must document and maintain data regarding the effect of the waiver on the accessibility and quality of services as well as the anticipated impact of the project on the State's Medicaid program. In Section B of this waiver preprint, the State describes how it will assure these requirements are met. For an initial waiver request, the State provides assurance in this Section C that it will report on the results of its monitoring plan when it submits its waiver renewal request. For a renewal request, the State provides evidence that waiver requirements were met for the most recent waiver period. Please use Section D to provide evidence of cost-effectiveness.

CMS uses a multi-pronged effort to monitor waiver programs, including rate and contract review, site visits, reviews of External Quality Review reports on MCOs/PIHPs, and reviews of Independent Assessments. CMS will use the results of these activities and reports along with this Section to evaluate whether the Program Impact, Access, and Quality requirements of the waiver were met.

This is an initial waiver request. The State assures that it will conduct the monitoring activities described in Section B, and will provide the results in Section C of its waiver renewal request.

This is a renewal request.

This is the first time the State is using this waiver format to renew an existing waiver. The State provides below the results of the monitoring activities conducted during the previous waiver period.

The State has used this format previously, and provides below the results of monitoring activities conducted during the previous waiver.

For each of the monitoring activities checked in Section B of the previous waiver request, the State should:

- **Confirm** it was conducted as described in Section B of the previous waiver preprint. If it was not done as described, please explain why.
- **Summarize the results** or findings of each activity. CMS may request detailed results as appropriate.
- **Identify problems** found, if any.
- **Describe plan/provider-level corrective action**, if any, that was taken. The State need not identify the provider/plan by name, but must provide the rest of the required information.
- **Describe system-level program changes**, if any, made as a result of monitoring findings.

Please replicate the template below for each activity identified in Section B:

I. Strategy: Program Impact (Choice, Marketing, Enroll/Disenroll, Program Integrity, Information to Beneficiaries, Grievance)

Confirmation it was conducted as described:

Yes

No. Please explain:

Summary of results: Choice: Services were provided to Beneficiaries on a statewide basis through the Vendor: US Care Management, under the Health Management program title: Experience HealthND. This was analyzed through the claims and eligibility data provided to the vendor. Recipients whom do not disenroll are automatically enrolled in the program; however they can voluntarily disenroll at any time. Marketing: The State permitted direct mail marketing of the program to potential enrollees. The State pre-approves all marketing materials (letters, brochures, education materials, and information on the website). These materials were for potential enrollees, enrollees and providers and any other interest groups. Enroll/Disenroll: Those that are potential enrollees, actively managed and that have disenrolled are reported to the State on a monthly basis. Reason codes are also provided for those that have disenrolled. The report is further broken down by disease category, co-morbidities, and total number of enrollees with serious mental illness (SMI), total number of American Indian potential enrollees, active enrollees, and number of recipients disenrolled from the program, co-morbidities, and those with SMI. Program Integrity: Program integrity utilized several methods in assuring program accountability. The State reviewed program survey results completed by both recipients and providers and requested follow up investigation to any survey which indicated a negative results or comments and whether any programmatic changes were completed as a result of this. An Independent Assessment (IA) was completed by Thompson Reuters per the Independent Survey Guidelines. An on-site review was completed with a case-manager RN and her supervisor to review the Case Watch system ( a program specific to the vendor's disease management program); to ensure all confidential items are per the guidelines of the vendor (i.e. paper shredded, office door and file cabinet locked when not in use). Identified members were reviewed for appropriate identification by disease per the program requirements. The State is currently reviewing active files for accuracy in reporting (i.e. bed days/1000, ER admission/1000). The State upon the last renewal made corrections the outgoing data extract by removing most of the excluded population. The State also does a 'scrub' in the in-coming data as well to verify Medicaid eligibility a second time before payment. The State then completes a variety of 'tests' to check for duplicates (billed on invoice as both an active and potential member), billed for current dates of services, checks for current Medicaid eligibility. Once this is completed the invoice is adjusted and the vendor is paid. Information to Beneficiaries: All information to beneficiaries is prior-approved by the State. Information is provided by the nurse care managers, telephone health information line, mailings and education materials. The Vendor can accommodate interpretative services if needed. Grievance: Grievances are noted on the monthly reports required. The report describes the complaint/grievance, how this was handled, outcome and any changes to the program as a result of the grievance.

Problems identified: Yes

Corrective action (plan/provider level) Yes-Plan level

Program change (system-wide level) Yes

Problems were identified in the Program Integrity and Grievance areas. Within the program integrity area, as described above, the vendor was identifying enrollees whom were to be excluded from the program. The State noted this and a reconciliation process was initiated. The State began removing excluded populations from the outgoing eligibility files. The State also developed another "check" of Medicaid eligibility status once the files from the vendor are received. We then developed a process to check these files for duplicates and recipients who lost eligibility with the second 'scrub' of incoming data. This change appears to have provided the

state with an accurate listing of enrollees. Through the Independent Assessment it was noted that information regarding the grievance process was not notably relayed to enrollees. The State will work with the vendor to ensure information is available to enrollees in regard to this process.

II. Strategy: Evaluation of Access (Timely Access, PCP/Specialist Capacity, Coordination/Continuity)

Confirmation it was conducted as described:

Yes

No. Please explain:

Summary of results: Timely Access: Timely access involves utilization of the enrollee hotlines (THIL) and contact to nurse care managers. The number and types of both incoming and outgoing calls are recorded within the monthly reports. The information regarding the THIL is included in several letters/mailings to the enrollees. PCP/Specialist Capacity: PCP/Specialist is measured by reporting of recipients referred to PCP/medical home. Those recipients not reporting having a primary care provider were informed of the benefits of choosing one to manage their overall health needs. These referrals are noted in the monthly reporting data. Coordination/Continuity: Coordination and Continuity is measured through recipient and provider program surveys, SF-12 health measurement self assessments, complaints and grievance logs, and program outcomes.

Problems identified: No

Corrective action (plan/provider level) None

Program change (system-wide level) No

III. Strategy: Evaluation of Quality (Coverage/Authorization; Provider Selection; Quality of Care)

Confirmation it was conducted as described:

Yes

No. Please explain

Summary of results: Coverage/Authorization may be defined as eligibility of the Health Management Program and that enrollees received the benefits as outlined within the RFP and submitted proposal. Please refer to Program Integrity section above regarding the eligibility of correct enrollees. The recipient satisfaction surveys and SF-12 Self Assessment survey provides verification of services as well as the on-site visit. Provider Selection: For those recipients receiving care management services for a chronic illness and had not identified a primary care provider were provided assistance in choosing a provider to meet their needs. Assistance may include a list of providers within their area who specialize in chronic illnesses, assistance scheduling appointments, and follow up telephone calls or meetings after appointments with the enrollees. Providers were also sent a Provider Satisfaction Survey regarding the program. On-going Provider education about the benefits of the program is completed by the Nurse Care managers and community resource coordinator (CRC). A website with section dedicated to Providers was also developed. A series of five Provider continuing education sessions were also

completed. Quality of Care: Quality of care is measured by the contractor through URAC accreditation; recipient and provider surveys, recipient SF-12 self assessment tool; data analysis and performance measures – pharmacy costs, inpatient stays, emergency room visits, bed days, and others specific to each condition within the program and measure disparities by racial and /or ethnic groups.

Problems identified: Yes

Corrective action (plan/provider level): None

Program change (system-wide level) To Be Determined – The Provider Survey returned a very small amount of results. The State and Vendor are looking at ways to increase Provider survey responses. The CME's were be uploaded to the Provider Website as well as further education materials. Due to cost and contractual issues with the subcontractor the vendor was unable to complete this task.