

#### **ACUTE PSYCHIATRIC SERVICES INTERIM**

SENATOR JOHN NELSON, CHAIRMAN April 28, 2022

#### **FIELD SERVICES**

Rosalie Etherington, Chief Clinics Officer/NDSH Superintendent



Human Services

Be Legendary.<sup>™</sup>

# AGENDA

- Statewide crisis response overview
- Crisis services at critical access hospitals (CAH)
- SEHSC hospital and residential services and needs

# STATEWIDE CRISIS SERVICES ANY RESIDENT, ANY TIME, ANYWHERE



- Walk-In and/or drop-off services
- 24/7 centralized call center
- Walk-In crisis psychotherapy
- Mobile crisis response
- Crisis stabilization

www.BehavioralHealth.nd.gov/crisis

# WALK-IN / DROP OFF CRISIS SERVICES FACILITIES AVAILABLE 24/7 FOR WALK-IN OR DROP OFF

#### 8 Crisis Stabilization Facilities

- Public access to walk-in or drop off anytime day or night
- Dedicated law enforcement drop off site
- Assessment, crisis intervention, and crisis psychotherapy
- 8 Human Service Centers
  - Public access to walk-in or drop off Monday-Friday
  - Assessment, crisis intervention, and crisis psychotherapy

# 24/7 CENTRALIZED CALL CENTER CRISIS LINE AND MOBILE RESPONSE COORDINATION

- Calls answered by clinically trained specialists
- Crisis intervention and suicide assessment
- Assessment of other risks
- Coordinates mobile response

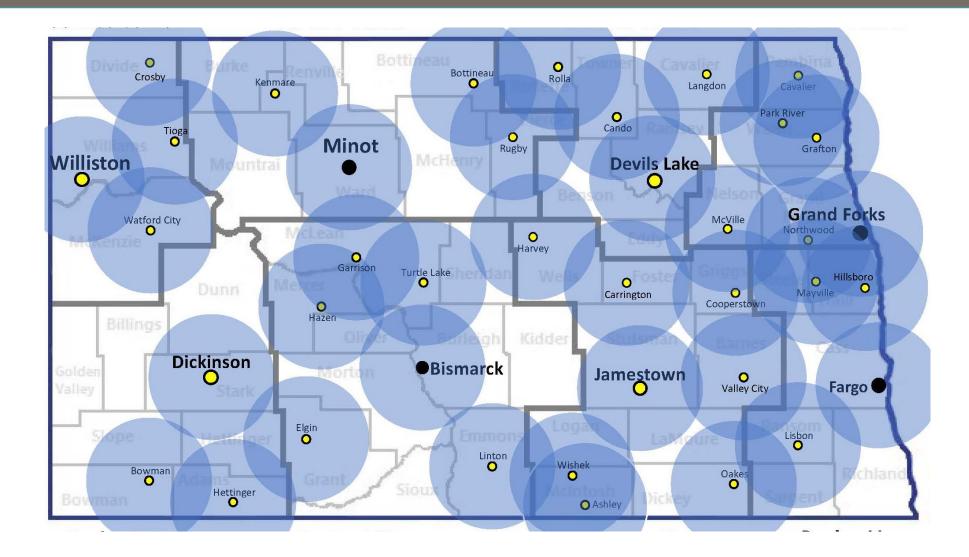
# MOBILE CRISIS RESPONSE IN-PERSON WITHIN 45-MILE RADIUS OF MAJOR CITIES

- 1. Person in crisis calls 211 for help
- 2. If unresolved, 211 activates mobile response
- 3. Mobile clinician provides intervention
- 4. If needed, staff refer to stabilization facility or hospital

### CRISIS RESPONSE IN EMERGENCY DEPARTMENTS TELE-CRISIS RESPONSE EXPANDS RAPID ACCESS TO SERVICE

- 1. Person in crisis, or hospital staff, call 211
- 2. If unresolved, 211 specialist activates mobile response
- 3. Mobile clinician provides in-person or tele-crisis intervention
- 4. If needed, clinician assists in referral to psychiatric hospital

#### STATEWIDE TELE-CRISIS SERVICE ACCESS PARTNERING WITH CRITICAL ACCESS HOSPITALS TO WIDEN REACH



# **CRISIS STABILIZATION FACILITIES** OUTPATIENT AND RESIDENTIAL SERVICE

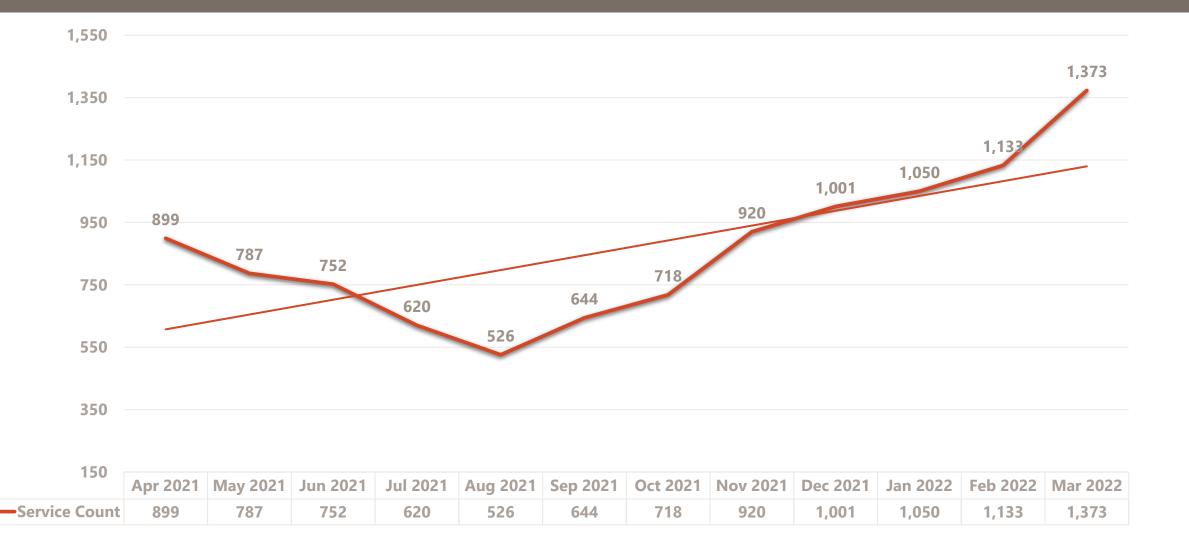
Outpatient assessment, observation, and psychotherapy

- Suicide and other risk assessment
- Crisis intervention
- Observation for safety and stabilization

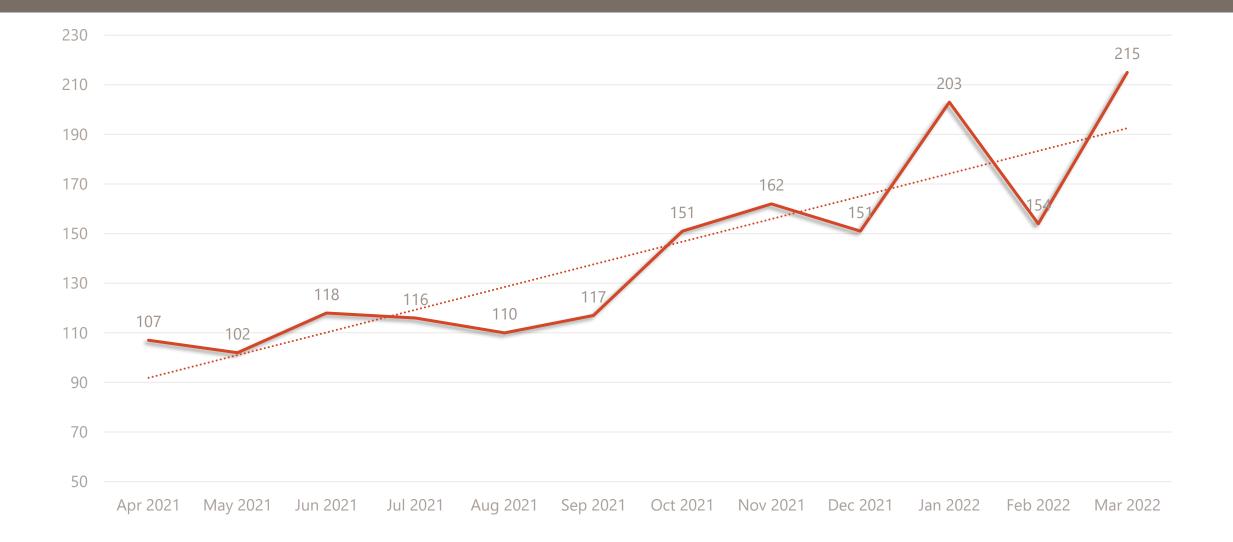
**Residential stabilization** 

- Admit to facility anytime, day or night
- Resident observed for safety and stabilization
- Resident receives crisis psychotherapy

## STATEWIDE CRISIS SERVICES INCREASE 65% 3,137 individuals received 10,423 services in 12-month period



## CRISIS RESPONSE IN ED INCREASES 50% 12-month trend of crisis services to hospital emergency rooms



# \$4.4 M FOR SEHSC HOSPITAL SERVICES

#### Sanford Hospital Psychiatric Unit

- \$190,762 for uninsured recipients
  Prairie St Johns Psychiatric Hospital
  - \$3,001,245 for Medicaid eligible recipients
- Clay County Detox Center
  - \$1,238,799 for North Dakota resident withdrawal management

# SEHSC RESIDENTIAL SERVICES

### **Crisis Stabilization Facility**

- 15 beds
- Crisis observation and stabilization

Transitional living facility for individuals with mental illness

- 8 beds
- Psychiatric rehabilitation

Substance use disorders residential facilities

- 2 facilities, 23 beds
- 3.1 ASAM residential service level

# FARGO AREA SERVICE TRENDS Increased demand for outpatient, crisis, and jail services

- Closure of Drake Counseling Services
- Reduced PSJ SUD residential beds
- Temporary bed reduction at crisis stabilization facility
- Increased volume of walk-in service requests
- Doubling of behavioral health services to jail setting
- 56% increase in crisis services

