

1-877-KIDS-NOW

(1-877-543-7669)

This toll-free resource line helps uninsured families learn about low-cost and free health care coverage programs offered in North Dakota.

Call today to receive more information or to request an application for these health care coverage programs.

- ♥ Medicaid
- ♥ Healthy Steps
- ♥ Caring for Children

To determine if your child may qualify for these programs, please refer to the chart below.

Family Size	*Monthly Net Income	*Yearly Net Income
2	\$2,452 or less	\$29,424 or less
3	\$3,089 or less	\$37,068 or less
4	\$3,725 or less	\$44,700 or less
5	\$4,362 or less	\$52,344 or less

Program Eligibility Guidelines are based on family size, age of family members and household income after taxes and allowable deductions.

*These guidelines are effective through March 2012.

www.ndcaring.org

North Dakota Resources

Health Coverage Programs

Three programs, one toll-free helpline
Call 1-877 KIDS NOW (1-877-543-7669)

- ♥ Medicaid
- ♥ Healthy Steps
- ♥ Caring for Children

Dental Programs

Dental Access Programs 1-701-364-5364

Prescription Programs

Prescription Connection 1-888-575-6611
Familywise 1-800-222-2818

Vision Programs

Vision USA- ND Project 1-701-258-6766
VSP Sight for Students 1-888-290-4964

Mental Health Programs

Mental Health Helpline 1-800-472-2911

Children with Special Needs

Children's Special Health Services 1-800-755-2714
Family Voices 1-888-522-9654

Women's Preventive Care

Women's Way 1-800-44WOMEN
(1-800-449-6636)

Children's Defense Fund

Bridge to Benefits bridgetobenefits.org



**BlueCross
BlueShield**
of North Dakota

An independent licensee of the Blue Cross & Blue Shield Association



Do you **know**
an *uninsured* child?



Free and Low-Cost Health Care

Children

without health care coverage don't always get the medical care they need. Is your child, grandchild, neighbor or student one of thousands of North Dakota's uninsured?

If so, they may be eligible for a health care coverage program offered at no or low-cost.

Medicaid

Medicaid provides comprehensive medical, dental and vision coverage for North Dakota children and adults, and it encourages members to have a primary care provider. Medicaid is administered by your local county social service agency.

You may be eligible if you qualify for other federal assistance programs.

Comprehensive coverage includes:

- Routine and primary medical care
- Inpatient (hospital) care
- Immunizations
- Mental health and substance abuse
- Prescriptions
- Vision care
- Primary and preventive dental care



Healthy Steps (CHIP)

Healthy Steps is a benefit plan for eligible North Dakota children up to 19 years old who do not qualify for Medicaid. The program offers comprehensive medical, dental and vision coverage, and it is administered by the state of North Dakota.

Children with Indian Health Services may participate in Healthy Steps.

Comprehensive coverage includes:

- Routine and primary medical care
- Inpatient (hospital) care
- Immunizations
- Mental health and substance abuse
- Prescriptions
- Vision care
- Primary and preventive dental care including orthodontic dental services



Caring for Children

Caring for Children is a benefit plan for eligible North Dakota children up to age 19 who do not qualify for Medicaid or Healthy Steps and have no other insurance. Benefits include primary and preventive medical and dental care. Caring for Children is a program of the North Dakota Caring Foundation, a non-profit 501(c)(3) foundation established by Blue Cross Blue Shield of North Dakota (BCBSND) in 1989. BCBSND provides Caring for Children administrative services as an in-kind donation.

Primary and preventive care includes:

- Routine and primary medical care
- Limited inpatient (hospital) care
- Immunizations
- Mental health and substance abuse
- Primary and preventive dental care



Have questions?
Want to apply?

Three programs
One toll-free helpline

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