

## Background:

The N.D. Department of Human Services Aging Services Division received federal funds to provide support and services to caregivers in the state. In 2002, each regional Human Service Center was allocated funds to implement the Family Caregiver Support Program statewide. Family Caregiver Support Program coordinators were hired to administer services to caregivers in their regions.

## Program Purpose:

- To provide a system of support services to unpaid caregivers of older adults, as well as grandparents and relative caregivers who are caring for children to help them address caregiver challenges.
- To enable caregivers to continue to provide care in their homes and community for as long as they choose.
- To provide support and services that safeguards the caregiver's own health and emotional well-being.

## Who qualifies for services?

- Individuals who are caring for an adult age 60 or older.
- Grandparents or other relative caregivers who are 55 years of age or older and who are caring for a child age 18 or younger.
- Grandparents or other relative caregivers who are 55 years of age or older caring for an adult child with a disability between age 19 to 59.
- Individuals who are caring for a person with Alzheimer's or a related dementia regardless of their age.

## What services are provided?

- **Information** about local services and supports in the community.
- **Assistance** from a trained caregiver coordinator to help caregivers assess needs and access support services.
- **Counseling, Support Groups and Training** services to meet caregiver individual needs for assistance.

- **Respite Care** for temporary relief to caregivers who provide 24-hour care.
- **Supplemental Services** to assist with the cost of incontinence supplies and assistive devices such as a shower bench or safety rails.

## What is the cost for services?

- Services are provided at **no cost** to qualifying people and are federally-funded under the Older Americans Act.
- Caregivers have the opportunity to contribute toward the cost of services.

## Who is not eligible for services?

- Individuals who are being paid privately to provide care.
- Caregivers or the person receiving the care who participates in other federal, state or county-funded programs.

## How to access program services:

- Contact a human service center to arrange for a personal visit with a Family Caregiver Support Program coordinator.

## For more information:

### N.D. Department of Human Services Aging Services Division

ND Aging and Disability Resource-LINK

1-855-GO2LINK (1-855-462-5465)

ND Relay TTY 1-800-366-6888

E-mail [carechoice@nd.gov](mailto:carechoice@nd.gov)

Website: [www.carechoice.nd.gov](http://www.carechoice.nd.gov)

OR

### A Regional Human Service Center

**Bismarck** 701-328-8888 / 888-328-2662

**Devils Lake** 701-665-2200 / 888-607-8610

**Dickinson** 701-227-7500 / 888-227-7525

**Fargo** 701-298-4500 / 888-342-4900

**Grand Forks** 701-795-3000 / 888-256-6742

**Jamestown** 701-253-6300 / 800-260-1310

**Minot** 701-857-8500 / 888-470-6968

**Williston** 701-774-4600 / 800-231-7724