ND Family Caregiver Support Program

You are not alone. Unpaid caregivers (family members and friends) provide most of the care to older individuals who need help with everyday activities. More older adults are also caring for grand-children, other young relatives, and adult children with disabilities.

Services under the North Dakota Family Caregiver Support Program promote a more positive and successful caregiving experience.

Program Purpose:
- To provide a system of support services to unpaid caregivers to help them address caregiver challenges
- To enable caregivers to provide care in their homes and community for as long as they choose
- To provide support and services that safeguard the caregiver’s own health and emotional well-being

Who is eligible for services?
- Individuals age 18 or older providing 24-hour care to an adult who is 60 years of age or older and who needs assistance with two or more everyday activities or who is not safe to be left alone
- Grandparents and other relative caregivers (other than the parent) age 55 years or older caring for a child age 18 or younger
- Parents or other relative caregivers age 55 and older caring for an adult with a disability between the ages of 19 to 59
- Individuals age 18 or older caring for a person with Alzheimer’s disease or a related dementia regardless of their age

What services are provided?
- Information about local community services and supports
- Assistance from a trained caregiver coordinator to help caregivers assess needs and access support services
- Counseling, Support Groups and Training services to meet caregivers’ individual needs for assistance
- Respite Care for temporary relief to caregivers who provide 24-hour care
- Supplemental Services to assist with the cost of incontinence supplies and assistive devices such as a shower bench or safety rails

What is the cost for services?
- Services are provided at no cost to qualifying people and are federally-funded under the Older Americans Act
- Caregivers have the opportunity to contribute toward the cost of services.

For information contact:
Aging Services Division
N.D. Department of Human Services
ND Aging and Disability Resource-LINK
- 1-855-462-5465
- 711 (TTY)
E-mail carechoice@nd.gov
Website carechoice.nd.assistguide.net

NORTH Dakota Human Services