

# Governor's Committee on Aging Meeting Minutes

April 1, 2011. 10 AM to 3 PM.

## James River Senior Center, Jamestown

### Present:

Lynn Jacobson for Jan Engan – Director of Aging Services, Larry Wagner-Chair, Ray Siver-Vice Chair, Marty Heller-Secretary, Dallas Knudson, Delores Rath

### Presenters/Guests:

Denise Page – Outreach, Laurie McGuire – Director of James River Senior Center, Kerry Larson – Outreach, Bryan Fredrickson – Regional Ombudsman, Phillip Longe – Program Director HCBS Cankdeska Cikana Community College, Chris Burd – Next Steps Project Director.

## AGENDA

1. **Welcome and Introductions** –Larry Wagner. The committee took care of some housekeeping items. Welcome and Introductions with the GCOA committee members and guests.
2. **Minutes** from last meeting – Marty Heller. Ray made a motion to approve the Minutes from the last GCoA meeting in January 2011, Delores second, Motion passed.
3. **Budget items** – Lynn Jacobson
  - **Aging Services Budget** – The Aging Services budget was approved except for the Silver Hair Association. The Guardianship bill (1199) requests have all been approved except for contractor services in the House. They put in another 60K plus the original 40K. Now the bill is in the Senate.
  - **GCoA Budget** – Reviewed the GCoA budget as of February 28<sup>th</sup>, 2011. Balance of \$8641.39.
4. **Legislation** – Lynn Jacobson: We have been following certain bills through the House and Senate. Sometimes it's tough to attend conference committee/ hearing for a bill because the legislator reschedules these items quickly to meet their schedule.
5. **Reports on Regional Educational Forums**
  - **Ray Siver – Region IV Education Forum** is scheduled for May 5<sup>th</sup> at the Tisdale Manor. Topics include: Rural Health & Health Care Reform, Affordable Care Act and HealthCare Fraud, There is No Health without Mental Health, and Diabetes Today.

- **Larry - Region VII Council meeting** is scheduled for May 5<sup>th</sup> at the Bismarck Senior Center. Topics include: Entertainment, Welcome & updates, GCoA committee, Introduction of Jan Engan, Healthy Eye Care, Crimes Against the elderly, Delores - Meeting held 3/31. 85 people attended. Dr Collins, Marilyn Anderson, Delores.
  - **Delores Rath** – Here is a recap of our forum we presented in Carrington on March 31, 2011. This was in collaboration with the Fostering care 4 you committee of Carrington. The speakers were:
    - DR JOHN COLINS PSYCHOLOGIST - LEAVING THE FARM AND OTHER THINGS THAT MESS WITH YOUR MIND”
    - MARILYN ANDERSON LSW “ADVANCE DIRECTIVES”
    - DELORES RATH RN “ VOLUNTARY OMBUDSMAN PROGRAM”
    - SUSAN MORMANN ND DEPT OF HEALTH “STROKE PREVENTION”
    - WE HAD 85 IN ATTENDANCE AND WE HAD EVALUATION SHEETS THERE WERE MANY POSITIVE COMMENTS
  - **Dallas Knudson – Spring Forum** is scheduled for May 17 at the Devils Lake Memorial Building. Topics include: Strengthening and Preserving Social Security, Entertainment by Silver Sensations Chorus, Age Appropriate Health Screenings and Silver Haired Legislature.
6. **2012 Education Forums:** – Larry discussed having State Wide Educational Forums about significant changes coming out of changes in the Older Americans Act. Plan to discuss this topic with Jan Engan and the other GCoA members.
  7. **Report on elder Abuse and Guardianship Study** – Larry Wagner. Under the section for the Elder Abuse and Guardianship Study add the following. Larry was informed that the Governor's office supports the study and Tammy believed funds were placed in the Governor's budget to cover the cost of the study.
  8. **Volunteer Ombudsman Activity Reports** - Larry spoke with Nancy Clinegardner at University Mary and Med Center One about Ombudsman volunteers. Did not find any volunteers yet. Delores just gave a presentation about Ombudsman volunteers. Plan to meet with the rotary club, teacher group in Jamestown about volunteering. Larry asked the committee to try to find Ombudsman volunteers.
  9. **2011 Work Plan** – Larry handed out the 2011 Work Plan and asked us to review it and be prepared to discuss it during the next meeting.

- a. Develop, initiate and promote Regional Education Forums.
  - b. Increase the visibility of the Governors Committee on Aging.
  - c. Assist in increasing the visibility of the Aging and Disability Resource Link (ADRL).
  - d. Follow the legislative process and provide input to Aging Services and the Governor's Office.
  - e. Develop a Statewide educational forum for 2012.
  - f. Develop a plan to increase the number of volunteers participating in the Ombudsman Program.
  - g. Develop a plan to increase the participation in the Silver hair Assembly.
  - h. Identify and promote senior needs.
10. **Communication Plan** – Dallas recommended that how we present our goals and accomplishments, especially to the governor is very important. First impressions are very critical. The Governors Committee results need to be presented in a professional manor. A written plan and evaluation report would be beneficial to the success of the committee. Plus, it would convey that we are an active committee. In addition, we need to be active in each region on a quarterly basis. Also, need to talk about promoting the Older American Act in the month of May. Delores and Dallas will work on our activity plan and we will review it during the next meeting.
11. **Silver Hair Assembly** – Ray Siver. (What can we do to strengthen participation)? The Silver Hair Assembly used to be funded from the Older Americans Act or through Aging Services through Discretionary Funds that came from the Federal government. Approximately \$60,000 per year. That funding dried-up in the late eighties. In this session, former Governor Haven and Governor Dalrymple put \$10,000 in the budget, but the legislator eliminated it. The Silver Hair Assembly used to have strong voice in the legislator. In the past few years funding has come from counties, but their budgets are strapped. What can we do to get funding for the Silver Hair Assembly? The GCoA committee is encouraged to ask our legislator's about SB2242 concerning this issue.
12. **Publishing Minutes** – Delores & Dallas. We discussed recapping the meeting min. Marty will send the meeting minutes to Delores and Dallas; they will recap the minutes, add some details about the local RASPAS and publish the recapped meeting minutes in the newspapers. This will aid in keeping the public up to date with the GCoA work plan status and accomplishments.
13. **Home & Community Based Services Training Request.** – Dr Chris Burd –Next Steps Project Director and Phillip Longe – Program Director HCBS Cankdeska Cikana Community College at Fort Totten. Dr Chris Burd presented their plan to offer QSP services in four Native American regions. They would like to know more about Home & Community Based Services and would like more HCBS training. The current QSP training program doesn't adequately train the QSPs to assist elderly that desire to stay home.

They have to go to the Nursing Home because the QSP provider can't take care of them with their current level of training. Chris is developing a model on how to facilitate these services and is willing to share their model with us. They have received a 1.6 million grant which will provide resources for training and education to increase the number of health care providers critically needed in the American Indian Communities. Their goal is to finish their service plan in the next five years.

14. **The 2011 ND Governor's Forum on Aging Caring.** The conference theme is Care for yourself and others. The GCoA will compensate committee members for the conference registration fee, travel, meals and lodging at state rate. Registration information is at <http://northernplainsconference.com/> or call Carrie Thompson Widmer – Regional Aging Service Program Administrator at 701-253-6395.
15. **Reimbursements for GCoA** – Larry Walker. We reviewed the allowable items we can expense for meetings, forums and conferences are Coffee, Soft Drinks, and Notice in the paper and Payment to providers for: room rental, mileage, meals, lodging. Other expenses should be approved by Jan Engan.
16. **Next GCoA Meetings:**
  - a. June 24th Fargo,
  - b. Sept 9<sup>th</sup> Grand Forks,
  - c. December in Minot.

*Diane M. Sundby*

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