

**NEWS from the North Dakota Department of Human Services and
Prevent Child Abuse North Dakota
600 East Boulevard Avenue, Bismarck ND 58505**

FOR IMMEDIATE RELEASE

April 23, 2013

Contact: LuWanna Lawrence, Public Information Officer, 701-328-1892

**Workshops Focus on Building Positive Relationships with
Youth and Strengthening Parenting Skills**

Two separate workshops geared towards professionals and parents

BISMARCK, N.D. – Parents, grandparents, guardians, child care providers, and others are invited to attend the *All Children Flourishing with the Nurtured Heart Approach™* workshop on **Monday, April 29, 2013**, from **6:30 to 8:30 p.m.** at **Century High School**, 1000 E. Century Ave., in Bismarck. Informational booths open at 6 p.m. The workshop teaches participants practical strategies to inspire appropriate behaviors in youth that will enhance connectivity among families.

“As part of Child Abuse Prevention Month, it’s important to remind parents that there are a variety of support options available like this workshop that can help strengthen their daily parenting skills and enrich the lives of their children,” said Tim Hathaway, executive director of Prevent Child Abuse North Dakota.

The *All Children Flourishing with the Nurtured Heart Approach™* workshop will focus on the dynamics and character traits of a challenging child, differences between behavior and clinical diagnoses, and how to shift a challenging child from opposition to success. Lisa Bravo, clinical director and master trainer for the Children’s Success Foundation, will also discuss effective parenting techniques for intense children; the importance of boundaries, rules, and consequences; consistent and structured discipline; nurturing culture in a school environment and how parents and professionals can play a supportive role.

There is no cost to attend the evening parenting workshop, but registration is required. To register, log on to www.pcand.org/ or call 701-667-3342.

There will also be a separate workshop for professionals on **Monday, April 29, 2013**, from **8 a.m. to 4 p.m.** at the **Best Western Seven Seas Hotel and Waterpark**, 2611 Old Red Trail in Mandan. There is a \$25 registration fee to attend the all-day workshop. A registration form is online at <http://www.ag.ndsu.edu/mortoncountyextension/all-children-flourishing-with-the-nurtured-heart-approach> or by calling 701-667-3342.

Continuing education credits are available for addiction counselors, counselors, social workers, and general educators. Training hours approved through Growing Futures are available for child care providers for both workshops.

The workshops are funded with grants through Prevent Child Abuse North Dakota from the N.D. Department of Human Services’ Children and Family Services Division and the Early Childhood Comprehensive System grant through the N.D. Department of Health. Both workshops are made possible by the Bismarck and Morton County Prevention Task Forces and the North Dakota State University Extension Service - Morton County.

###