

NEWS from the North Dakota Department of Human Services

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FOR IMMEDIATE RELEASE

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Northern Plains Conference on Aging and Disability is Sept. 25-27 in Fargo

BISMARCK, N.D. – The 2012 Northern Plains Conference on Aging and Disability *Transitions Throughout the Lifespan* will be held Sept. 25-27, 2012, at the Ramada Plaza Suites in Fargo. This annual event features experts on aging, behavioral and mental health and well-being, and disability-related issues.

The conference will feature numerous workshops on topics including enhancing activities for nursing home residents, estate planning for families with disabled children, building resiliency among people and organizations, social security benefits, depression in the elderly, reducing stress with humor, and maintaining professional boundaries. Speakers will also share their expertise on topics relating to dementia and overall brain health for people of all ages.

Conference programming also includes inspirational speakers, as well as facility tours, meals and refreshments, door prizes, and exhibit booths.

Organizers said the three-day event is intended for caregivers, advocates, health and social service professionals, older individuals and people with disabilities, service providers, students, and others involved in the field of aging-related services.

People can get a registration form and brochure online at www.northernplainsconference.com/. An early registration discount is available through Aug. 27, 2012. About 350 people attended last year's conference.

Major event sponsors include Dakota Medical Foundation, AARP North Dakota, United Way of Cass-Clay, the Alzheimer's Association, the Governor's Committee on Aging, Bethany Retirement Living, JD Legal Planning PLLC, Lutheran Social Service of Minnesota, and Ucare. Other sponsoring organizations include Blue Cross Blue Shield of ND (Flint Communications), the Coalition of Service Providers to the Elderly of Cass and Clay counties, Edgewood Vista of Fargo, Elim Rehab and Care Center, Eventide Sheyenne Crossings, Riverview Place, Touchmark at Harwood Groves, and Nor-Son, Inc.

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