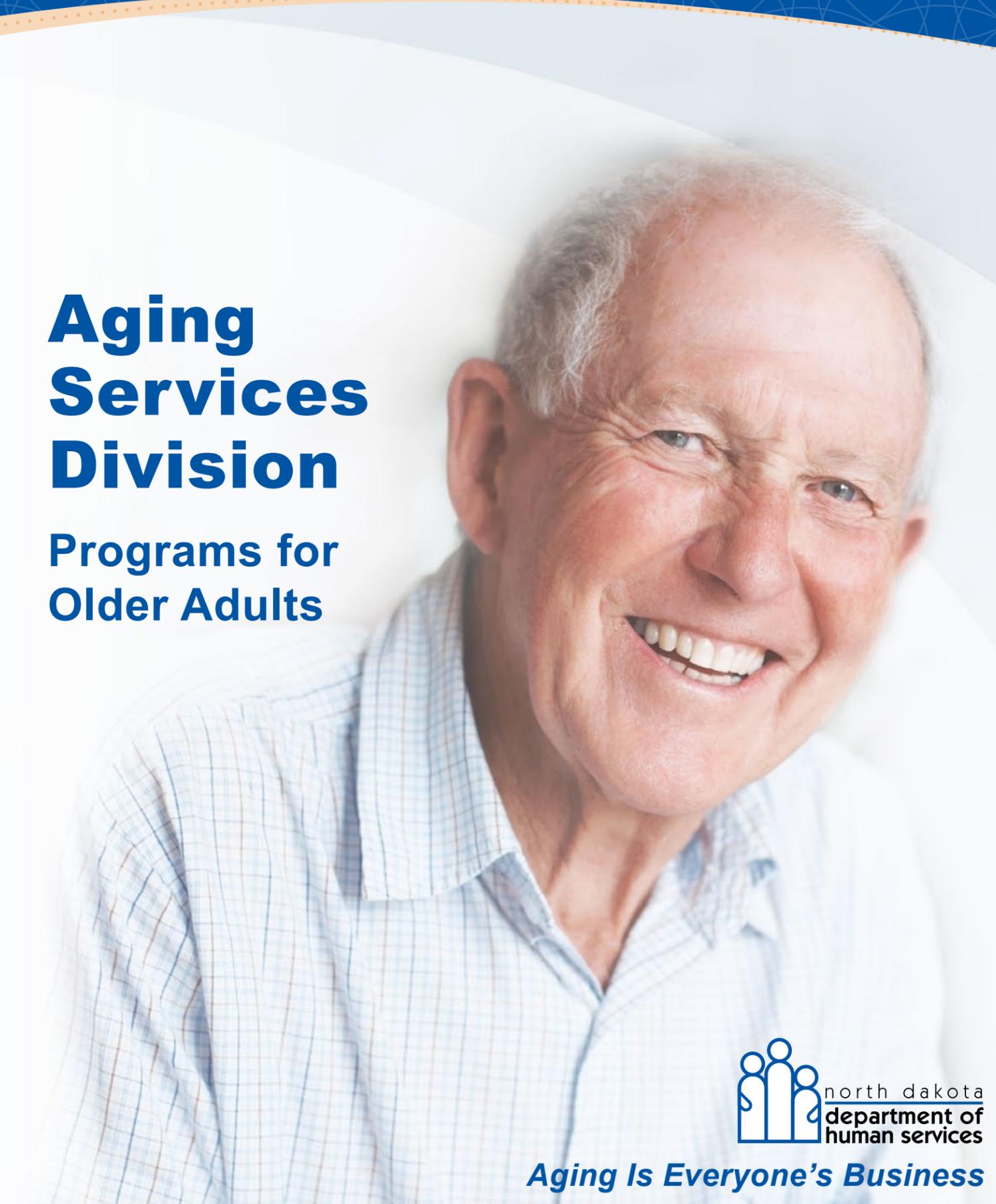


Aging Services Division

Programs for
Older Adults



600 East Boulevard Avenue | Bismarck, ND 58505-0250 | www.nd.gov/dhs

Updated 1/2012



Aging Is Everyone's Business

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Program and Service Definitions (continued)

Nutrition Services Program – A program that provides meals and related nutrition services in congregate and home-delivered meal settings. Services include:

- **Congregate Meals** - Healthy meals for an older individual who will be eating in a group setting.
- **Home-Delivered Meals** - Healthy meals for an older individual who is homebound and/or unable to eat at a congregate site.
- **Nutrition Screening** - National initiative to determine nutritional risk.
- **Nutrition Counseling** - Counseling provided by a licensed registered dietitian for a person who is at nutritional risk.
- **Nutrition Education** - Information related to the improvement of health and nutritional well-being.

Outreach Services Program – A program that provides a personalized approach to seeking out older individuals and identifying their service needs with an emphasis on referral and linkage to available services. (NOTE: Outreach services are transitioning to the ADRL Options Counseling service. Effective January 1, 2012 outreach services will only be available in Regions III, IV, V, and VI. Effective January 1, 2013 outreach services will no longer be provided.)

Senior Community Service Employment Program (SCSEP) – A program that offers part-time employment and training opportunities for older individuals with the goal of transitioning into permanent employment.

Senior Companion Program – A program that offers periodic companionship and non-medical support by volunteers (who receive a stipend) to an older individual that needs assistance and resides on an Indian Reservation or Indian Service Area.

Telecommunications Equipment Distribution Program – State-funded program that provides specialized telecommunications equipment to communications-impaired individuals.

Vulnerable Adult Protective Services (VAPS) Program – A program that provides evaluation of alleged abuse, neglect, self-neglect or exploitation; assessment; and referral or arrangement for provision of services if the vulnerable adult accepts/consents to services.

Help to improve and maintain quality of life at home and in the community.

Program and Service Definitions (continued)

Family Caregiver Support Program – A program that offers services for family caregivers and grandparents, or for older individuals that are relative caregivers. Services include information to caregivers about available services; assistance to caregivers in gaining access to services; individual counseling, organization of support groups, and training to assist caregivers in making decisions, solving problems relating to their caregiving roles, and improving caregiver skills; respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities; and supplemental services to complement the care provided by the caregivers.

Guardianship Establishment Program – State-funded program that allows for the establishment of guardianships to individuals who have a diagnosed mental illness, traumatic brain injury, or are over age 60 and are ineligible for developmental disabilities case management and provides for a set payment to a court-appointed guardian (through June 30, 2013).

Health Maintenance Services Program – A program that provides services to assess and maintain the health and well-being of older individuals. Services include blood pressure/pulse/rapid inspection, foot care, home visits and medication set-up.

Legal Assistance Services Program – A program that provides legal advice and representation provided by an attorney to older individuals with economic or social needs.

Local Contact Agency (LCA) Activities – Assistance provided by the North Dakota Department of Human Services to nursing facility residents in their discharge planning goals by promoting information exchange between nursing homes, LCAs and community-based long-term care providers.

Long-Term Care Ombudsman Program – A program that identifies, investigates and resolves complaints made by or on behalf of residents of long-term care facilities and tenants of assisted living facilities, working to protect their health, safety, welfare and rights. Community volunteer Ombudsmen provide an ongoing presence in assigned facilities.

North Dakota Aging & Disability Resource-LINK – Access to in-home and other services through a nationwide toll-free number at 1-855-GO2LINK (1-855-462-5465) or through the ND Relay TTY at 1-800-366-6888. Information can also be accessed online at www.carechoice.nd.gov or through email at carechoice@nd.gov.

Introduction

The North Dakota Department of Human Services, Aging Services Division, administers programs and services that enhance the ability of older individuals and individuals with physical disabilities to maintain as much independence as possible and remain in their own homes and communities.

Federal funding through the Older Americans Act provides the foundation for services that enable older individuals to remain safe, active and healthy in their own homes and communities. Federal funding is also received through the Nutrition Services Incentive Program. The federal funds are allocated annually by Congress. Additional funding for services includes state funds that are appropriated biennially by the state legislature; required match and local funds that are provided by contracted service providers; and program income that is donated by clients and used to provide additional services.

The North Dakota Department of Human Services, Aging Services Division, develops the State Plan on Aging every four years as required by the Older Americans Act. The Plan provides direction for continued development of a comprehensive and coordinated system of home and community-based services. A copy of the North Dakota State Plan on Aging and information on programs and services are available online at www.nd.gov/dhs/services/adultsaging

The following pages outline programs and services administered through the Aging Services Division.



Aging & Disability Resource LINK (ADRL) Initiative

What is the purpose of the initiative?

The Aging & Disability Resource LINK (ADRL) initiative is a collaborative effort led by the Administration on Aging and the Centers for Medicare and Medicaid assisting states in developing a coordinated system of information and access at the community level for all persons seeking long-term service and support. The initiative focuses on improving access to services by minimizing confusion, enhancing individual choice, and supporting informed decision-making.

Who is eligible to receive services?

- Individuals age 60 and older
- Adults age 18 and older with physical disabilities

What services are provided?

- Information & referral assistance
- ADRL Options Counseling including benefits counseling and futures planning. Options counselors will assess individual needs, values and preferences with the consumer and provide objective information about available options, empower the individual to make informed choices about the needed services, and help them access those services.

Is there a charge for the services?

No. Consumers must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

For information and assistance on accessing services, call the North Dakota ADRL toll-free at 1-855-GO2LINK (1-855-462-5465) or through the ND Relay TTY at 1-800-366-6888. Contact can also be made through email at carechoice@nd.gov or online at www.carechoice.nd.gov. The service is provided through the North Dakota Department of Human Services, Aging Services Division.

The ADRL initiative is administered by the North Dakota Department of Human Services, Aging Services Division.

Program and Service Definitions

Aging & Disability Resource LINK (ADRL) – An initiative designed to streamline access to long-term care services and supports for consumers of all ages, incomes and disabilities, and their families through better coordination and strengthened partnering of existing systems of information, assistance and access. North Dakota will develop ‘no wrong door’ models at the community level that can assist individuals in making informed decisions about their service and support options. Services include:

- **ADRL Options Counseling** – Person-centered, interactive, decision support process whereby consumers, family members and/or significant others are supported in determining appropriate long-term care choices based on the consumer’s needs, preferences, values and individual circumstances.
- **ADRL Benefits Counseling** – The provision of information designed to help consumers learn about public and private benefits with referral to appropriate entities for access to needed benefits. ADRL Benefits Counseling is considered part of the ADRL Options Counseling service.
- **ADRL Futures Planning** – The process of assisting consumers in planning for their future long-term care needs with referral to appropriate entities for retirement planning, long-term care insurance, etc. ADRL Futures Planning is considered part of the ADRL Options Counseling service.
- **ADRL Information & Referral/Assistance** - A one-on-one service that (a) provides consumers with information on opportunities and services available within their communities; (b) assesses problems and capabilities of the individuals; (c) links the consumers to the services and opportunities that are available; and (d) to the maximum extent practicable, establishes adequate follow-up procedures.

Assistive Safety Devices Distribution Program – A program that provides adaptive and preventive health devices that assist individuals in their activities of safe daily living such as bath grab bars, walkers and reachers.

Dementia Care Services Program – State-funded program that provides care consultation and training for caregivers to address the unique and individual needs that arise throughout the various stages of dementia and education on dementia to medical professionals, law enforcement, caregivers and the general public.

Older Americans Act Programs (OAA)/State-Funded Programs (continued)

DEMENTIA CARE SERVICES PROGRAM (State-funded)	TELECOMMUNICATIONS EQUIPMENT DISTRIBUTION PROGRAM (State-funded)	GUARDIANSHIP ESTABLISHMENT PROGRAM (State-funded)
<p>Services</p> <ul style="list-style-type: none"> • Assessment • Care consultation • Referrals • Caregiver training • Education on dementia to medical professionals, law enforcement, caregivers and the general public 	<p>Services</p> <ul style="list-style-type: none"> • Specialized telecommunications equipment 	<p>Services</p> <ul style="list-style-type: none"> • Establishment of guardianships for specific populations • Set payment for court appointed guardian
<p>Eligibility</p> <ul style="list-style-type: none"> • Individuals with dementia and their caregivers • Eligibility is not based on diagnosis, age or income level 	<p>Eligibility</p> <ul style="list-style-type: none"> • Have difficulty using the telephone because of a severe hearing loss, speech impairment or physical disability, and • Have applied for or have phone service in their home, and • North Dakota resident age five or over, and • Meet income limits (based on the estimated median income for North Dakota), and • Certified by a physician, audiologist, hearing instrument specialist or speech language pathologist as unable to use a telephone readily purchased from a retail store 	<p>Eligibility</p> <ul style="list-style-type: none"> • Individuals who have a diagnosed mental illness, traumatic brain injury, or are over age 60 and are ineligible for developmental disabilities case management • Guardian must be court-appointed
<p>Program Income Not applicable</p>	<p>Program Income Not applicable</p>	<p>Program Income Not applicable</p>

Assistive Safety Devices Distribution Program

What is the purpose of the program?

The Assistive Safety Devices Distribution Program is a federally-funded support services program under the Older Americans Act that provides adaptive and preventive health devices to assist individuals in their activities of safe daily living.

Who is eligible to receive services?

Individuals age 60 and older.

Priority for services must be given to older individuals in greatest social and economic need with particular attention to low-income individuals, minority individuals, individuals with limited English proficiency, individuals residing in rural areas, and individuals at risk for institutional placement.

What services are provided?

An assessment is conducted to determine if there is a need for specific safety devices (i.e. grab bars, magnifiers, reachers, medication dispensers, seat lifts, etc.). The devices are delivered and installed (if needed). Funding is limited to \$300 per person per contract year.

Is there a charge for the services?

No. Clients must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Services are provided statewide by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division.



Dementia Care Services Program

What is the purpose of the program?

The Dementia Care Services Program is a state-funded program that provides care consultation and training to caregivers to address the unique and individual needs that arise throughout the various stages of dementia. Individuals with dementia and their caregivers receive valuable one-on-one assistance that will enable them to better manage care and make more informed decisions regarding services and treatments. The program also provides education on dementia to medical professionals, law enforcement, caregivers and the general public.

Who is eligible to receive services?

- Dementia means the condition of an individual involving loss of memory and impairment of cognitive functions severe enough to interfere with the individual's daily life
- Individuals with dementia and their caregivers are eligible to receive care consultation, education and training, and referral services
- Eligibility is not based on diagnosis, age, or income
- Anyone is eligible to participate in the educational sessions on dementia

What services are provided?

- Provision of care consultation services to individuals with dementia and their caregivers
- Assessment of the needs of individuals with dementia and their caregivers
- Training for care providers to manage and provide care for individuals with dementia
- Facilitation of referrals for individuals with dementia and their caregivers to appropriate care and support services
- Information to medical professionals, law enforcement, caregivers and the public regarding dementia symptoms, benefits of early detection and treatment, and services available to individuals with dementia and their caregivers

Is there a charge for the services?

No.

Who provides the services?

Services are provided statewide by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division.

LONG-TERM CARE OMBUDSMAN PROGRAM	VULNERABLE ADULT PROTECTIVE SERVICES PROGRAM (VAPS)	SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)	LOCAL CONTACT AGENCY (LCA) ACTIVITIES
Services <ul style="list-style-type: none"> • Receive, investigate and resolve complaints made by or on behalf of residents of long-term care and assisted living facilities • Community volunteer Ombudsmen* assist regional ombudsmen and provide ongoing presence in assigned facilities 	Services <ul style="list-style-type: none"> • Assessment and evaluation of alleged abuse, neglect, self-neglect or exploitation • Referral or arrangement for provision of services if the vulnerable adult accepts/consents to services and follow-up • Public education 	Services <ul style="list-style-type: none"> • Job training • Subsidized employment 	Services <ul style="list-style-type: none"> • Assist nursing facility residents in their discharge planning goals by promoting information exchange between nursing homes, LCAs and community-based long-term care providers
Eligibility <ul style="list-style-type: none"> • Residents of nursing facilities, basic care facilities, hospital swing beds, sub-acute and transitional settings, and assisted living facilities <p>*Community volunteer Ombudsmen must be 18 years of age or older and complete initial and ongoing training</p>	Eligibility <ul style="list-style-type: none"> • Individuals age 18 and older or a minor emancipated by marriage who has a substantial mental or functional impairment that compromises health, safety or independence; does not include individuals residing in a long-term care facility or a group home for an identified population 	Eligibility <ul style="list-style-type: none"> • Individuals age 55 and older with income not more than 125 percent of poverty 	Eligibility <ul style="list-style-type: none"> • Nursing facility residents who may require medical and supportive services to return to the community
Program Income Not applicable	Program Income Not applicable	Program Income Not applicable	Program Income Not applicable

Older Americans Act Programs (OAA)/State-Funded Programs

NUTRITION SERVICES PROGRAM	SUPPORTIVE SERVICES PROGRAM	FAMILY CAREGIVER SUPPORT PROGRAM
<p>Services</p> <ul style="list-style-type: none"> • Congregate meals • Home-delivered meals • Nutrition screening • Nutrition education • Nutrition counseling 	<p>Services</p> <ul style="list-style-type: none"> • ADRL options counseling • Assistive safety devices • Health maintenance (foot care; home visits; medication set-up; blood pressure/pulse/rapid inspection) • Legal assistance • Outreach (ending 12/31/12) • Senior companion* 	<p>Services</p> <ul style="list-style-type: none"> • Information • Assistance • Individual counseling • Support groups • Training • Respite care • Supplemental services
<p>Eligibility</p> <ul style="list-style-type: none"> • Individuals age 60 and older and spouse, regardless of age • Volunteers under age 60 providing meal services during meal hours • Individuals with a disability under age 60 in a housing facility primarily occupied by older individuals may receive nutrition services if the facility has an OAA congregate meal site • Individuals with a disability under age 60 who reside with an individual age 60 and older 	<p>Eligibility</p> <ul style="list-style-type: none"> • Individuals age 60 and older <p>*Senior Companion</p> <ul style="list-style-type: none"> • Volunteers - Individuals age 60 and older meeting income requirements • Recipients – Individuals age 60 and older who are homebound; not living in a long-term care facility 	<p>Eligibility</p> <ul style="list-style-type: none"> • Family caregivers of individuals age 60 and older • Individuals caring for a person with Alzheimer’s or related dementia, regardless of age of the person with dementia • Grandparents or relative caregivers age 55 and older who care for children not more than 18 years of age • Grandparents or relative caregivers age 55 and older providing care for adult children with a disability (age 19 and 59)
<p>Program Income</p> <ul style="list-style-type: none"> • Clients given the opportunity to contribute to the cost of the service • No client is denied service due to inability or unwillingness to contribute • Means test may not be used • Suggested contribution schedule that considers income ranges may be developed 	<p>Program Income</p> <ul style="list-style-type: none"> • Clients/recipients given the opportunity to contribute to the cost of the service • No client/recipient is denied service due to inability or unwillingness to contribute • Means test may not be used • Suggested contribution schedule that considers income ranges may be developed 	<p>Program Income</p> <ul style="list-style-type: none"> • Clients given the opportunity to contribute to the cost of the service • No client is denied service due to inability or unwillingness to contribute • Means test may not be used

Family Caregiver Support Program

What is the purpose of the program?

The Family Caregiver Support Program is a federally-funded program under the Older Americans Act that provides support and services to individuals who provide care to older adults and grandparent or relative caregivers who care for children. Coordinators meet with caregivers in their home to complete an assessment for services. The program helps caregivers address challenges related to providing 24-hour care.

Who is eligible to receive services?

- Individuals who are caring for an adult who is age 60 and older
- Individuals caring for a person with Alzheimer’s or related dementia regardless of age of the person with dementia
- Grandparents or relative caregivers age 55 and older caring for a child age 18 or younger
- Grandparents or relative caregivers age 55 and older providing care for an adult child with a disability between ages 19 to 59

Who is not eligible to receive services?

- Individuals who are being paid privately to provide care
- Any caregivers or persons receiving care who are already participating in other federal, state or county funded programs

What services are provided?

- Information about local services and supports in the community
- Assistance from a trained coordinator to help caregivers assess needs and access support services
- Individual counseling
- Organization of support groups
- Training to assist the caregiver in making decisions, solving problems relating to their caregiving roles, and improving caregiver skills
- Respite care to give caregivers temporary relief from their caregiving responsibilities (up to a limited dollar amount)
- Supplemental services, on a limited basis, to complement the care provided by caregivers

Is there a charge for the services?

No. Clients must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Family Caregiver Support Program (continued)

Who provides the services?

- Department staff provides information and assistance services, and arranges for other services to be provided
- Respite care can be provided by a Qualified Service Provider (QSP) who is an individual that meets standards set by the North Dakota Department of Human Services; a family member, home health agency, day care program, and/or swing bed nursing facility on a temporary basis

Who will pay for services?

- The North Dakota Department of Human Services pays the service provider directly for counseling, training, and respite services
- For supplemental services, the caregiver sends a receipt of purchase for devices and supplies directly to the North Dakota Department of Human Services for reimbursement

Can I choose my provider?

Yes. The caregiver may choose from a list of eligible service providers.

Guardianship Establishment Program

What is the purpose of the program?

The Guardianship Establishment Program is a state-funded elder rights program that provides a unified system for financial assistance in petitioning for guardianship for specific populations.

Who is eligible to receive services?

A proposed guardian for a vulnerable adult who has a diagnosis of mental illness, traumatic brain injury, or is over the age of 60 and is not eligible for developmental disabilities case management.

What services are provided?

- Payment for the establishment of guardianships is determined on a case-by-case basis up to \$2,500
- Set payment to a court appointed guardian (through June 30, 2013)

Is there a charge for the services?

No.

Who provides the services?

Assistance in requesting the establishment of guardianship must be through an on-going case management at a human service center or a county social service office.

Vulnerable Adult Protective Services (VAPS) Program

What is the purpose of the program?

The Vulnerable Adult Protective Services (VAPS) Program is a federally-funded elder rights program under the Older Americans Act that provides services for the prevention, correction or discontinuation of abuse, neglect, or exploitation of adults.

Who is eligible to receive services?

Individuals age 18 and older or a minor emancipated by marriage who has a substantial mental or functional impairment that compromises health, safety or independence.

Who is not eligible to receive services?

Individuals residing in a long-term care facility or a group home for an identified population

What services are provided?

- Assessment and evaluation of alleged abuse, neglect, self-neglect or exploitation
- Referral or arrangement for provision of services if the vulnerable adult accepts or consents to services and follow-up
- Public education

Is there a charge for the services?

No.

Who provides the services?

Services are provided or arranged statewide by VAPS staff in each region.



Telecommunications Equipment Distribution Program

What is the purpose of the program?

The Telecommunications Equipment Distribution Program is a state-funded program that provides specialized telecommunications equipment to communications-impaired individuals.

Who is eligible to receive services?

Individuals are eligible if they:

- Have difficulty using the telephone because of a severe hearing loss, speech impairment or physical disability, and
- Have applied for or have phone service in the home, and
- Are a North Dakota resident age five or over, and
- Meet income limits (based on the estimated median income for North Dakota), and
- Are certified by a physician, audiologist, hearing instrument specialist, or speech language pathologist as unable to use a telephone readily purchased from a retail store.

What services are provided?

Specialized telecommunications devices that, when connected to a telephone, enables or assists a person who is communications-impaired to communicate with another person using the telephone network. The term may include telecommunications devices for the deaf, amplifiers, and signaling devices. The cost of each device may not exceed \$2,000.

Is there a charge for the services?

No.

Who provides the services?

Services are provided statewide by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division.



Health Maintenance Services Program

What is the purpose of the program?

The Health Maintenance Services Program is a federally-funded support services program under the Older Americans Act that provides services to assess and maintain the health and well-being of older individuals.

Who is eligible to receive services?

Individuals age 60 and older.

Priority for services must be given to older individuals in greatest social and economic need with particular attention to low-income individuals, minority individuals, individuals with limited English proficiency, individuals residing in rural areas, and individuals at risk for institutional placement.

What services are provided?

- Blood pressure/pulse/rapid inspection
- Foot care
- Home visits
- Medication set-up

Is there a charge for the services?

No. Clients must be given the opportunity to contribute the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Services are provided by local service providers and health units under contract with the North Dakota Department of Human Services, Aging Services Division.



Legal Assistance Services Program

What is the purpose of the program?

The Legal Assistance Services Program is a federally-funded elder rights program under the Older Americans Act that provides legal advice and representation by an attorney to older individuals with economic or social needs.

Who is eligible to receive services?

Individuals age 60 and older.

Priority for services must be given to older individuals in greatest social and economic need with particular attention to low-income individuals, minority individuals, individuals with limited English proficiency, individuals residing in rural areas, and individuals at risk for institutional placement.

What services are provided?

- Legal casework within required categories of:
 - Abuse
 - Age discrimination
 - Guardianship defense
 - Health care
 - Housing
 - Income
 - Long-term care
 - Neglect
 - Nutrition
 - Protective services
 - Utilities
- Toll-free legal hot-line (1-866-621-9886)



Is there a charge for the services?

No. Clients must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Services are provided statewide by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division.

Senior Companion Program

What is the purpose of the program?

The Senior Companion Program is a federally-funded support services program under the Older Americans Act that offers periodic companionship and non-medical support by volunteers (who receive a stipend) to adults that require assistance. Senior companions help to enrich the lives of the individuals they serve both socially and emotionally. Older Americans Act funds are used to provide senior companion services on each of the Indian Reservations and the Tribal Service Area.

The Corporation for National and Community Service (CNS) also provides funding for the Senior Companion Program throughout the state.

Who is eligible to receive services?

- Senior companion volunteers – individuals age 60 and older who meet income requirements. Individuals must complete required training. *(If CNS funding is used, the age requirement is 55)*
- Recipients – individuals age 60 and older that are homebound, not living in a long-term care facility. *(If CNS funding is used, senior companions serve only adults, primarily older adults, who have one or more physical, emotional or mental health limitations and are in need of assistance to achieve and maintain their highest level of independent living. They serve frail older adults, adults with disabilities, those with terminal illnesses, and offer respite for caregivers)*

What services are provided?

- Friendly visiting/companionship
- Social, recreational activities
- Simple chores

Is there a charge for the services?

No. Recipients benefiting from a senior companion visit must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Older Americans Act funds are used to provide services on each of the Indian Reservations and Indian Service Area by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division. The same service provider uses other funds to provide the services statewide.

Outreach Services Program (continued)

What services are provided?

- Seek out potential clients
- Home visit to assess and determine needs
- Information regarding service options
- Referral to appropriate services
- Follow-up to determine if needs were addressed

Is there a charge for the services?

No. Clients must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Services are provided by local service providers under contract with the North Dakota Department of Human Services, Aging Services Division.

NOTE: Outreach Services are transitioning to the ADRL Options Counseling service. Effective January 1, 2012 outreach services will only be available in Regions III, IV, V, and VI. Effective January 1, 2013 outreach services will no longer be provided.

Senior Community Service Employment Program (SCSEP)

What is the purpose of the program?

The Senior Community Service Employment Program (SCSEP) is a federally-funded program under the Older Americans Act that provides part-time employment and training opportunities with the goal of transitioning into permanent employment.

Who is eligible to receive services?

Individuals age 55 and older who have an income not more than 125 percent of poverty.

What services are provided?

- Part-time employment (minimum wage)
- Training opportunities

Is there a charge for the services?

No.

Who provides the services?

Services are provided statewide by a service provider under contract with the North Dakota Department of Human Services, Aging Services Division.

Local Contact Agency (LCA) Activities

What is the purpose of the activities?

Local Contact Agency (LCA) activities are provided in conjunction with the Medical Services Division and the Money Follows the Person grant to assist in the required review of nursing home residents through the Minimum Data Set – Section Q to inform the residents of available services and supports for potential transition to community living.

Who is eligible to receive services?

Nursing facility residents who may require medical and supportive services to return to community living.

What services are provided?

Assist nursing facility residents in their discharge planning goals by:

- Providing information on service options available in a stated community to facilitate community living; and
- Promoting information exchange between nursing homes, LCAs, and community-based long-term care providers.

Is there a charge for the services?

No.

Who provides the services?

Services are provided statewide by designated, trained staff at the regional human service centers.

Long-Term Care Ombudsman Program

What is the purpose of the program?

The Long-Term Care Ombudsman Program is a federally-funded elder rights program under the Older Americans Act that identifies, investigates and resolves complaints made by or on behalf of residents of long-term care facilities and tenants of assisted living facilities, and working to protect their health, safety, welfare and rights.

Who is eligible to receive services?

Residents of nursing facilities, basic care facilities, hospital swing beds, sub-acute and transitional settings, and assisted living facilities.

Long-Term Care Ombudsman Program (continued)

What services are provided?

- Receipt and investigation of complaints made by or on behalf of residents
- Complaint resolution
- Ongoing presence of community volunteer ombudsmen in assigned facilities
- Advocacy for residents

Is there a charge for the services?

No.

Who provides the services?

Under the guidance of the State Long-Term Care Ombudsman, services are provided statewide by designated, trained regional ombudsmen. Trained community volunteer ombudsmen assist state and regional staff in providing an ongoing presence in assigned facilities.

Nutrition Services Program

What is the purpose of the program?

The Nutrition Services Program is a federally-funded program under the Older Americans Act that provides meals and related nutrition services in congregate (group) and home-delivered meal settings. The purposes are:

- To reduce hunger and food insecurity
- To promote socialization of older individuals
- To promote the health and well-being of older individuals and delay adverse health conditions through access to nutrition and other disease prevention and health promotion services

Who is eligible to receive services?

- Individuals age 60 and older and their spouse, regardless of age
- Volunteers under age 60 providing meal services during meal hours
- Individuals with a disability under age 60 residing in a housing facility primarily occupied by older individuals may receive nutrition services if the facility has an Older Americans Act congregate meal site
- Individuals with a disability under age 60 who reside with an individual age 60 and older

Nutrition Services Program (continued)

Priority for services must be given to older individuals in greatest social and economic need with particular attention to low-income individuals, minority individuals, individuals with limited English proficiency, individuals residing in rural areas, and individuals at risk for institutional placement.

What services are provided?

- Congregate meals
- Home-delivered meals
- Nutrition screening
- Nutrition education
- Nutrition counseling

Is there a charge for the services?

No. Clients must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions received are used to provide additional services.

Who provides the services?

Services are provided by local service providers under contract with the North Dakota Department of Human Services, Aging Services Division.



Outreach Services Program

What is the purpose of the program?

The Outreach Services Program is a federally-funded support services program under the Older Americans Act that uses a personalized approach to seek out older individuals, identify their needs, and make appropriate linkages and referrals to needed services.

Who is eligible to receive services?

Individuals age 60 and older.

Priority for services must be given to older individuals in greatest social and economic need with particular attention to low-income individuals, minority individuals, individuals with limited English proficiency, individuals residing in rural areas, and individuals at risk for institutional placement.