

# Elementary and Middle School Career Awareness

Source: *National Career Development Guidelines*

## ***In elementary school, children can develop these skills:***

1. Identify their interests, likes and dislikes.
2. Describe their strengths and talents.
3. Demonstrate positive behaviors and personal characteristics, such as honesty, dependability, responsibility, integrity and loyalty.
4. Recognize that one should accept responsibility for one's behavior.
5. Interact with others in a fair, helpful and respectful way.
6. Recognize that people have many life roles and that these need to be balanced.
7. Demonstrate study skills and good learning habits.
8. Be able to set goals and work toward achieving them.
9. Describe different ways to make decisions.
10. Recognize a variety of skills that are important for success in school and work, such as communicating, critical thinking, problem solving and interpersonal skills.

## ***In middle school, children can develop these skills:***

1. Identify and demonstrate their abilities, strengths, skills and talents.
2. Identify sources of outside pressure and demonstrate the ability to handle it.
3. Demonstrate the ability to resolve conflicts and negotiate acceptable solutions.
4. Recognize that they are growing and changing and that growth and change will affect their careers throughout their lives.
5. Recognize that they will have many life roles and that these will be connected to their lifestyle.
6. Recognize that their educational performance is important for reaching their goals and, if necessary, use strategies to improve it.
7. Identify short-term and long-term goals, including those related to their education, career options, and lifestyle.
8. Make decision in a systematic way, including identifying options and potential consequences.
9. Recognize the need to compromise in making some decisions.
10. Use career information resources to evaluate their goals and help with their plans.