

WHICH INTEREST AREA(S) MOTIVATE YOU?

- Read each statement below.
- Place a check mark by those that seem interesting to you. You may check as many as you like.
- Complete the grid at the bottom of the checklist to determine your highest interests.
- Follow the instructions at the bottom of the checklist to see a listing of occupations related to your interests.

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| <p>_____ 1. Working outdoors with plants and animals.</p> <p>_____ 2. Researching and developing new knowledge in mathematics.</p> <p>_____ 3. Being a “creator.”</p> <p>_____ 4. Working and socializing with other people.</p> <p>_____ 5. Using language skills to influence others.</p> <p>_____ 6. Keeping things neat and organized.</p> <p>_____ 7. Being a “doer,” being involved in getting things done.</p> <p>_____ 8. Analyzing situations and finding a solution.</p> <p>_____ 9. Painting, sculpting, or ceramics.</p> <p>_____ 10. Helping people solve problems.</p> <p>_____ 11. Working on a sales campaign.</p> <p>_____ 12. Working with forms, charts, and reports.</p> <p>_____ 13. Doing physical activities, games, and projects.</p> <p>_____ 14. Participating in a science fair.</p> <p>_____ 15. Reading art and music magazines.</p> <p>_____ 16. Belonging to a club.</p> <p>_____ 17. “Persuading” others.</p> <p>_____ 18. Working nine to five.</p> <p>_____ 19. Applying mechanical principles to practical situations by using machines or hand tools.</p> <p>_____ 20. Using a chemistry set.</p> <p>_____ 21. Going to concerts.</p> <p>_____ 22. Working with the elderly.</p> <p>_____ 23. Giving speeches.</p> <p>_____ 24. Following a budget.</p> | <p>_____ 25. Building or repairing objects.</p> <p>_____ 26. Doing puzzles.</p> <p>_____ 27. Expressing feelings or ideas creatively.</p> <p>_____ 28. Teaching children.</p> <p>_____ 29. Being with leaders.</p> <p>_____ 30. Typing reports or working on a computer.</p> <p>_____ 31. Working in farming, forestry, or fishing.</p> <p>_____ 32. Solving math and science questions.</p> <p>_____ 33. Acting in a play.</p> <p>_____ 34. Catering to the wishes and needs of others.</p> <p>_____ 35. Selling products and/or ideas.</p> <p>_____ 36. Using a cash register or other business machines.</p> <p>_____ 37. Building or carpentry work.</p> <p>_____ 38. Working in a laboratory.</p> <p>_____ 39. Designing new fashions.</p> <p>_____ 40. Studying people in other lands.</p> <p>_____ 41. Being elected class president.</p> <p>_____ 42. Working on clearly defined activities requiring accuracy and attention to details.</p> <p>_____ 43. Fixing a car.</p> <p>_____ 44. Working with scientific equipment and procedures.</p> <p>_____ 45. Studying a foreign language.</p> <p>_____ 46. Helping others with their mental, spiritual, physical, or vocational needs.</p> <p>_____ 47. Working in stores, sales, offices, or customers’ homes.</p> <p>_____ 48. Following other people’s instructions.</p> |
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Answer Grid

Circle the number of each checked statement under “Statements Checked”

In which interest area did you have the most statements checked? _____

Statements Checked								Number of Circles	Interest Area
1	7	13	19	25	31	37	43		Realistic
2	8	14	20	26	32	38	44		Investigative
3	9	15	21	27	33	39	45		Artistic
4	10	16	22	28	34	40	46		Social
5	11	17	23	29	35	41	47		Enterprising
6	12	18	24	30	36	42	48		Conventional

Take your answers and log on to www.RUReady.ND.gov to research occupations that best match your interests.

Areas of Interest Definitions

- Identify the interest area below that most closely relates to you, either from the interest checklist or by reading the definitions.

REALISTIC

These people have athletic or mechanical abilities. They prefer to work with objects, machines, tools, plants or animals. They usually like to work outdoors.

INVESTIGATIVE

These people like to observe, learn, investigate, analyze, evaluate or solve problems.

ARTISTIC

These people have artistic, innovative or intuitive abilities. They usually like to work in an unstructured situation using their imagination or creativity.

SOCIAL

People in this category like to work with people. They like to inform, enlighten, help train, develop or cure people. They also may be skilled with words.

ENTERPRISING

These people like to work with people, but they like to influence, persuade or perform. They like to lead or manage for organizational goals or economic gain.

CONVENTIONAL

People in this group like to work with data, have clerical or numerical ability and carrying things out in detail. They usually enjoy following other people's instructions.

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