

Child Welfare

Parent and Family Services

An **OUTCOME RESULTS DICTIONARY** for

- Needs
- Strengths
- Outcome Goals
- Tasks for Achievement of each Outcome Goal
- Outcome Goal Achievement Measures —
Major, Moderate, Some or None

Parenting Skills

Child Abuse/Neglect

Employment & Self-Sufficiency

Employment Skills

Housing

Basic Needs

Substance Abuse

Mental Health - Child

Mental Health - Adult/Parent

Education and School Performance

Physical Health



**HUMAN
SERVICES
PLANNING
SYSTEMS**

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30 years of Planning,
Training and
Outcome Results
Auditing Experience

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“Success is to be measured not so much by the position that one has reached in life, as by the obstacles which he has overcome.”

Booker T. Washington

“To be what we are, and to become what we are capable of becoming is still the only end of life.”

Baruch Spinoza

“If you don’t know where you are going, you may end up someplace else.”

Yogi Berra

“Arriving at one goal is the starting point to another.”

John Dewey



Introduction

The Purpose of this Outcome Results Dictionary for Child Welfare and Parent/Family Services is:

- **To Improve the Quality and Content of the Child and Family Services Plans**
- **To Provide an Outcome Results Capability for Management and to Justify Funding Requests**

HSPS, Inc. is a non-profit outcome results training and auditing organization located in Lancaster, Pennsylvania. HSPS, Inc. is best known nationwide for its unique, comprehensive, and copyrighted Outcome Results Dictionary for human service programs. This version of the HSPS Dictionary is for Child Welfare Programs for protecting children and helping parents/families achieve desired outcome goals.

- This Dictionary contains **65 Outcome Goals** relevant to children, parents and families. For each Outcome Goal, specific and focused **tasks** are also defined in a suggested sequential order.
- For each of the 65 Outcome Goals, four **Goal Achievement Measures** are defined as either **Major, Moderate, Some or None**. This allows for a more accurate evaluation of family progress and outcome results, than the traditional "yes/no" method.

HSPS, Inc. also provides social work and case management training for Child Welfare Services Staff. This training includes using the Dictionary and an easy to use Outcome Results System (ORS) Computer Software Module that prints/updates the individual Child and Family Services Plans and does the outcome results arithmetic and accountability for management and funding sources.

Child Welfare Programs and agencies also utilize HSPS, Inc. to prepare an Independent Outcome Results Audit Report — similar to a fiscal audit. The outcome results for the 65 outcome goals in this Dictionary are independently graded as either excellent, very satisfactory, satisfactory, minimally acceptable, or inadequate. Each Child Welfare Agency also receives an overall outcome results grade and recommendations for improvement of the child and family services. Having an independently prepared Outcome Results Audit Report makes the outcome results information more credible and believable to funding sources and elected officials, than a self-evaluation.

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CHILD WELFARE

Improving the Quality of Child and Family Services Plans and Outcome Results Accountability

1. This Outcome Results Dictionary includes **65 Outcome Goals and Goal Achievement Measures for Child Welfare Child and Family Services**, and the development of the Child and Family Service Plan for Parents:

- Parenting Skills
- Child Abuse/Neglect
- Employment and Self-Sufficiency
- Employment Skills
- Substance Abuse
- Physical Health
- Housing
- Basic Needs
- Mental Health - Child
- Mental Health - Adult/Parent
- Education and School Performance

2. For each of the 65 Outcome Goals in the Dictionary, Goal Achievement is measured as **Major, Moderate, Some or None** which is **Better Accountability** for determining outcome results instead of just a "yes/no" method. Local agencies prefer the two middle degree ways for determining outcome success — the moderate/some measurements of goal achievement.

3. **A Needs and Strengths Tool**, is first used by the Child Welfare Service Workers to identify the relevant Needs and Strengths for the child and parent(s).

4. Use of the Dictionary **provides greater consistency** among all the Child Welfare Family Service Workers for identifying needs, strengths, tasks, outcome goals and determining goal achievement with outcome measures, instead of subjective judgments.

5. The Dictionary and the Needs and Strengths Tool are included in an **Outcome Results System (ORS) Computer Software** module that can easily be added to existing Child Welfare computer software or utilized independently. The ORS Software prints/updates the Child and Family Services Plans and does the Outcome Results "arithmetic" for management and to justify funding.

6. **Linkages to the six Broader Federal Government Outcome Goals** can easily be made, because the Dictionary includes 65 more specific and measurable outcome goals and goal achievement measures. These linkages are available from HSPS, Inc. for State Child Welfare Agencies.

7. The Dictionary can help State Child Welfare Agencies respond to the Federal Government Child and Family Services Reviews for improving outcome measures.

The Five Part Conceptual Framework of the Child Welfare Outcome Results Dictionary Relevant to North Dakota's Wraparound Case Management and the Single Plan of Care

Similar to a Webster's Dictionary for choosing the right words to communicate what we mean, the Child Welfare Outcome Results Dictionary includes five categories of words and definitions. The Dictionary is used for improving the Wraparound case management process and the writing/communication of the single plan of care (SPOC).

NEEDS

Needs are the positive reasons why the family is involved in the Child Welfare Service Process.

STRENGTHS

Strengths are the building blocks for working on tasks to achieve the desired outcome goal. Strengths may include motivation and willingness to receive help or make changes.

OUTCOME GOAL

The outcome goal describes positive change in behaviors, and the desired result to be achieved from the help and services provided. The Dictionary includes 65 choices of outcome goals.

TASKS FOR ACHIEVEMENT OF THE OUTCOME GOAL

Tasks are help or services designed to achieve the outcome goal. They are specific and sequential steps the parent and team agree upon.

OUTCOME GOAL ACHIEVEMENT MEASURES

Outcome goal achievement measures the achievement of the outcome goal as either major, moderate, some or none at various evaluation dates. The outcome goal achievement determination provides the accountability for outcome results.

Flexibility in Using the Dictionary

The Dictionary is to be used as a tool of words and definitions related to the five information items listed above for Wraparound case management and the single plan of care (SPOC). In writing the actual SPOC, case managers and other involved staff are encouraged to add, delete or modify the Dictionary words for Needs, Strengths, and Tasks to describe the actual reality for the family situation. For accountability purposes and consistency, the 65 Outcome Goals and Outcome Goal Achievement Measures are standardized. Yearly updates to the content of the Dictionary are encouraged.

PARENTING SKILLS:

Basic Needs for Child

NEEDS

Daily care of child

STRENGTHS

Understands the need for a regular routine for child

OUTCOME GOAL: Basic Needs for Child

To demonstrate the skills for daily care of child — nutritious food, health, hygiene and safety.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss parenting skills that need improvement for daily care.

a. Preparation of nutritious food such as: _____

b. Monitoring/helping child's use of medications and/or daily health routine such as: _____

c. Monitoring/helping child with daily hygiene activities such as: _____

d. Protecting and assuring safety of child such as: _____

e. Other: _____

2. Obtain needed and available assistance or educational services for learning parenting skills for daily child care.

3. Demonstrate improvement in daily parenting skills for care of child as identified with objective #1 and keep a journal for discussion with the Child Welfare Service Worker.

4. Consistently demonstrate daily parenting skills for child's care.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently demonstrates all skills	Most of the time demonstrates most skills, but some improvement needed	Demonstrates some improvement in skills	Parent(s) refuses help for improving skills

PARENTING SKILLS:

Discipline

NEEDS

Using positive methods for disciplining child, instead of verbal and/or physical abuse

STRENGTHS

Motivated and willing to learn and apply methods of discipline that teach/nurture appropriate behaviors

OUTCOME GOAL: Discipline

To demonstrate the skills for teaching/enforcing age-appropriate consequences for at least three inappropriate behaviors and encourage child when appropriate behaviors occur.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify at least three inappropriate behaviors of child.
 - a.
 - b.
 - c.
2. Identify an age-appropriate consequence for each inappropriate behavior
 - a.
 - b.
 - c.
3. Begin demonstrating the teaching/enforcement of the consequence for each inappropriate behavior for a one month period and keep a journal to review with service worker.
4. Consistently demonstrate the teaching enforcement of the consequences over a three month period and keep a journal for review with service worker

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consequences consistently enforced for at least 3 inappropriate behaviors	Consequences enforced most of the time for 1-2 inappropriate behaviors	Consequences enforced some of the time for 1 inappropriate behavior, but improvement needed in being more consistent	No Improvement.

PARENTING SKILLS:

Time Management

NEEDS

Spending more daily time with child – learning activities, help with homework, preparation of nutritious meals and fun activities

STRENGTHS

Is able to identify free time that could be available for spending time with child

OUTCOME GOAL: Time Management

To develop and implement a time management plan for use of daily time with children.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify at least three activities for spending quality time with child.
 - a.
 - b.
 - c.
2. Develop a Time Management Plan that defines the amount of hours per day or per week to be spent with child.
3. Begin implementing the Time Management Plan for one month and keep a journal that lists each activity and amount of time spent.
4. Continue to follow Time Management Plan on a consistent basis for a three-month period.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Time management plan has been developed and consistently followed for three months	Time management plan has been developed and consistently followed 75% of the time for three months	Time management plan has been developed and consistently followed 50% of the time	No Improvement

PARENTING SKILLS:

Modeling Positive Behavior for Children

NEEDS

Setting an adult example for children of positive behaviors

STRENGTHS

Able to identify three adults that they believe are strong models for their children

OUTCOME GOAL: Modeling Positive Behavior for Children

To demonstrate the positive parent behaviors that serve as a "role-model" for children.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify current behaviors that do not set a good example for children such as verbal abuse, violent behavior, uncaring attitudes.

- a.
- b.
- c.

2. Identify at least three positive behaviors that do set a good example for children related to non-violent and caring/loving behaviors.

- a.
- b.
- c.

3. Decrease the frequency of the negative behaviors, increase the frequency of positive behaviors on daily basis, and keep a journal for review with service worker.

4. Consistently demonstrate the positive role-model behaviors over a three-month period and keep a journal for review with service worker.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently demonstrated at least three positive behaviors	Most of the time demonstrated at least three positive behaviors	Some improvement but inconsistent	No Improvement

PARENTING SKILLS:

Encouragement and Positive Language Skills

NEEDS

Increasing the use of positive words and communication with child and decreasing the use of negative words and verbal abuse

STRENGTHS

Has seen how children respond positively when communication is positive

OUTCOME GOAL: Encouragement and Positive Language Skills

To understand and demonstrate the words of encouragement and positive language vs. negative words that discourage children and lower self-esteem.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Discuss examples of negative words that discourage children and lower self-esteem vs. positive words that encourage children and build self-esteem.
2. Identify the negative words currently used and frequency.
 - a.
 - b.
 - c.
 - d.
3. Identify the positive words to be used instead of the negative words.
 - a.
 - b.
 - c.
 - d.
4. Demonstrate the use of the positive words at least 1-2 times per day and keep a daily journal for review with service worker.
5. Demonstrate the use of the positive words at least 5 times per day and keep a daily journal for review with service worker.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently utilizes positive words of encouragement as observed by service worker	Most of the time utilizes positive words of encouragement as observed by service worker	Sometimes utilizes positive words of encouragement as observed by service worker, but frequently resorts to negative communication	No Improvement

PARENTING SKILLS:

Involvement in Child's Learning

NEEDS

Involvement in Child's Learning Activities

STRENGTHS

Has positive relationship with teacher

OUTCOME GOAL: Involvement in Child's Learning

To increase parent involvement in learning time spent with child in teaching age-appropriate skills — language development, reading, book knowledge, alphabet, and early writing.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss child's learning activities/materials for in-home parent involvement for teaching child.
 - a.
 - b.
 - c.
 - d.
 - e.
2. Determine how many days per week parent will spend 15-30 minutes per day helping child with the learning activities/materials.
 - a. Proposed days per week: _____
 - b. Proposed minutes per day: _____
3. Begin daily involvement in child's learning for the amount of time proposed in objective #2 for using the learning activities/materials listed with Task #1 and maintain daily involvement for 1 month.
4. Keep a daily journal of the learning activities and child's progress for review/discussion with the Child Welfare Service Worker - at least once a month.
5. Continue to consistently teach and nurture child's learning on a daily basis for the amount proposed with Task #2 or as revised.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
15-30 minutes per day for 6/7 days per week	15-30 minutes per day for 4/5 days per week	15-30 minutes per day for 1, 2, or 3 days per week	No involvement

CHILD ABUSE/ NEGLECT (VICTIM)

NEEDS

Protection for child from abuse and neglect

STRENGTHS

Understands the negative emotional, mental and physical impact of abuse on child

OUTCOME GOAL: Child Abuse/Neglect (Victim)

To remain safe from harm or injury with no re-occurrences of child abuse.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Report the alleged child abuse or neglect to the child welfare agency.
2. The child abuse or neglect was substantiated by the child welfare agency, and appropriate protective services and/or placement services are being provided to the child.
3. The perpetrator is obtaining help or counseling.
4. No reoccurrence of the child abuse has occurred by the perpetrator for the most recent three months, but the potential still exists.
5. No reoccurrence of the child abuse has occurred by the perpetrator for the most recent six months, and the threat/potential for re-occurrence no longer exists.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Episodes of child abuse/neglect have not re-occurred in past six months. Parent(s) have consistently demonstrated skills for improved parenting. Child is safe, and threat of abuse/neglect no longer exists.	Episodes of child abuse/neglect have not re-occurred for three to five months. Parent(s)/abuser receiving help and has demonstrated improved parenting skills. Child is safe, and threat of abuse/neglect is minimal.	Episodes of child abuse/neglect have not re-occurred in past three months. Parent(s)/abuser have been seeking help for the child abuse/neglect. Threat of abuse/neglect still exists.	Child abuse/neglect has re-occurred or parent(s)/abuser does not want help.

REUNIFICATION OF CHILD WITH FAMILY

NEEDS

Reunification of child with family

STRENGTHS

Has strong desire to have child returned home

OUTCOME GOAL: Reunification of Child with Family

To reunite child with parent(s) and family unit, and parent(s) have demonstrated improved parenting skills.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Discuss and demonstrate an understanding of the reasons why the child was removed from one or both parents.
2. Identify the steps and behavior changes to reunite child with one or both parents.
3. Demonstrate the behavior changes for at least two months while the child is still in protective care or custody of another person.
4. Demonstrate the behavior changes with the child with supervision and monitoring for at least two months.
5. Child reunited with parent or both parents, and parent (s) have consistently demonstrated the appropriate parenting skills and behaviors for at least three months.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Child reunited with parent(s) and parent(s) have consistently demonstrated required parenting skills for at least 3 months.	Child reunited with parent(s) and parent(s) have demonstrated required parenting skills for 1-2 months.	Parent(s) have begun steps to improve parenting skills for return of child.	Parent(s) have done nothing to improve parenting skills for return of child.

PREVENTION OF CHILD ABUSE/ NEGLECT AFTER REUNIFICATION

NEEDS

Parenting skills and positive behaviors to prevent reoccurrences of child abuse or neglect

STRENGTHS

Grandparents live in the community and are able to provide respite for parent

OUTCOME GOAL:

Prevention of Child Abuse/Neglect After Reunification

To prevent re-occurrence of the child abuse/neglect after the child has been reunited with his/her family.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the positive parenting skills and behaviors learned and demonstrated from the parent counseling or parent education classes, before reunification of child from placement.
 - a. daily care of child - nutrition, health, hygiene, and safety
 - b. disciplining child without verbal/physical abuse
 - c. investment of daily time in caring for child
 - d. modeling positive/non-violent and caring/loving behaviors
 - e. using positive words of encouragement
2. Develop and sign an individualized reunification plan for consistently demonstrating the positive parenting skills and behaviors identified with Task #1.
3. Meet with case-manager/counselor at least weekly during reunification to discuss and observe the required positive parenting skills and behaviors.
4. No episodes of child abuse/neglect have occurred during the first month of reunification.
5. Continued demonstration of the required positive parenting skills and behaviors during months 2 and 3 of reunification and continue scheduled meetings with case-manager/counselor.
6. No episodes of child abuse/neglect have occurred for the first six months of the reunification.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Episodes of child abuse/neglect have not re-occurred for most recent 6 months after reunification.	Episodes of child abuse/neglect have not re-occurred for 3-5 months after reunification.	Episodes of child abuse/neglect have not reoccurred in most recent 3 months after reunification.	Child abuse/neglect re-occurred.

PERMANENCY PLANNING

NEEDS

A permanent and stable home for child

STRENGTHS

Three different families (two kinship and one non-kinship) have been identified as possible permanent placements

OUTCOME GOAL: Permanency Planning

To develop and implement a permanent placement plan for child.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Develop a permanency plan for child based on the most appropriate placement option.
2. An available permanency placement option has been obtained.
3. Child is placed in permanency placement option.
4. Permanency placement of child has been successful for one month.
5. Permanency placement has been successful for six months.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
A permanency plan has been developed which includes adoptive placement and adoption finalization.	A permanency plan has been developed which includes living with another family member.	A permanency plan has been developed which identifies and includes wardship termination.	No permanency plan has been developed.

FULL-TIME EMPLOYMENT

NEEDS

Full-time employment to increase family income

STRENGTHS

Has successfully held full-time employment in the past or recently completed employment training

OUTCOME GOAL: Full-Time Employment

To obtain full-time employment and maintain employment for 90 days or more.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Schedule and attend job interview(s) until employment is obtained.
2. Receive and accept job offer.
3. Show-up on time.
4. Perform job duties to the satisfaction of employer during first 30 days of employment.
5. Perform job duties to the satisfaction of employer for 90 days.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained full-time job for 90+ days	Obtained full-time job for 30-89 days	Obtained full-time job but less than 30 days	Still unemployed



PART-TIME EMPLOYMENT

NEEDS

Part-time employment to increase family income

STRENGTHS

Has successfully held part time employment in the past

OUTCOME GOAL: Part-Time Employment

To obtain part-time employment and maintain employment for 90 days or more.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Schedule and attend job interview(s) until employment is obtained.
2. Receive and accept job offer.
3. Show-up on time.
4. Perform job duties to the satisfaction of employer during first 30 days of employment.
5. Perform job duties to the satisfaction of employer for 90 days.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained part-time job for 90+ days	Obtained part-time job for 30-89 days	Obtained part-time job but less than 30 days	Still unemployed



UPGRADE OR IMPROVE EMPLOYMENT

NEEDS

Increase existing employment income and/or benefits

STRENGTHS

Is able to check the classified ads daily because newspaper is delivered to apartment

OUTCOME GOAL: Upgrade or Improve Employment

To upgrade current employment by increasing the number of hours, wages, or benefits.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Determine options and available job opportunities for upgrading current employment.
2. Schedule and attend job interviews.
3. Receive and accept job offer or upgrade by current employer.
4. Perform job duties to the satisfaction of employer during first 30 days of employment.
5. Perform job duties to the satisfaction of employer for 90 days.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Upgraded job and maintained employment for 90 days	Upgraded job and maintained employment for 30-89 days	Upgraded job but employed for less than 30 days	No change



CHILD CARE

NEEDS

Affordable and safe child care to maintain employment

STRENGTHS

Is concerned that children have a place where they will be safe

OUTCOME GOAL: Child Care

To obtain affordable, accessible and safe child care for employment and needed services.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Search for and determine affordable child care options.
2. Complete the child care application requirements.
3. Take child to child care as needed or arrange for transportation
4. Satisfied with child care — cost, location and quality of care.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained affordable, accessible, and safe child care.	Obtained, but not satisfied with cost or location.	Seeking child care.	No change



MONEY MANAGEMENT SKILLS

NEEDS

Managing available family income for food, basic living necessities and paying bills

STRENGTHS

Is able to balance a checkbook

OUTCOME GOAL: Money Management Skills

To develop and successfully follow a family budget for most recent three (3) months.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Develop a family budget based on available income and indicate budgeted dollar amounts and percentage for major expenditure items:
 - a. Rental debt/arrearage
 - b. Credit card debts
 - c. Food and basic living necessities
 - d. Utility debts
 - e. Medical bills
 - f. Other
2. Follow family budget for one month and achieve at least 51% of the expenditure amounts.
3. Follow family budget for three consecutive months and achieve 90%+ of the expenditure amounts.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Has developed a family budget and followed 90+% of the budget for the three months	Has developed a family budget and has followed 50+% of the budget	Has developed a family budget, but has only been able to follow less than 50% of the budget	Has not yet developed a family budget



TRANSPORTATION

NEEDS

Transportation for daily living activities and employment

STRENGTHS

Has a driver's license

OUTCOME GOAL: Transportation

To learn to drive, obtain access to a car, or obtain other means of transportation.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Determine transportation options and steps needed to obtain transportation.
2. Take the steps to obtain transportation or steps to learn to drive.
3. Obtain transportation.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Individual can drive and has access to a car, or has obtained other means of transportation	Individual has obtained transportation, but some problems still exist	Individual has explored transportation options, but has not yet obtained transportation	No change in the need for transportation



MEDICAL CARE COVERAGE

NEEDS

Affordable medical care coverage from employer or a private pay plan

STRENGTHS

Motivated and willing to seek employment with medical care coverage or pursue other private pay options

OUTCOME GOAL: Medical Care Coverage

To obtain medical care coverage through employer, or an affordable private pay plan for both outpatient and inpatient medical care needs.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Determine available options and steps needed to obtain private medical care coverage.
2. Complete the application requirements.
3. Obtain medical care coverage that includes most benefits.
4. Obtain medical care coverage that includes all benefits — family doctor, hospitalization, prescriptions, dental care, and specialized services.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained full coverage	Obtained most coverage	Seeking	No change



CAREER GOAL

NEEDS

Identify a realistic career goal

STRENGTHS

Motivated and willing to pursue the steps for determining a career goal

OUTCOME GOAL: Career Goal

To identify a career goal for employment and the steps needed to pursue the career goal.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Complete career aptitude assessment and discuss findings with Case Manager.
2. Determine career goal and type of job.
 - a.
 - b.
 - c.
3. Develop the steps and timetable for pursuing career goal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Career goal identified	Completed aptitude test	Interested	No Change.



JOB READINESS SKILLS

NEEDS

Skills for seeking employment and job interviews

STRENGTHS

Does have good communication skills

OUTCOME GOAL: Job Readiness Skills

To demonstrate the skills for seeking employment, proper work habits, and has attended two or more job interviews.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Develop a plan to learn/demonstrate the needed skills for seeking employment - resume, preparation of job applications, interview skills, dress/appearance, and work habits.
2. Attend training or classes to learn and demonstrate the needed skills.
3. Complete the requirements of the training or instruction and demonstrate the skills to the instructor.
4. Begin seeking employment.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Has consistently demonstrated the skills for seeking employment	Has demonstrated knowledge and skills, but needs more instruction	Has recently enrolled in job readiness training	Has not yet enrolled in job readiness training



VOCATIONAL TRAINING

NEEDS

Vocational training or education to obtain skills for desired job

STRENGTHS

Has identified three vocational training programs that are of interest

OUTCOME GOAL: Vocational Training

To demonstrate the technical or vocational skills for obtaining permanent employment by attending/graduating from an educational/vocational training program.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Apply, register and enroll in Training Program.
2. Obtain child care.
3. Begin attending scheduled classes.
4. Attend 90% of the classes
5. Obtain passing grades.
6. Graduate with certification of completion.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Graduated	Attending with passing grades	Began attending classes	Not yet enrolled



GED LEVEL OF KNOWLEDGE AND LITERACY SKILLS

NEEDS

Obtain GED for employment or better employment

STRENGTHS

Has strong reading and writing skills

OUTCOME GOAL: GED Level of Knowledge and Literacy Skills

To obtain GED level of knowledge/literacy skills equivalent to a high school diploma.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Complete application requirement for GED.
2. Attend at least 75% of the scheduled classes or tutoring sessions during first 3 month period.
3. Demonstrate progress in at least two subject areas.
4. Obtain passing grades in at least two subject areas.
5. Obtain GED

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained GED	Attending with passing grades	Began attending classes	Not yet enrolled



ENGLISH AS A SECOND LANGUAGE

NEEDS

Skills for speaking English for daily functioning

STRENGTHS

Is very persistent in accomplishing goals

OUTCOME GOAL: English as a Second Language

To understand and speak the English language at a competency level for communicating basic needs and for employment.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Complete application requirement for English as a second language class or program.
2. Complete assessment of English language competency.
3. Attend at least 75% of the scheduled classes or literacy sessions.
4. Demonstrate ESL progress in reading, writing, and speaking related to basic needs for functioning.
5. Demonstrate ESL progress in reading, writing, and speaking related to obtaining employment.
6. Graduate from ESL class or program.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Competency skill level achieved	Improved skills, but needs more instruction	Began attending classes	Not yet enrolled



POST SECONDARY DEGREE

NEEDS

Attend college to achieve career goal

STRENGTHS

Has high school diploma

OUTCOME GOAL: Post Secondary Degree

To obtain post secondary degree related to a career goal.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Enroll and begin attending classes.
2. Complete one course with passing grades.
3. Complete 2-3 courses with passing grades.
4. Complete at least 50% of the course requirements with passing grades.
5. Obtain post secondary degree.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained post secondary degree	Completed several courses with passing grades	Enrolled and began attending classes	Not enrolled or is no longer interested



PUBLIC HOUSING

NEEDS

Affordable and safe public housing

STRENGTHS

Motivated and willing to complete application for public housing

OUTCOME GOAL: Public Housing

To obtain public housing that is safe, clean, affordable, and has adequate space.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Apply for public housing.
2. Obtain approval and determine waiting time.
3. Move into public housing.
4. Follow the rules and requirements for a 3 month period.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained and affordable	Obtained, but improvements needed	Seeking	No Change



NON-SUBSIDIZED RENTAL PROPERTY

NEEDS

Affordable and safe non-subsidized rental housing

STRENGTHS

Motivated and willing to seek affordable and safe non-subsidized rental housing

OUTCOME GOAL: Non-Subsidized Rental Property

To obtain rental housing that is safe, clean, and has adequate space and is affordable.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Call landlord to verify availability and rent amount.
2. Meet with landlord and see the rental property.
3. Pay deposit if required.
4. Move into rental property.
5. Make required rental payments on time for first 3 months.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained and affordable	Obtained, but improvements needed	Seeking	No Change



SECTION 8 OR SUBSIDIZED RENTAL ASSISTANCE

NEEDS

Affordable and safe subsidized rental housing

STRENGTHS

Motivated and willing to apply for Section 8 housing or other rental assistance

OUTCOME GOAL: Section 8 or Subsidized Rental Assistance

To obtain Section 8 or subsidized rental housing that is safe, clean, has adequate space, and is affordable.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Call landlord to verify availability.
2. Meet with landlord and see the property.
3. Pay deposit if required.
4. Move into rental property.
5. Make required rental payments on time for first 3 months.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained and affordable	Obtained, but improvements needed	Seeking	No Change



HOME OWNERSHIP

NEEDS

Own a home

STRENGTHS

Has stable income

OUTCOME GOAL: Home Ownership

To purchase permanent housing that is safe, clean, affordable, and has adequate space.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Determine options and ability to afford purchase of a home.
2. Obtain financing and purchase own home.
3. Move into house.
4. Make monthly mortgage payments for 3 months.
5. Make monthly mortgage payments for one year.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained and affordable	Obtained, but improvements needed	Seeking	No Change



CLEANING SKILLS

NEEDS

A cleaner home

STRENGTHS

Possesses cleaning equipment (vacuum cleaner) and cleaning supplies

OUTCOME GOAL: Cleaning Skills

To demonstrate the knowledge and skills for performing household cleaning tasks — dishes, laundry, floors, trash, dusting, bathroom, and putting things where they belong.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and assess cleanliness of household and need for cleaning skills.
2. Participate in learning skills for cleaning household.
3. Demonstrate an understanding of the skills for cleaning household.
4. Demonstrate the skills for cleaning household for one month and have someone inspect the household on a weekly basis.
5. Consistently demonstrate the skills for cleaning household for 3 months and have someone inspect the household twice a month.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently demonstrates skills	Demonstrates most skills, most of the time	Demonstrates some skills but needs help	No change and needs help



RENTAL DEBT

NEEDS

Eliminate or reduce rental debt to avoid eviction

STRENGTHS

Has friendly relationship with landlord and is willing to negotiate a payment plan

OUTCOME GOAL: Rental Debt

To eliminate the rental debt and threat of eviction.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Apply for a one time rental assistance subsidy.
2. Develop agreement plan with landlord — to pay \$_____ per month until debt is eliminated and monthly rent of \$_____ on time.
3. Follow payment plan for three consecutive months.
4. Eliminate the rental debt and threat of eviction.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Eliminated debt and threat of eviction	Reduced debt 50%+	Reduced debt, but less than 50%	No change



BASIC NEEDS: FOOD

NEEDS

Food during current crisis situation

STRENGTHS

Food bank is within walking distance from home

OUTCOME GOAL: Crisis Problems: Food

To obtain needed food during crisis which has threatened the most basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on available emergency food options.
2. Obtain needed food for self and family.
3. Begin steps to stabilize the crisis to no longer need emergency food
4. Steps to stabilize the crisis have been achieved and potential for re-occurrence is minimal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



BASIC NEEDS: CLOTHING

NEEDS

Clothing for daily functioning

STRENGTHS

Has purchased clothing from thrift store in past and has adequate funds to purchase clothes

OUTCOME GOAL: Crisis Problems: Clothing

To obtain needed clothing during crisis which has threatened the basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on available emergency clothing options.
2. Obtain needed clothing for self and family.
3. Begin steps to stabilize the crisis to no longer need emergency clothing.
4. Steps to stabilize the crisis have been achieved and potential for re-occurrence of the crisis is minimal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis Stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



BASIC NEEDS: FUEL

NEEDS

Emergency fuel during crisis situation

STRENGTHS

Knows how to complete fuel assistance application

OUTCOME GOAL: Crisis Problems: Fuel

To obtain needed fuel during crisis which has threatened the most basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on available emergency fuel options.
2. Obtain needed fuel for self and family.
3. Begin steps to stabilize the crisis to no longer need emergency fuel.
4. Steps to stabilize the crisis have been achieved and potential for re-occurrence of the crisis is minimal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis Stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



BASIC NEEDS: TEMPORARY SHELTER

NEEDS

Emergency or temporary shelter during crisis situation - including domestic violence

STRENGTHS

Is able to recognize when violence is escalating in home

OUTCOME GOAL: Crisis Problems: Temporary Shelter

To obtain needed shelter during crisis which has threatened the most basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on emergency temporary housing options.
2. Schedule appointment with appropriate person to determine eligibility and availability of temporary housing.
3. Meet with appropriate person and complete paperwork requirements.
4. Secure temporary housing and determine date for moving.
5. Begin steps to stabilize the crisis to no longer need temporary shelter.
6. Steps to stabilize the crisis have been achieved and individual has moved into permanent housing or living arrangement.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis Stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



BASIC NEEDS: MEDICAL CARE

NEEDS

Emergency medical care for injury or crisis situation

STRENGTHS

Motivated and willing to immediately obtain emergency medical care

OUTCOME GOAL: Crisis Problems: Medical Care

To obtain needed medical care during crisis which has threatened the most basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on available emergency medical care options.
2. Obtain needed medical care for self and family.
3. Begin steps to stabilize the crisis to no longer need emergency medical care.
4. Steps to stabilize the crisis have been achieved and potential for re-occurrence of the crisis is minimal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis Stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



BASIC NEEDS: INCOME

NEEDS

Emergency income for basic life necessities

STRENGTHS

Has successfully applied for economic assistance in the past

OUTCOME GOAL: Crisis Problems: Income

To obtain needed income during crisis which has threatened the most basic subsistence for daily living.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get information on available emergency income or public welfare cash assistance.
2. Obtain needed emergency income or cash assistance.
3. Begin steps to stabilize crisis and obtain employment to no longer need emergency income or cash assistance.
4. Steps to stabilize the crisis have been achieved.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis Stabilized	Improvement, but crisis has not been stabilized	Obtained help, but crisis still exists	No change



SUBSTANCE ABUSE

NEEDS

Understand how substance abuse contributes to child neglect or abuse

STRENGTHS

Motivated and willing to get help - counseling and/or attend AA or NA

OUTCOME GOAL: Substance Abuse

To eliminate use of substance and maintain abstinence for 90-day period.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the past and recent history of substance abuse.
2. Identify and discuss at least three harmful affects of the substance abuse and needed changes in daily routine and behaviors.
 - a.
 - b.
 - c.
3. Determine commitment to recovery by agreeing to attend counseling, attend an AA or NA support group, and work on changing daily routines/behaviors.
4. Attend all of the scheduled counseling sessions during first month of recovery.
5. Attend at least seven AA or NA meetings per week during first month of recovery.
6. Begin demonstrating at least three changes in daily routines/behaviors during first month of recovery and keep a journal for review/discussion with counselor.
 - a.
 - b.
 - c.
7. Abstain from use of substance for 30 consecutive days.
8. Continue attending counseling sessions during months #2 and #3.
9. Continue attending at least five AA or NA meetings per week during months #2 and #3.
10. Get an AA or NA sponsor.
11. Abstain from use of substance for 60 consecutive days.
12. Abstain from use of substance for 90 consecutive days.
13. Complete a discharge plan of outcome goals and tasks for continued abstinence and demonstrating the skills/behaviors for recovery and daily functioning.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained help and maintained abstinence for 90+ days	Obtained help and maintained abstinence for 60+ days	Obtained help and maintained abstinence for 30+ days	No change has occurred

UNDERSTANDING THE HARMFUL NATURE OF SUBSTANCE ABUSE (USER)

NEEDS

Understanding the harmful nature of their substance abuse - for family, employment and health

STRENGTHS

Motivated and willing to get help - counseling and/or attend AA or NA

OUTCOME GOAL: Understanding the Harmful Nature of Substance Abuse (User)

To understand the harmful nature of substance abuse and to consistently demonstrate at least three behaviors/skills to maintain abstinence.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss at least three harmful effects of the substance abuse.
 - a.
 - b.
 - c.
2. Identify and discuss at least three needed changes in attitudes and behaviors.
 - a.
 - b.
 - c.
3. Identify and discuss options for getting help, such as counseling, AA and NA.
4. Begin attending counseling, and AA or NA for one month.
5. Begin demonstrating at least three changes in behaviors and attitudes for one month and keep a journal for review/discussion with counselor.
 - a.
 - b.
 - c.
6. Complete assigned readings for review/discussion with counselor to improve understanding of the harmful nature of substance abuse and positive attitudes/behaviors to maintain abstinence.
7. Demonstrate to counselor — verbally and in writing an increased understanding of the harmful nature of the substance abuse.
8. Continue attending counseling and AA or NA during months #2 and #3.
9. Consistently Demonstrate the changes in behaviors and attitudes for month #2 and #3 and keep a journal for review.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Demonstrated knowledge of at least three harmful effects of abuse and has consistently demonstrated at least three behaviors/skills to maintain abstinence	Demonstrated knowledge of at least three harmful effects of abuse and most of the time has demonstrated at least one/two behaviors/skills to maintain abstinence	Demonstrated some improvement in the knowledge of the harmful effects of abuse, but has not yet been able to demonstrate changes in behaviors/skills	No change has occurred in understanding the harmful nature of substance abuse

UNDERSTANDING THE HARMFUL NATURE OF SUBSTANCE ABUSE (FAMILY MEMBERS)

NEEDS

Understanding co-dependency and enabling behaviors

STRENGTHS

Family members all agree that there is a substance abuse problem

OUTCOME GOAL: Understanding the Harmful Nature of Substance Abuse (Family Member)

To understand the harmful nature of substance abuse and to consistently demonstrate at least three behaviors/skills to allow the user/abuser to take responsibility for his/her substance abuse.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss at least three harmful effects of the substance abuse (by the abuser) has on members of the family.
 - a.
 - b.
 - c.
2. Identify and discuss the inappropriate enabling behaviors by family members.
 - a.
 - b.
 - c.
3. Identify and discuss at least three new skills and behaviors for each family member to allow the abuser to take responsibility for his/her substance abuse and harmful behaviors.
 - a.
 - b.
 - c.
4. Begin demonstrating at least three new skills/behaviors for one month and keep a journal for review/discussion with counselor.
 - a.
 - b.
 - c.
5. Attend a support group for family members to further increase knowledge about the substance abuse and appropriate role of family members.
6. Consistently demonstrate at least three new skills/behaviors for 3 months and keep a journal for review/discussion with counselor.
 - a.
 - b.
 - c.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Demonstrated knowledge of at least three harmful effects of abuse and consistently demonstrates at least three behaviors/skills to allow abuser to take responsibility for abuse	Demonstrated knowledge of at least three harmful effects of abuse and most of the time demonstrates at least one/two behaviors/skills to allow abuser to take responsibility for abuse	Demonstrated some improvement in the knowledge of the harmful effects of abuse, but has not yet been able to demonstrate changes in behaviors/skills	No change has occurred in understanding the harmful nature of substance abuse and changing behaviors

DENIAL OF SUBSTANCE ABUSE

NEEDS

Recognizing a problem exists

STRENGTHS

Has a number of Family members who are willing to confront the user

OUTCOME GOAL: Denial of Substance Abuse

To no longer deny a substance abuse problem exists and that help is needed for dealing with the substance abuse.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Discuss the substance abuse and its harmful effects on self and others with a counselor.
 - a.
 - b.
 - c.
2. Understand and verbalize the harmful effects of the substance abuse and a willingness to get help.
3. No longer denies a substance abuse problem exists and has obtained help for at least one month.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
No longer denies a substance abuse problem exists and is getting help for at least one month	Recognizes a substance abuse problem exists and is getting help, but some denial still exists	Discussing the harmful effects of the substance abuse, but denial still exists	No change has occurred



RELAPSE PREVENTION

NEEDS

Become aware of behaviors to prevent continuous relapses

STRENGTHS

Has an active AA sponsor

OUTCOME GOAL: Relapse Prevention

To understand the triggers of substance abuse relapse and to demonstrate the skills/actions to prevent relapse.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Discuss with counselor why relapse occurs and the triggers/causes.
2. Understand and verbalize the triggers or causes of the relapse.
 - a.
 - b.
 - c.
3. Identify the skills and behaviors to avoid the triggers/causes of relapse.
 - a.
 - b.
 - c.
4. Begin demonstrating the skills/actions to prevent relapse.
5. Consistently demonstrate the skills/actions to prevent a relapse.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently demonstrates at least three skills/actions to prevent relapse	Has begun to demonstrate one/two of the skills actions to prevent relapse	Discussing the triggers/causes of the most recent relapse	No change has occurred



PARTICIPATION IN AA/NA

NEEDS

Identify recovery support friends

STRENGTHS

Has AA/NA group available every day of the week in the community

OUTCOME GOAL: Participation in AA/NA

To attend meetings of AA or NA at least five times per week.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Discuss the importance of attending a support group such as AA or NA in addition to counseling and after counseling discharge.
2. Obtain a schedule of meetings and determine which meetings to attend with counselor.
3. Attend at least seven meetings per week during first month.
4. Obtain at least three AA or NA support friends - men for men, women for women to read/discuss Step #1 of the 12-Step Program.
5. Utilize support friends to immediately call if desire to "drink/drug" occurs.
6. After one month of attending AA or NA, find a Sponsor with at least three (3) years of recovery and a Sponsor who has completed the 12-Step Program.
7. Complete at least Steps #1 - #3 with Sponsor during first 90 days of attending AA or NA.
8. Continue attending at least seven meetings per week of AA or NA during months #2 and #3.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Attends seven+ meetings per week and has a sponsor or support persons	Attends three - six meetings per week and has a sponsor or support persons	Attends one/two meetings per week	No longer attends AA/NA or inconsistent attendance



COMPLIANCE WITH COURT-ORDERED REQUIREMENTS

NEEDS

Compliance with court-ordered requirements of probation

STRENGTHS

His strong desire to keep out of jail

OUTCOME GOAL:

Compliance with Court-ordered Requirements

To cooperate with the probation officer and substance abuse counselor in fulfilling the court-ordered requirements of probation.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify, discuss, and demonstrate an understanding of the positive behaviors to be performed as the requirements of probation — including substance abuse counseling.
 - a.
 - b.
 - c.
 - d.
2. Begin demonstrating the positive behaviors and requirements of probation for one month and keep a journal for review/discussion with counselor and probation officer.
3. Consistently demonstrate the positive behaviors and requirements of probation for months #2 and #3 and keep a journal for review/discussion with counselor and probation officer.
4. No arrests or re-occurrences of the past activities causing the arrest for a 90 day period.
5. No violations of probation have occurred for a 90 day period.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Completed all the requirements of probation and consistently demonstrates the positive behaviors for the past 90 days	Completed all of the requirements of probation, and most of the time demonstrates the positive behaviors for the past 30 days	Completed most of the requirements of probation, but had a probation violation	No change has occurred or an arrest has reoccurred

MENTAL HEALTH (CHILD): DEPRESSION

NEEDS

Reduce and stabilize the depression

STRENGTHS

Parent is open to discussing treatment options including the use of medication

OUTCOME GOAL: Mental Health (Child): Depression

To stabilize the depression and related symptoms to perform daily tasks/activities for functioning at home and in the community.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a psychiatric or psychological evaluation for identifying and discussing the severity of the depression and the symptoms which impede learning and functioning.
2. Determine whether medications are needed and obtain/follow a prescribed plan of treatment by a psychiatrist or other medical professional.
3. Identify and discuss recent events with parent(s) related to family/home problems which may be contributing to the depression.
 - a.
 - b.
 - c.
 - d.
4. Develop the steps and changes the parent(s) need to take to help their child stabilize the depression.
 - a.
 - b.
 - c.
 - d.
5. Develop and implement tailored educational activities for child to help stabilize the depression and have teacher keep a daily journal of child's behaviors, moods, and functioning.
6. Keep a daily journal monitoring child's behaviors, moods, and frequency of symptoms to discuss with case-manager and in follow-up appointments with psychologist/psychiatrist.
7. Reduce the frequency of the symptoms from daily occurrences to several times a week.
8. Reduce the frequency of the symptoms from daily occurrences to no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities.	Symptoms stabilized and most of the time able to perform daily activities.	Obtaining help and some improvement, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): SEPARATION ANXIETY DISORDER

NEEDS

Reduce and stabilize the separation anxiety disorder

STRENGTHS

School is willing to assist family with transitions

OUTCOME GOAL: Mental Health (Child): Separation Anxiety Disorder

To reduce the occurrences of the symptoms of separation anxiety which may include excessive/continuous crying and fear about being far from home or from those to whom the child is attached.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a psychiatric or psychological evaluation for identifying and discussing the symptoms and causes of the separation anxiety disorder.
2. Determine whether medications are needed and obtain/follow a prescribed plan of treatment by a psychiatrist or medical professional.
3. Identify and discuss with psychiatrist or psychologist recent events which may be contributing to the separation anxiety disorder related to family/home problems.
 - a.
 - b.
 - c.
 - d.
4. Develop and implement the steps and changes parent(s) need to take to help their child reduce the symptoms of the separation anxiety disorder.
 - a.
 - b.
 - c.
 - d.
5. Develop and implement tailored educational activities for child to help reduce the symptoms of the separation anxiety disorder and have teacher keep a daily journal of child's behaviors, moods, and functioning.
6. Keep a daily journal monitoring child's behaviors, moods, and frequency of symptoms to discuss with case-manager and in follow-up appointments with psychologist/psychiatrist.
7. Reduce the frequency of the symptoms from daily occurrences to several times a week.
8. Reduce the frequency of the symptoms from daily occurrences to no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities.	Symptoms stabilized and most of the time able to perform daily activities.	Obtaining help and some improvement, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): OPPOSITIONAL DEFIANT DISORDER

NEEDS

Decrease defiant and disruptive behaviors

STRENGTHS

Parent is able to depersonalize behavior of the child

OUTCOME GOAL: Mental Health (Child): Oppositional Defiant Disorder

To reduce the symptoms of oppositional defiant disorder, which include a continuous pattern of defiant and hostile behavior.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a psychiatric or psychological evaluation for identifying and discussing with parent(s) the severity of the oppositional defiant disorder and inappropriate behaviors which impede learning and functioning.
2. Determine whether medications are needed and obtain/follow a prescribed plan of treatment by a psychiatrist or medical professional.
3. Identify and discuss with parent(s) recent events related to family/home problems which may be contributing to the oppositional defiant disorder.
 - a.
 - b.
 - c.
 - d.
4. Develop and consistently enforce the methods of discipline the parent(s) need to follow to reduce the inappropriate behaviors related to the oppositional defiant disorder.
 - a.
 - b.
 - c.
 - d.
5. Develop and implement tailored educational activities to reduce the inappropriate behaviors related to the oppositional defiant disorder and have teacher keep a daily journal of child's behaviors, moods, and symptoms.
6. Keep a daily journal monitoring child's behaviors, moods, and frequency of symptoms to discuss with case-manager and in follow-up appointments with psychologist/psychiatrist.
7. Reduce the frequency of the symptoms have been reduced from daily occurrences to several times a week.
8. Reduce the frequency of the symptoms have been reduced from daily occurrences to no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities.	Symptoms stabilized and most of the time able to perform daily activities.	Obtaining help and some improvement, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): ATTENTION DEFICIT-HYPERACTIVITY DISORDER

NEEDS

Reduce and stabilize the attention deficit-hyperactivity disorder

STRENGTHS

Parent is motivated and willing to get help for child and to learn and role model appropriate parenting skills

OUTCOME GOAL: Mental Health (Child): Attention Deficit-Hyperactivity Disorder

To stabilize the ADHD and reduce the occurrences of the symptoms, which include difficulties concentrating and frequent hyperactivity.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a psychiatric or psychological evaluation for identifying and discussing with parent(s) the severity of the attention deficit-hyperactivity disorder and inappropriate behaviors which impede learning and functioning.
2. Determine whether medications are needed and obtain/follow a prescribed plan of treatment by a psychiatrist or medical professional.
3. Identify and discuss with parent(s) recent crisis and related family/home problems which may be contributing to the attention deficit-hyperactivity disorder.
 - a.
 - b.
 - c.
 - d.
4. Develop and consistently enforce the methods of discipline the parent(s) need to follow to reduce the inappropriate behaviors related to the attention deficit-hyperactivity disorder.
 - a.
 - b.
 - c.
 - d.
5. Develop and implement tailored educational activities to reduce the inappropriate behaviors related to the attention deficit-hyperactivity disorder and teacher keeps a daily journal of child's behaviors, moods and symptoms.
6. Keep a daily journal monitoring child's behaviors, moods, and frequency of symptoms to discuss with child's preschool teacher, mental health specialist, and follow-up appointments with psychologist/psychiatrist.
7. Reduce the frequency of the symptoms from daily occurrences to several times a week.
8. Reduce the frequency of the symptoms from daily occurrences to no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities.	Symptoms stabilized and most of the time able to perform daily activities.	Obtaining help and some improvement, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): TEMPER TANTRUMS

NEEDS

Decrease the frequency of temper tantrums

STRENGTHS

There are two parents in household to support each other in handling behavior

OUTCOME GOAL: Mental Health (Child): Temper Tantrums

To reduce the frequency of temper tantrums and to find acceptable ways/behaviors to get other children or adults to pay attention at home and in school.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss at least three negative effects of the temper tantrums related to disrupting learning activities and harming other children.
 - a.
 - b.
 - c.
2. Identify and discuss at least three positive ways for child to express feelings and emotions without temper tantrums.
 - a.
 - b.
 - c.
3. Develop and implement the steps and methods of discipline that need to be utilized in enforcing consequences when temper tantrums occur and encouraging child when positive behaviors occur
 - a.
 - b.
 - c.
 - d.
4. Keep a daily journal of child's temper tantrums, positive behaviors and the success or difficulty in enforcing the consequences for the temper tantrums.
5. Obtain a psychological or psychiatric evaluation, if necessary, and follow the prescribed plan of treatment.
6. Develop and implement tailored educational activities for child to help reduce/eliminate the temper tantrums; and have teacher keep a daily journal of temper tantrum episodes, positive behaviors, and the success/difficulty in enforcing consequences for the temper tantrums.
7. Reduce the frequency of the temper tantrums from daily episodes to several times a week.
8. Reduce the frequency of the temper tantrums from daily episodes to no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities.	Symptoms stabilized and most of the time able to perform daily activities.	Obtaining help and some improvement, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): CRISIS CONDITION

NEEDS

Identify immediate supports to help for crisis condition that is life threatening

STRENGTHS

Immediate support is available to parent. Primary support person lives within 5 minutes of home

OUTCOME GOAL: Mental Health (Child): Crisis Condition

To stabilize the crisis causing life endangerment and child's inability to function.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain immediate help and intervention to eliminate the life-threatening conditions.
2. Determine the causes of the crisis and life-threatening conditions.
3. Develop and implement the steps and changes the parent(s) need to take to eliminate the causes of the crisis and life-threatening conditions.
 - a.
 - b.
 - c.
 - d.
4. Discuss the steps/changes and success/difficulty with child's teacher and/or other appropriate professional.
5. Child's crisis conditions have been stabilized, but the potential for re-occurrences still exists.
6. Child's crisis conditions have been stabilized, and the potential for re-occurrences no longer exists.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized, crisis no longer exists, and no longer in life endangerment.	Symptoms stabilized, but still at risk of causing harm to self or others.	Obtaining help, and some improvement, but symptoms still frequently occur.	No change in frequency and severity of symptoms.

MENTAL HEALTH (CHILD): MEDICATION COMPLIANCE

NEEDS

Taking the "right" medications to stabilize the diagnosed mental illness

STRENGTHS

Parent or other support (grandparents, aunt and neighbor) are available to monitor the medication compliance

OUTCOME GOAL: Mental Health (Child): Medication Compliance

To correctly follow the medication plan as prescribed by a psychiatrist and/or other medical professional.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Schedule and attend first appointment with psychiatrist for an evaluation.
2. Give child medication(s) as prescribed each day without needing to be reminded for one month.
3. Discuss affects of medication(s) with service worker and in sessions with psychiatrist.
 - a.
 - b.
 - c.
 - d.
4. Consistently monitor child to assure medications are being taken as prescribed.
5. Attend all scheduled follow-up appointments with psychiatrist.
6. Medication(s) are working to stabilize the diagnosed mental illness and decrease the severity of the symptoms.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized, and parent consistently monitors child's use of medications as prescribed.	Symptoms stabilized, but parent sometimes forgets to monitor prescribed use.	Some improvement from using medications, but symptoms still occur for re-evaluating the prescribed medications.	No change in frequency and severity of symptoms.

MENTAL HEALTH (ADULT): DEPRESSION

NEEDS

Reduce and stabilize the depression

STRENGTHS

Recognizes that depression is negatively affecting parenting ability

OUTCOME GOAL: Mental Health (Child): Depression

To stabilize the depression and related symptoms to perform daily tasks/activities for functioning at home and in the community.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the severity of the depression and determine whether a psychiatric evaluation is needed.
2. Obtain psychiatric evaluation if needed and follow recommended treatment.
3. Identify at least five reasons for living and focus on these reasons on a daily basis.
4. Demonstrate the skills for performing daily functioning tasks:
 - a. wake-up, bathe, and dress
 - b. prepare and eat a nutritious breakfast
 - c. do one household chore
 - d. do one fun activity
5. Keep a journal of daily activities and feelings about self/others.
6. Reduce the frequency/severity of the depression has decreased from daily symptoms to several times a week.
7. Reduce the frequency/severity of the depression has decreased from daily symptoms to several times a month or no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities, including parenting responsibilities.	Symptoms stabilized and most of the time able to perform daily activities, including parenting responsibilities.	Obtaining help and some improvement in performing daily activities, including parenting responsibilities, but symptoms still frequently exist.	No change in frequency and severity of symptoms.

MENTAL HEALTH (ADULT): ANGER MANAGEMENT

NEEDS

Eliminate out-of-control anger and rage that causes verbal and/or physical abuse of child

STRENGTHS

Feels remorseful for saying abusive things to the child

OUTCOME GOAL: Mental Health (Adults): Anger Management

To identify positive ways to express anger and demonstrate the skills for controlling anger.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss at least three situations that cause anger and the negative ways anger is expressed.
 - a.
 - b.
 - c.
2. Identify and discuss at least three positive ways to express and control anger for the situations identified.
 - a.
 - b.
 - c.
3. Begin demonstrating the three positive ways to express/control anger for a one month period and keep a journal describing each situation.
4. Continue demonstrating the three positive ways to express/control anger on a consistent basis over a three-month period and keep a journal.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Consistently demonstrates at least three skills for controlling anger with child or other family members.	Most of the time demonstrates one/two skills for controlling anger with child or other family members.	Some improvement has occurred in demonstrating one skill in controlling anger with child or other family members, but angry outbursts still occur several times a week.	No change

MENTAL HEALTH (ADULTS): MOOD STABILITY

NEEDS

Reduce and stabilize the mood stability

STRENGTHS

Is open to use of medication to stabilize mood

OUTCOME GOAL: Mental Health (Adults): Mood Stability

To stabilize extreme changes in mood levels in order to perform daily tasks/activities at home and in the community — including improved parenting skills.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the severity of the mood swings and determine whether a psychiatric evaluation is needed.
2. Obtain the psychiatric evaluation, if needed, and follow recommended treatment.
3. Improve the performance of at least three daily functioning tasks.
 - a.
 - b.
 - c.
4. Keep a journal of daily activities and feeling/moods.
5. Reduce the frequency/severity of the mood swings from daily occurrences to several times a week.
6. Reduce the frequency/severity of the mood swings from daily occurrences to several times a month or no occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms stabilized and consistently able to perform daily activities, including parenting responsibilities.	Symptoms stabilized and most of the time able to perform daily activities, including parenting responsibilities.	Obtaining help has occurred and some improvement in performing daily activities, including parenting responsibilities; but symptoms still frequently exist.	No change in the frequency and severity of symptoms

MENTAL HEALTH (ADULTS): CRISIS CONDITION

NEEDS

Identify immediate supports to help for crisis condition that is life threatening

STRENGTHS

Has handled crisis situations in the past

OUTCOME GOAL: Mental Health (Adults): Crisis Condition

To stabilize the crisis condition causing life threatening endangerment or significant distress to the individual or other people, and to adequately resolve the issues/problems causing the crisis, to prevent a reoccurrence.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and understand how to call and access a crisis intervention hotline.
2. Call for help when crisis condition, such as suicidal thoughts, exists.
3. Obtain needed psychiatric evaluation and treatment.
4. Stabilize the crisis conditions and feelings for one month with no re-occurrences.
5. Stabilize the crisis conditions and feelings for three months with no re-occurrences.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Crisis stabilized	Crisis improved, but not stabilized	Obtaining help	No change



MENTAL HEALTH (ADULT): ANXIETY

NEEDS

Reduce and stabilize the anxiety

STRENGTHS

Has friends to call when anxiety is escalating

OUTCOME GOAL: Mental Health (Adults): Anxiety

To stabilize the anxiety and related symptoms in order to perform daily tasks/activities for functioning at home and in the community — including improved parenting responsibilities.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the severity of the anxiety and how the anxiety limits daily function.
2. Obtain the psychiatric evaluation, if needed, and follow recommended treatment.
3. Improve the performance of at least three daily functioning tasks.
 - a.
 - b.
 - c.
4. Keep a journal of daily activities and feeling/anxieties.
5. Reduce the frequency/severity of the anxieties from daily occurrences to several times a week.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Symptoms have stabilized and consistently able to perform daily activities, including parenting responsibilities.	Symptoms have stabilized and most of the time able to perform daily activities, including parenting responsibilities.	Obtaining help and some improvement in performing daily activities, including parenting responsibilities; but symptoms still frequently exist.	No change in the frequency and severity of symptoms

MENTAL HEALTH (ADULT): MEDICATION COMPLIANCE

NEEDS

Taking the "right" medications to stabilize the diagnosed mental illness

STRENGTHS

Parent is motivated and willing to obtain a psychiatric evaluation for self and follow the prescribed treatment and daily use of medications

OUTCOME GOAL:

Mental Health (Adults): Medication Compliance

To correctly follow the instructions prescribed by the psychiatrist or other medical professional.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Schedule and attend first appointment with psychiatrist for an evaluation.
2. Take medication(s) as prescribed each day, without needing to be reminded for one month.
3. Discuss affects of medication(s) with case-manager and in sessions with psychiatrist.
 - a.
 - b.
 - c.
4. Attend all scheduled follow-up appointments with psychiatrist.
5. Medication(s) are working to stabilize the diagnosed mental illness and decrease the severity of the symptoms.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Follows instructions consistently	Follows instructions most of the time	Follows instructions some of the time	No change



EDUCATION AND SCHOOL PERFORMANCE: SCHOOL ATTENDANCE

NEEDS

Reduce and eliminate unexcused school absences

STRENGTHS

Parent is out of bed an hour before the children get out of bed each day

OUTCOME GOAL:

Education and School Performance: School Attendance

To improve school attendance with no occurrences of unexcused absences during the most recent marking period (ten weeks).

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Get out of bed each school day in time for school bus pickup to arrive at school on time.
2. Participate in classroom discussions for most subjects.
3. Cooperate with parent in getting homework done before watching any TV or doing other activities.
4. Ask for help from teachers on completing homework and on study habits.
5. Meet with school guidance counselor weekly until all of the above objectives are completed.
6. No unexcused absences have occurred for a 90-day period.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Improved attendance with no occurrences of unexcused absences during the most recent marking period (ten weeks) as verified by school personnel	Improved attendance with no more than one/two unexcused absences during the most recent marking period (ten weeks) as verified by school personnel	Demonstrated some improvement, but three or more unexcused absences occurred during the most recent marking period (ten weeks)	No improvement or changes has occurred

EDUCATION AND SCHOOL PERFORMANCE: GRADES/COMPLETING ASSIGNMENTS

NEEDS

Improve school grades and complete school assignments on time

STRENGTHS

Parent is at home in the evening to help with schoolwork

OUTCOME GOAL: Education and School Performance: Grades/Completing Assignments

To improve grades by completing assignments, handing them in on time, and studying for tests.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the problems/difficulties in completing assignments on time and poor grades.
 - a.
 - b.
 - c.
2. Identify and discuss the steps needed to improve grades and complete assignments on time.
 - a.
 - b.
 - c.
3. Obtain a commitment and signatures from the child/adolescent and parent to work on the steps to improve grades and complete assignments on time.
4. Demonstrate the steps/actions to improve grades and complete assignments on time for one month, and keep a journal for review
5. Demonstrate the steps/actions to improve grades and complete assignments on time for three months, and keep a journal for review.
6. Improvement in grades has occurred.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Demonstrated improvement in grades in all subject areas that were D's and F's as verified by school personnel. Consistently completing assignments and studying for tests	Demonstrated improvement in grades in most subject areas that were D's and F's as verified by school personnel. Most of the time is completing assignments and studying for tests	Demonstrated some improvement in grade for one subject area that was D's and F's and completing assignments	No improvement or change has occurred

EDUCATION AND SCHOOL PERFORMANCE: NEW AND POSITIVE PEER INFLUENCES

NEEDS

Seek out new friends who are positive influences

STRENGTHS

Child makes friends easily

OUTCOME GOAL: Education and School Performance: New and Positive Peer Influences

To obtain and maintain at least two new friends who are positive influences and demonstrate positive behaviors.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the current positive and negative influences/behaviors from peers.
 - a.
 - b.
 - c.

2. Identify and discuss the steps for increasing the involvement with the positive peer influences and decreasing the involvement with the negative peer influences.
 - a.
 - b.
 - c.

3. Seek out and get involved with at least two new friends that are positive peer influences.
4. Demonstrate the steps for increasing the involvement with the positive peer influences and decreasing the involvement with the negative peer influences for one month, and keep a journal for review.
5. Demonstrate the steps for increasing the involvement with the positive peer influences and decreasing the involvement with the negative peer influences for three months, and keep a journal for review.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained and maintained at least two new friends who are positive influences and demonstrate positive behaviors	Obtained and maintained one new friend who is a positive influence and demonstrates positive behaviors	Has begun one new positive friendship, but for less than one month	No improvement or changes has occurred

EDUCATION AND SCHOOL PERFORMANCE: RELATIONSHIPS WITH TEACHERS

NEEDS

Improved cooperation with teachers

STRENGTHS

Child has positive relationship with one teacher who may be able to assist with other relationships

OUTCOME GOAL: Education and School Performance: Relationships with Teachers

To improve cooperation and relationships with teachers and behaviors in the classroom.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and discuss the current problems/difficulties with school teachers or other school personnel.
 - a.
 - b.
 - c.

2. Identify and discuss the steps to improve the cooperation and relationships with school teachers or other school personnel.
 - a.
 - b.
 - c.

3. Obtain a commitment and signatures from the child/adolescent, parents, and teachers/school personnel to implement the steps to improve relationships.
4. Demonstrate the steps to improve the cooperation, relationships, and classroom behavior for one month, and keep a journal for review.
5. Demonstrate the steps to improve the cooperation, relationships, and classroom behavior for three months, and keep a journal for review.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Improved cooperation and relationship with most teachers, and consistently demonstrates positive behaviors in the classroom	Improved cooperation and relationship with several teachers, and most of the time demonstrates positive behaviors in the classroom	Some improvement, but is still frequently disruptive in the classroom; does not yet listen to teachers	No improvement or change has occurred

PHYSICAL HEALTH: ILLNESS

NEEDS

Become aware of an illness that requires medical attention

STRENGTHS

Has phone number of Dial-a-Nurse posted on refrigerator door

OUTCOME GOAL: Physical Health: Illness

To obtain needed care and treatment for illness.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify and understand the nature of the physical illness.
 - a.
 - b.
 - c.
2. Obtain needed medical treatment and attend all scheduled doctor visits
3. Follow the treatment prescribed by the doctor.
4. The physical illness has been stabilized or no longer exists.
5. Obtain ongoing treatment or care, illness is long-term.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained needed care/treatment, and illness no longer exists	Obtained needed care/treatment, and improvement has occurred, but illness still exists	Obtained needed care/treatment, but only minimal improvement has occurred	Has not obtained needed care/treatment

PHYSICAL HEALTH: MEDICAL CARE FOR INJURY

NEEDS

Become aware of an injury that requires immediate medical attention

STRENGTHS

Knows where emergency room and clinic are located in the community

OUTCOME GOAL: Physical Health: Medical Care for Injury

To obtain needed treatment for injury, and follow-up care/treatment.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Identify injury and how it occurred
 - a.
 - b.
 - c.
2. Immediately go to a doctor to obtain medical treatment for the injury.
3. Follow the doctor's prescribed for treatment of the injury.
4. Keep all follow-up appointments for treatment and care of the injury.
5. Keep a record of whether the injury is responding or is healed from the treatment prescribed, or if additional intervention is necessary.
6. Assure the protection and safety of child if the injury was perpetrated by parent or another person.
7. Injury is healed and no longer requires treatment.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained needed care/treatment, and injury no longer exists	Obtained needed care/treatment, and improvement has occurred, but injury still exists	Obtained needed care/treatment, but only minimal improvement has occurred	Has not obtained needed care/treatment

PHYSICAL HEALTH: DENTAL EXAM AND CARE

NEEDS

Available and affordable dental care

STRENGTHS

Has medical assistance for children and knows a dentist who will accept MA

OUTCOME GOAL: Physical Health: Dental Exam and Care

To obtain needed dental exam and follow-up care/treatment.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a dental exam.
2. Schedule a follow-up appointment for dental care — if necessary.
3. Keep all scheduled appointments with the dentist.
4. Determine and obtain affordable payment plan with the dentist — if necessary.
5. Follow the dentist's advice for daily care of teeth.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained needed dental exam, and if necessary, obtained needed follow-up care/treatment	Obtained needed dental exam, but has not yet obtained needed follow-up care/treatment	Recently scheduled needed dental exam appointment	No effort was made to obtain needed dental exam



PHYSICAL HEALTH: EYE EXAM AND CARE

NEEDS

Available and affordable optical care

STRENGTHS

Parent is motivated and willing to follow through in obtaining needed optical exam for child and follow-up care if necessary

OUTCOME GOAL: Physical Health: Eye Exam and Care

To obtain needed eye exam and follow-up care/treatment.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain an eye exam from an appropriate eye care doctor or specialist.
2. Schedule a follow-up appointment — if necessary.
3. Keep all scheduled appointments.
4. Determine and obtain affordable payment plan — if necessary.
5. Follow the prescribed advice for daily care of eyes.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained needed eye exam, and if necessary, obtained needed follow-up care/treatment	Obtained needed eye exam, but has not yet obtained needed follow-up care/treatment	Recently scheduled needed eye exam appointment	No effort was made to obtain needed eye exam



PHYSICAL HEALTH: HEARING EXAM AND CARE

NEEDS

Available and affordable hearing care specialist

STRENGTHS

Children are screened through Health Tracks

OUTCOME GOAL: Physical Health: Hearing Exam and Care

To obtain needed hearing exam and follow-up care/treatment.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Obtain a hearing exam.
2. Schedule a follow-up appointment for treatment and care
— if necessary
3. Keep all scheduled appointments.
4. Determine and obtain affordable payment plan — if necessary.
5. Follow the prescribed advice for daily care of ears and hearing.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Obtained needed hearing exam, and if necessary, obtained needed follow-up care/treatment	Obtained needed hearing exam, but has not yet obtained needed follow-up care/treatment	Recently scheduled needed hearing exam appointment	No effort was made to obtain needed hearing exam

PHYSICAL HEALTH: GOVERNMENT SUBSIDIZED MEDICAL CARE COVERAGE

NEEDS

Obtain Government subsidized medical care coverage for child and family

STRENGTHS

Parent is motivated and willing to apply for government subsidized medical care coverage.

OUTCOME GOAL: Physical Health: Government Subsidized Medical Care Coverage

To obtain needed government subsidized medical care coverage.

TASKS FOR ACHIEVEMENT OF OUTCOME GOAL

1. Apply for government subsidized medical care coverage
2. Attend scheduled interview to determine eligibility, and complete any additional paperwork requirements.
3. Obtained government subsidized medical care coverage.

OUTCOME GOAL ACHIEVEMENT MEASURES

Major	Moderate	Some	None
Has obtained needed medical services that were subsidized by government	Has been approved for medical care coverage, but has not yet obtained needed services	Has applied for medical care coverage	Has not applied for medical care coverage



Child Welfare

Outcome Results Dictionary

for

Parent and
Family Services



**HUMAN
SERVICES
PLANNING
SYSTEMS**

Domestic Violence

Need

Ensure that children and self are safe from domestic violence in the home

Strengths

- has utilized the services of the domestic violence intervention program
- understand the negative effects that witnessing the violence in the home has on the children
- has regular employment
- has support system available (in place)
- has a safe home to bring children
- is able to separate love for spouse and the need to be safe
- Recognizes that continued contact with abuser is endangering children and self
- Law enforcement have documented injuries to victim of abuse
- Has identified a safe home to bring self and children
- Has phone numbers of three people to call if the situation at home becomes dangerous
- Is able to identify the behaviors associated with the cycle of violence
- has skills, supports and financial resources available to care for children
- has secure housing for the children
- has reliable transportation

Outcome Goal

Parent will provide a home that is free from physical and emotional violence for self and children

Tasks

1. Will learn the cycle of violence and be able to recognize when violence is escalating in the home
2. Will establish a safety plan for self and children
 - a. Will identify three people to call in the event that violence escalates or if feeling unsafe in the home
 - b. Will establish a safe place to go with children if the situation in the home is unsafe
 - c. Will go to the safe home if situation at home is unsafe
 - d. Will keep the gas tank in the vehicle at least $\frac{1}{4}$ full at all times
 - e. Will call the domestic violence agency for support
 - f. Will call police to report any violence
3. Will participate in a support group for abused adults
4. Will maintain weekly contact with a support person through phone calls or in person contact
5. Will obtain a protection order with the assistance of the community violence intervention program
6. Will attend counseling to understand the effects of domestic violence and to understand the cycle of violence