Respite care

- Provides primary caregiver(s) with temporary relief from the stress and intensity of caring for a child with special needs

Parents can use respite care hours for:

- An **extra set of hands** to help with their child
- **Caregiving** while the parent rests, cleans, leaves the home to run errands, goes to another child's activities, socializes, or takes a short break

Assistive Technology

- Can be used to provide the child with devices or equipment that can help the child navigate daily challenges related to having autism
- Can include a wide range of items, from swings and Kush balls, to communication devices and noise-cancelling headphones

IMPORTANT

- *Assistive technology purchases require a qualified professional recommendation*
- *Service managers can help families make these purchases*

Autism Services Division
701-328-8912
Toll-free: 1-800-755-2604
Fax: 701-328-4875
600 E Boulevard Ave, Dept 325
Bismarck, ND 58505
dhsautism@nd.gov

DN 211 (8-2015)

Autism Medicaid Waiver

Serves families and qualifying children with Autism Spectrum Disorder

Promotes maximum child development

Helps prevent out-of-home placements

north dakota department of human services

Autism Services Division

Services

- *Service Management*
- *Skills Training*
- *Program Design & Monitoring*
- *Respite Care*
- *Assistive Technology*

Service Management

Your service manager:

- Is the most important contact you will have for your child's waiver services
- Is your contact for questions, concerns, or support
- Makes sure services are up and running right, pairs families with staff, and connects families with resources
- Is responsible for ensuring all Medicaid timelines and guide-lines are met for your family
- Is the direct contact between your family and the state Autism Services Division

Skills Training

- Is provided by highly qualified professionals called **skills trainers**
  - Have backgrounds in therapeutic techniques
  - Use programming written for each child's unique needs and their family's goals
  - Work with the child to achieve success
- Is provided in **partnership with parents**
  - **Parents are expected to be present for <u>most</u> of the skills training hours** in order to understand the programming so they can continue working on their child's goals after their trainer leaves
- **Can occur in many environments** to build skills in different settings including the home, at the park, or wherever the team feels benefits the child*
- Includes up to **one session each week in a child care setting** so that child care providers can watch and ask questions
- Is closely **monitored and adjusted**, as needed, and progress is tracked and available to parents at any time

NOTE: Due to Medicaid regulations, waiver services cannot be provided in the public school setting.

Program Design and Monitoring

- Examines each child's strengths and challenges and the family's goals
- Creates customized programming around these factors to address skill-building and progress
- Is provided by professionals who are clinical psychologists or psychiatrists, or board-certified behavior analysts who write the programming, which is implemented by the skills trainers
- Works closely with skills trainers to develop goal-oriented plans that families can implement and support, and that produce results

Families can request a copy of their child's plan and current goals at any time.