



ABUSE HURTS AT ANY AGE *...recognize it and report it*

ABUSE refers to any intentional or negligent act that causes harm or serious risk to a **vulnerable adult**.

There are many kinds of abuse:

- **Physical** pain or injury, depriving of basic needs or confinement
- **Emotional** or mental pain, anguish or distress
- **Sexual** contact that is non-consensual
- **Exploitation** of funds, property or assets of a **vulnerable adult** for personal profit
- **Neglect** and abandonment including depriving a **vulnerable adult** of food, water, shelter, medication or health services

An older adult can become vulnerable to abuse if they experience: social isolation, physical limitations, mental impairment, dementia, or fear of losing their independence.

Look for the signs and report any abuse.

***To Report Abuse, Neglect or Exploitation
of a Vulnerable Adult:***

1-855-462-5465 (1-855-GO2LINK)
nd.gov/dhs/services/adultsaging/reporting.html

WHO TO CONTACT IF YOU NEED HELP

Emergency Services – 911

Aging and Disability Resource Link

1-855-462-5465 (1-855-G02LINK)

carechoice.nd.gov

Statewide Connection to:

Health Services

Home delivered/congregate meals

Options Counseling

Home and Community Based Services

(personal care, homemaker)

Financial Assistance (food, medical, heating)

Transportation Services

Caregiver Support Services

Long Term Care Ombudsman Services

Supportive Counseling

Vulnerable Adult Protective Services

Alzheimer's Association of MN/ND

1-800-272-3900

alz.org/mnnd

ND Attorney General Consumer Protection

1-800-472-2600

ag.nd.gov

ND Protection and Advocacy

1-800-472-2670

ndpanda.org

ND Securities Department

1-800-297-5124

nd.gov/securities

Legal Services of ND

1-866-621-9886

legalassist.org

Guardian and Protective Services

1-888-570-4277

Northland Care Coordination

701-204-0418

ndnccs.com

RSVP + (volunteer services)

701-258-5436

rsvpnd.org

24 Hour Crisis Line for Abuse Victims in ND

1-866-341-7009

Suicide Hotline

1-800-273-TALK (8255)

First Link Hotline (24/7 support, crisis, referral services)

211

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Sponsored by AARP North Dakota

1-866-554-5383 aarp.org/nd



Real Possibilities